

CURRICULUM VITAE
JOHN PATRICK FORSYTH

January 12, 2018

PERSONAL HISTORY

Business Address: University at Albany, State University of New York
Department of Psychology, Social Sciences 399
Albany, NY 12222
O Ph: (518) 442 - 4862 O Fax: (518) 442 - 4867
Email: forsyth@albany.edu
Web: www.albany.edu/psy/forsyth.html
Web: www.drjohnforsyth.com

Citizenship: Permanent United States Citizen

PROFESSIONAL POSITION(S)

2011-Present Professor of Psychology
University at Albany, State University of New York
Department of Psychology, Social Sciences 399
Albany, NY 12222

2007-2010 *Director of Clinical Training*
Doctoral Program in Clinical Psychology
University at Albany, State University of New York
Albany, NY 12222

2003-2011 *Associate Professor of Psychology*
University at Albany, State University of New York

1999-Present *Licensed Clinical Psychologist*
New York State (#013985)

1997-2003 *Assistant Professor of Psychology*
University at Albany, State University of New York

1997-Present *Director, Anxiety Disorders Research Program*
University at Albany, State University of New York

1996-1997 *Chief Resident, Psychology*
University of Mississippi Medical Center (APA Approved)
Department of Psychiatry and Human Behavior, Jackson, MS

EDUCATIONAL HISTORY

- 1997** Ph.D. *Clinical Psychology* (APA Approved)
West Virginia University, Morgantown, WV 26506
- 1996-1997** *Pre-Doctoral Clinical Psychology Internship* (APA Approved)
The University of Mississippi Medical Center
Department of Psychiatry and Human Behavior
Jackson, MS 39216-4505
- 1996** Dissertation Defended on July 22, 1996
West Virginia University, Department of Psychology
Dissertation: *Intensity of systemic alarms in content-specific fear conditioning comparing 20% vs. 13% CO₂-enriched air as UCSs.*
Chair: Georg H. Eifert, PhD
Committee: Kevin T. Larkin, PhD, Alfred Kasprowitz, PhD, Kent B. Parker, PhD, Joseph R. Scotti, PhD
- 1994** M.A. *Clinical Psychology*
West Virginia University, Department of Psychology
Morgantown, WV 26506-6040
Thesis: *Selective associations of conditioned systemic responses induced via 20% CO₂ inhalations to internal and external stimuli differing in fear-relevance.*
Chair: Georg H. Eifert, PhD
- 1992** *Admitted to the Doctoral Program in Clinical Psychology*
West Virginia University, Department of Psychology
Morgantown, WV 26506-6040
- 1988-1989** *Master's Program in Experimental Psychology*
College of William and Mary, Department of Psychology
Williamsburg, VA 23185
- 1987** B.A. *Providence College*, Department of Psychology
Providence, RI 02918
Major: Psychology

CURRENT PROFESSIONAL INTERESTS

- Acceptance and Commitment Therapy (ACT)
- Emotion Regulation and Human Suffering
- Anxiety & Emotional Disorders
- Process-Oriented Treatment Development
- Behavior Theory and Philosophy of Science
- Clinical Education & Training
- Acceptance and Mindfulness-Based Interventions
- Self-Help and Telehealth
- Verbal Processes Underlying Human Suffering
- Experimental Psychopathology (Fear & Anxiety)
- Clinical Behavior Analysis and Behavior Therapy
- Dissemination & Outcome Evaluation

HONORS & AWARDS

- 2014** *Fellow, Association for Contextual Behavioral Science (ACBS).* ACBS Fellowship is the highest honor provided to scholars, clinicians, researchers, and advocates who uphold and model the values of ACBS.
- 2012** Selected (based on competitive review) to attend the *2012 Mind and Life Summer Research Institute as a Senior Investigator*, the Garrison Institute (June 16-22, 2012), Garrison, NY.
- 2011** *The Self-Help Book Seal of Merit Award* for *The mindfulness and acceptance workbook for anxiety: A guide to breaking free from anxiety, phobias, and worry* (Forsyth, J.P., & Eifert, G. H., 2008), sponsored by the Association for Behavioral and Cognitive Therapies.
- 2009** *Outstanding Training Program Award* to the Doctoral Program in Clinical Psychology, University at Albany, SUNY. Award sponsored by the Association for Behavioral and Cognitive Therapies. (John P. Forsyth, Ph.D., Director of Clinical Training).
- 2005-2006** *Chancellor's Award for Excellence in Teaching*, State University of New York.
- 2005-2006** *Award for Excellence in Teaching*, University at Albany, SUNY.
- 2005-** *Clinical Fellow*, Behavior Therapy and Research Society.
- 2000** *B. F. Skinner New Researcher Award*, sponsored by Division 25 of the American Psychological Association, for innovative and important behavioral research by a new investigator. Award and invited address were presented at the annual meeting of the American Psychological Association, Washington, DC.
- 1999** *Dissertation Research Award* by the Society for a Science of Clinical Psychology (SSCP). Award presented at the annual meeting of the American Psychological Association, Boston, MA.
- 1997-1998** *Outstanding Research Advisor* by Psi Chi, University at Albany, SUNY
- 1996** *Outstanding Student Dissertation Award* by the Association for Behavioral and Cognitive Therapies.
- 1996** *Don Hake Award* for Outstanding Graduate Student Career, Department of Psychology, West Virginia University.
- 1996** Elected *Associate Member* in the Scientific Research Honor Society of *Sigma Xi*.
- 1996** Elected *Member* in the Honor Society of *Phi Kappa Phi*.
- 1995** *Elsie Ramos Memorial Student Paper Award* by the Association for Advancement of Behavior Therapy (November, 1995). Paper titled "*Selective fear conditioning to*

- 1995** *internal and external stimuli differing in fear-relevance using 20% CO₂ inhalation.”*
Student Paper Award sponsored by the Clinical Behavior Analysis Special Interest Group of the Association for Behavior Analysis. Paper titled “*Cleaning-up cognition in triple-response fear assessment.*”
- 1992-1994** *Endowed Teaching Fellowship*, West Virginia University.
- 1991** *Certificate of Merit for Excellence in Research* for the development measures used in the treatment of Vietnam veterans (From the Office of the Governor, Commonwealth of Massachusetts).

ADMINISTRATIVE AND SUPERVISORY EXPERIENCE

- 1997-Present** **Director, Anxiety Disorders Research Program**
 Department of Psychology, University at Albany, SUNY
- 2011-Present** **ACT Clinical Supervisor & Consultant**
 Mental Health Professionals in the United States & Abroad
- 2010-2012** **Principle Investigator**
 Research to Improve the Lives of Veterans
 Sponsor: Department of Defense / Subcontract U. South Florida
- 2007-2010** **Director of Clinical Training, Doctoral Program in Clinical Psychology**
 University at Albany, State University of New York
- 2008-2010** **Faculty Supervisor, Undergraduate Honors Thesis in Psychology**
 Department of Psychology, University at Albany, SUNY
- 2007-2009** **Faculty Supervisor, Undergraduate Honors Thesis in Psychology**
 Department of Psychology, University at Albany, SUNY
- 2005-2006** **Faculty Supervisor, Undergraduate Honors Thesis in Psychology**
 Department of Psychology, University at Albany, SUNY
- 2004-2010** **WebMaster, Department of Psychology**
 University at Albany, SUNY
- 2003-2005** **NIMH-National Research Service Award (NRSA) Co-Mentor (*Funded*)**
 University at Albany, SUNY, & the University of Arkansas
 Recipient: Bunmi O. Olatunji, University of Arkansas.
- 2002-2004** **NIMH-National Research Service Award (NRSA) Co-Mentor (*Funded*)**
 University at Albany, SUNY, & the University of Vermont
 Recipient: Matt Feldner, University of Vermont.
- 2001-Present** **Clinical Practicum Supervisor**
 The Psychological Services Center, University at Albany, SUNY

2000-Present Supervisor and Chair, Dissertation and Master's Thesis in Clinical Psychology
Department of Psychology, University at Albany, SUNY

Dissertation Chair: Maria Karekla (Ph.D., Defended Successfully August 2004)
Megan M. Kelly (Ph.D., Defended Successfully June 2005)
Carlos G. Finlay (Ph.D., Defended Successfully July 2005)
Tiffany Fusé (Ph.D. Defended Successfully Dec. 2007)
Dean Acheson (Ph.D. Defended Successfully Mar. 2009)
Velma Barrios, Ph.D. (Defended Successfully April 2010)
Sean Sheppard (Ph.D. Defended Successfully May 2011)
Erica Moses, Ph.D. (Defended Successfully August 2011)
Christopher Berghoff, M.A. (Defended Successfully August 2016)
Tim Ritzert, M.A. (Defended Successfully November 2016)

Master's Theses Chair: Maria Karekla, M.A. (2001)
Carlos G. Finaly, M.A. (2002)
Megan M. Kelly, M.A. (2002)
Jill Sabsevitz, M.A. (2002)
Tiffany Fusé, M.A. (2004)
Dean Acheson, M.A. (2005)
Velma Barrios, M.A. (2007)
Erica Moses, M.A. (2008)
Kristin Herzberg, M.A. (2008)
Sean Sheppard, M.A. (2009)
Amanda Russo, M.A. (2011)
Christopher Berghoff, M.A. (600 project)
Tim Ritzert, M.A. (2014)

1999-2003 Principal Investigator and Project Director
Fear Conditioning and Cognitive Processing (RO1 MH60107)
Supported by the National Institute of Mental Health

1999-2000 Faculty Supervisor, Undergraduate Honors Thesis in Psychology
Department of Psychology, University at Albany, SUNY

1998-2005 Research Scientist, Center for Stress & Anxiety Disorders
University at Albany, SUNY (center closed in 2005 with retirement of Dr. Blandard)

Spring, 1998 Faculty Supervisor, University Wide Internship Program (Undergraduate Level)
Department of Psychology, University at Albany, SUNY

1997-1998 Faculty Supervisor, Undergraduate Honors Thesis in Psychology
Department of Psychology, University at Albany, SUNY

1996-1997 Chief Resident, Psychology
University of Mississippi Medical Center (APA Approved Pre-Doctoral Internship)
Department of Psychiatry and Human Behavior, Jackson, MS

1995-1995 **Graduate Clinic Coordinator, Quinn Curtis Center for Psychological Services**
West Virginia University, Morgantown, WV

1990-1992 **Head Psychology Technician, National Center for PTSD**
Boston VAMC, Boston, MA

TEACHING EXPERIENCE

1997-Present **Courses Taught at the University at Albany, SUNY, Albany, NY 12222**

Undergraduate Level Courses

Lecture *Abnormal Psychology*
Lecture *Introduction to Psychology*
Seminar *Psychophysiology of the Anxiety-Related Disorders*

Graduate Level Courses

Lecture/Seminar *Clinical Methods I: Assessment*
Lecture/Seminar *Adult Psychopathology*
Lecture/Seminar *The Scientist-Practitioner: Introduction to Clinical Psychology*
Lecture/Seminar *Acceptance and Commitment Therapy (ACT)*
Clinical Supervision *Practicum in Assessment and Intervention*

1992-1996 **Courses Taught at West Virginia University, Morgantown, WV 26506**

Undergraduate Level Courses

Lecture *Introductory Psychology 101*

PROFESSIONAL SERVICE ACTIVITIES

EDITORIAL POSITIONS

Associate Editor **Full Editorial Responsibilities (Handling Review / Decision Letters)**

2011-2016 *Journal of Contextual Behavioral Science*

2001-2008 *Journal of Behavior Therapy and Experimental Psychiatry*

2004-2010 *the Behavior Therapist: Clinical Forum*

1999-2004 *the Behavior Therapist: Behavioral Assessment*

Book Series Editor

2005-Present **Acceptance and Commitment Therapy Book Series, New Harbinger, Inc.**

Guest Editor **Full Editorial Responsibilities (Handling Review / Decision Letters)¹**

2000-2008 ¹*Journal of Behavior Therapy and Experimental Psychiatry*

1997 ¹Two-part special issue of the journal *Behavior Therapy: "Thirty Years of Behavior Therapy: Promises Kept, Promises Unfulfilled"*

Editorial Board **Provide Regular Peer Review of Manuscripts**

2017-Present *Journal of Contextual Behavioral Science*

2011-Present *International Journal of Behavioral Consultation and Therapy*

2010-Present	<i>European Journal of Behavior Analysis</i>
2010-Present	<i>Cognitive & Behavioral Practice</i>
2000-2011	<i>Journal of Behavior Therapy and Experimental Psychiatry</i>
2000-Present	<i>Journal of Contemporary Psychotherapy</i>
1999-Present	<i>Journal of Anxiety Disorders</i>
1999-2010	<i>the Behavior Therapist</i>
1997-1999	<i>The Journal of Behavior Analysis and Therapy</i>

Ad Hoc Reviewer Provide Peer Review of Manuscripts

2008-	<i>Psychophysiology</i>
2005-	<i>Psychological Science</i>
2005-	<i>British Journal of Clinical Psychology</i>
2005-	<i>Cognition and Emotion</i>
2003-	<i>Emotion</i>
2003-	<i>Psychological Assessment</i>
2003-	<i>Journal of Abnormal Psychology</i>
2002-	<i>Psychological Bulletin</i>
2002-	<i>Behaviour Research and Therapy</i>
2001-	<i>Clinical Psychology: Science and Practice</i>
2001-	<i>Applied and Preventive Psychology</i>
2000-	<i>Journal of Behavior Therapy and Experimental Psychiatry</i>
2000-	<i>Journal of Psychoneuroendocrinology: An International Journal</i>
2000-	<i>Clinical Psychology Review</i>
2000-	<i>Psychiatry Research</i>
2000-	<i>Journal of Contemporary Psychotherapy</i>
1999-	<i>the Behavior Therapist</i>
1999-	<i>Journal of Consulting and Clinical Psychology</i>
1999-	<i>Journal of Anxiety Disorders</i>
1997-	<i>Behavior Therapy</i>
1997-	<i>Clinical Psychology and Psychotherapy</i>
1997-	<i>The Behavior Analyst</i>
1997	<i>Journal of Cognitive Psychotherapy</i>

Ad Hoc Grant Review

2008	<i>Department of Defense, Amy Institute of Biological Sciences, Reston, VA.</i>
2006	<i>Royal Society of New Zealand, Marsden Fund Proposal, Wellington, NZ.</i>
1998	<i>Merit Review Application, Department of Veterans Affairs Research and Development Office, Livermore, CA.</i>

Book Reviews (Honorarium)

2004	Butcher/Mineka/Hooley, <i>Abnormal Psychology</i> , 13 th ed. Allyn & Bacon.
2001	Scott, J. (2001). <i>Current controversies in psychology</i> . Prentice Hall.
1999	Comer, R. (2000) <i>Abnormal psychology</i> , 4 th ed. Worth.
1997	Wiener, D. <i>Skinner's biography</i> . Allyn & Bacon.

Co-Editor-in-Chief & Founder

1993-1996	<i>The Naturalist: A Graduate Student Journal Devoted to Bridging Behavior Analysis and Therapy</i> . Morgantown, WV: The Naturalist Press, Inc.
------------------	--

Managing Editor

1993-1997

The Naturalist: A Graduate Student Journal Devoted to Bridging Behavior Analysis and Therapy

1993-1996

Disaster and Trauma Currents; Newsletter of the Disaster and Trauma Special Interest Group (SIG) of the Association for Advancement of Behavior Therapy

STATISTICAL CONSULTANT

1992-1996

Quality of Life Assessment

Office of Housing and Residence Life
West Virginia University, Morgantown, WV

UNIVERSITY AND PROFESSIONAL SERVICE

2008-2012

Member, Office of the Chief Information Officer - Faculty Advisory Committee (OCIO FAC)

University at Albany, SUNY

2009-2012

Member, University of South Florida Steering Committee, Research to Improve the Lives of Veterans (RESTORE LIVES) Center

2008-2010

Member, Research Development Committee, Stratton VA Medical Center, Albany, NY

2007

External Reviewer, Tenure and Promotion Case

Drexel University, Department of Psychology

2004-2006

Member, Institutional Review Board

University at Albany, SUNY, Office of Research Compliance

2003

Ad Hoc Research Presentation Judge (Psychology)

Upstate New York Junior Science and Humanities Symposium

2002

Ad Hoc Research Presentation Judge (Psychology)

Upstate New York Junior Science and Humanities Symposium

2002

Faculty Presenter (Panic Provocation and Anxiety Disorders)

Upstate New York Junior Science and Humanities Symposium

2001-2002

Member, Senate Council on Libraries, Information Systems and Computing

University at Albany, State University of New York

2000

Ad Hoc Research Presentation Judge (Psychology)

Upstate New York Junior Science and Humanities Symposium

2000

Faculty Presenter (Panic Provocation and Anxiety Disorders)

Upstate New York Junior Science and Humanities Symposium

- 2000** **Presidential Scholars Academic Fair Department Representative**
University at Albany, State University of New York
- 2000** **Annual Convention Program Committee Member**
Association for Behavioral & Cognitive Therapies, Toronto, CA.
- 1999** **Annual Convention Program Committee Member**
Association for Behavioral & Cognitive Therapies, Toronto, CA.
- 1999** **Faculty Presenter (Panic Provocation and Anxiety Disorders)**
Upstate New York Junior Science and Humanities Symposium
- 1998** **Annual Convention Program Committee Member**
Association for Behavioral & Cognitive Therapies, Washington, DC.
- 1998** **Ad Hoc Reviewer and Abstract Judge**
Upstate New York Junior Science and Humanities Symposium
- 1998** **Academic Fair Department Representative**
University at Albany, State University of New York

DEPARTMENTAL COMMITTEES AND SERVICE

- 1997-Present** **Department of Psychology**
University at Albany, State University of New York, Albany, NY 12222
- 2017-Present** *Member, Graduate Committee, Department of Psychology*
- 2017-2017** *Blanchard Award Selection Committee, Clinical PhD Program*
- 2007-2010** *Member, Steering Committee, Psychological Services Center*
- 2006-2008** *Member, Psychology Honor's Program Curriculum Development Committee*
- 2007-2010** *Member, Graduate Committee, Department of Psychology*
- 2007-2010** *Member, Executive Committee, Department of Psychology*
- 2007-2010** *Director of Clinical Training & Area Head, Ph.D. Program--Clinical Psychology*
- 2005-2007** *Member, Ad Hoc Committee for Restructuring the Undergraduate Major*
- 2004-2012** *Webmaster, Department of Psychology Website*
- 2002-2003** *Member, Graduate Committee*
- 2001-2002** *Member, Space Usage Committee*
- 2001-2007** *Co-Chair, Clinical Interview Weekend Planning and Organization Committee*
- 2000-2005** *Member, Curriculum Committee*
- 1999-2000** *Member, Biopsychology Faculty Search Committee*
- 1998-1999** *Member, Biopsychology Faculty Search Committee*
- 1998-1999** *Member, Clinical Faculty Search Committee*
- 1998-1999** *Member, Colloquium Committee*
- 1997-1998** *Member, Clinical Faculty Search Committee*
- 1997-1998** *Member, Social Functions Committee*

1992-1996 **Department of Psychology**
West Virginia University, Morgantown, WV 26506-6040

1994-1995 *Member, Quin Curtis Center for Psychological Services Steering Committee*
Department of Psychology, West Virginia University

THESES AND DISSERTATION COMMITTEE MEMBERSHIP

2016 Master's Thesis: Matteo Bugatti, U. Albany; Chair: Dr. James Boswell
2012 Dissertation, Amy Starosta, U. Albany; Chair: Dr. Mitch Earleywine
2011 Master's Thesis: Katherine Schaumberg, M.A.; Chair: Dr. Drew Anderson
2009 Dissertation, Jeremy Fox, U. Albany; Chair: Dr. Leslie Halpern
2008 External examiner to review/evaluate the dissertation thesis of Elizabeth Ann Cooper, University of Wollongong, Australia; Chair: Dr. John T. Blackledge
2008 Dissertation, Alicia Walf, U. Albany; Chair: Cheryl Frye
2008 Dissertation, Angela Simmons, U. Albany; Chair: Drew Anderson
2008 Dissertation, Barbara A. Hermann, U. of Maine; Chair: Sandra T. Sigmon
2005 Dissertation, Mark Sykes, U. Albany; Chair: Dr. Edward Blanchard
2003 Dissertation, Jill Sabsevitz, U. Albany; Chair: Dr. Edward Blanchard
2002 Dissertation, Jennifer Block, U. Albany; Chair: Dr. Elga Wulfert
2001 Dissertation, Trishul Devini, U. Albany; Chair: Dr. Edward Blanchard
2000 Dissertation, Elizabeth Mundy, U. Albany; Chair: Dr. Edward Blanchard
1998 Dissertation, Todd Buckley, U. Albany; Chair: Dr. Edward Blanchard
1997 Dissertation, Kristine Barton, U. Albany; Chair: Dr. Edward Blanchard

PROFESSIONAL POSITIONS HELD

2005-Present *Senior Editor, ACT Book Series, New Harbinger, Inc.*

1998-2000 *Officer, Clinical Subcommittee, Behavior Analysis Special Interest Group (SIG)*
Association for Advancement of Behavior Therapy

1997-1999 *Executive Committee Vice Chair, Clinical Behavior Analysis SIG*
Association for Behavior Analysis

MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS

Association for Behavioral and Cognitive Therapies (ABCT)
ABCT's Anxiety Disorders Special Interest Group
ABCT's Mindfulness and Acceptance Special Interest Group
ABCT's Disaster and Trauma Special Interest Group
ABCT's Behavior Analysis Special Interest Group
Association for Contextual Behavioral Science (ACBS)
Behavior Therapy and Research Society, Clinical Fellow
Society for Research in Psychopathology (SRP) – By Invitation/Peer Nomination
The Honor Society of Phi Kappa Phi – By Invitation
The Scientific Honor Society of Sigma Xi – By Invitation
The Society for Psychophysiological Research

GRANTS AND CONTRACTS

- Project: *Acceptance and Commitment Therapy for Improving Social Support in Veterans with PTSD.*
Agency: Department of Veterans Affairs Rehabilitation Research and Development Research Enhancement Award
Period: 9/30/2010 – 8/31/2012
Role: John P. Forsyth (Consultant)
- Project: *Using Acceptance & Commitment Therapy to Improve the Lives of Veterans and Their Families.*
Agency: Department of Defense / Subcontract with the University of South Florida
Period: 9/30/2010 – 8/31/2012
Role: John P. Forsyth (PI) / Ed Hickling (PI)
Direct Costs \$503,908
- Project: *A Mindfulness and Acceptance-Based Smoking Cessation Treatment for Veterans with Posttraumatic Stress Disorder.*
Agency: Department of Veterans Affairs/ VISN1 Career Development Award
Period: 1/01/2010 – 12/31/2011
Role: Megan M. Kelly, Ph.D. (PI) / John P. Forsyth (Co-Mentor)
- Project: *Supplemental services to Improve the Emotional Health and Quality of Life Among Service Members with Disabilities (RESTORE LIVES) Center*
Agency: Substance Abuse and Mental Health Services Administration (SAMHSA)
Period: 9/30/2009 – 9/29/2010
Role: John P. Forsyth (Consultant)
Direct Costs \$4,000
- Project: *Fear conditioning and Attentional Bias for Threat*
Agency: National Institute of Mental Health Loan Repayment Program for Clinical Researchers
Period: 6/1/2004 – 5/31/2006 (Competitive Renewal)
Role: John P. Forsyth (PI)
Direct Costs (up to \$35,000/year)
- Project: *Fear Conditioning and Attentional Bias for Threat*
Agency: National Institute of Mental Health Loan Repayment Program for Clinical Researchers
Period: 6/1/2002 – 5/31/2004
Role: John P. Forsyth (PI)
Direct Costs (up to \$35,000/year)
- Project: *Parameters of Fear Conditioning and Cognitive Processing*
Agency: Faculty Research Award Program (Category B) / University at Albany Research Foundation
Period: 4/15/2000 – 4/14/2001
Role: John P. Forsyth (PI)
Direct Costs \$1,500

Project: *Fear Conditioning and Cognitive Processing (RO1)*
 Agency: National Institute of Mental Health
 Period: 9/15/99 – 11/30/03
 Role: John P. Forsyth (PI)
 Direct Costs \$281,433

Project: *A Parametric Dose-Response Analysis of Psychological and Physiological Responding to Varied Concentrations of CO₂-Enriched Air*
 Agency: Individual Development Awards Program of New York/United University Professions Professional Development and Quality of Work Life Committee
 Period: 9/1998 – 6/1999
 Role: John P. Forsyth (PI)
 Direct Costs \$990

Project: *Imagined Control vs. Uncontrollability in the Learning Etiology of Specific Phobias*
 Agency: Faculty Research Award Program (Category A) / University at Albany Research Foundation
 Period: 4/1998 – 5/1999
 Role: John P. Forsyth (PI)
 Direct Costs \$8,220

Project: *Intensity of Systemic Alarms in Human Fear Conditioning Comparing 20% vs. 13% CO₂-Enriched air as UCSs*
 Agency: Department of Psychology Alumni Fund, West Virginia University
 Period: 1996 – 1997
 Role: John P. Forsyth (PI)
 Direct Costs \$250

Project: *Intensity of Systemic Alarms in Human Fear Conditioning Comparing 20% vs. 13% CO₂-Enriched air as UCSs*
 Agency: Eberly College of Arts and Sciences, West Virginia University
 Period: 1996 – 1997
 Role: John P. Forsyth (PI)
 Direct Costs \$600

Project: *Classically Conditioned Cardioceptive Associations Between Internal and Environmental Stimuli*
 Agency: Grant-in-Aid of Research from Sigma-Xi, The Scientific Research Society
 Period: 1994 – 1995
 Role: John P. Forsyth (PI)
 Direct Costs \$450

Project: *Classically Conditioned Cardioceptive Associations Between Internal and Environmental Stimuli*
 Agency: West Virginia University Foundation
 Period: 1994 – 1995
 Role: John P. Forsyth (PI)
 Direct Costs \$175

PUBLICATIONS AND PRESENTATIONS

(* denotes student author/co-author)

PUBLICATIONS - REFEREED ARTICLES

1. *Berghoff, C. R., **Forsyth, J. P.**, *Ritzert, T. R., Eifert, G. H., & Anderson, D. A. (in press). Evaluation of the contribution of values clarification to a brief mindfulness meditation intervention for anxiety. *Journal of Clinical Psychology*.
2. *Berghoff, C. R., Wheelless, L. E., Ritzert, T. R., Wooley, C. M., & **Forsyth, J. P.** (2017). Mindfulness meditation adherence in a college sample: Comparison of a 10-min versus 20-min 2-week daily practice. *Mindfulness*, *8*, 1513-1521.
3. *Ritzert, T., **Forsyth, J. P.**, *Berghoff, C. R., Boswell, J., & Eifert, G. H. (2016). Evaluating the effectiveness of ACT for anxiety disorders in a self-help context: Outcomes from a randomized wait-list controlled trial. *Behavior Therapy*, *47*, 431-572.
4. *Ritzert, T. R., *Anderson, L. M., *Reilly, E. E., *Gorrell, S., **Forsyth, J. P.**, & Anderson, D. A. (2016). Assessment of Weight/Shape Implicit Bias Related to Attractiveness, Fear, and Disgust. *The Psychological Record*, *66*, 405-417.
5. *Ritzert, T., **Forsyth, J. P.**, Berghoff, C. R., & Barnes-Holmes, D. (2015). The impact of a cognitive defusion intervention on behavioral and psychological flexibility: An experimental evaluation in a spider fearful non-clinical sample. *Journal of Contextual Behavioral Science*, *4*, 112-120.
6. *Kelly, M. M., Sido, H., **Forsyth, J. P.**, Ziedonis, D. M., Kalman, D., & Cooney, J. L. (2015). A pilot study of an Acceptance and Commitment Therapy smoking cessation treatment for veterans with post-traumatic stress disorder. *Journal of Dual Diagnosis*, *11*, 50-55.
7. *Berghoff, C. R., **Forsyth, J. P.**, *Ritzert, T. R., & *Sheppard, S. C. (2014). Comparing paths to quality of life: Contributions of ACT and cognitive therapy intervention targets in two highly anxious samples. *Journal of Contextual Behavioral Science*, *3*, 89-97.
8. Valdivia-Salas, S., **Forsyth, J. P.**, *Berghoff, C. R., *Ritzert, T. R. (2014). Using panicogenic inhalations of carbon dioxide enriched air to induce attentional bias for threat: Implications for the development of anxiety disorders. *Cognition and Emotion*, *28*, 1474-1482.
9. *Sheppard, S. C., **Forsyth, J. P.**, Earleywine, M., Hickling, E. J., & *Lehrbach, M. J. (2013). Improving base rate estimation of alcohol misuse in the military: A preliminary report. *Journal of Studies on Alcohol and Drugs*, *74*, 917-922.
10. *Herzberg, K. N., *Sheppard, S. C., **Forsyth, J. P.**, Crede, M., & Earleywine, M. (2012). The Believability of Anxious Feelings and Thoughts Questionnaire (BAFT): A psychometric evaluation of cognitive fusion in a non-clinical and highly-anxious community sample. *Psychological Assessment*, *24*(4), 877-891.
11. *Acheson, D. A., **Forsyth, J. P.**, & *Moses, E. (2012). Interoceptive conditioning and panic disorder—II: An experimental evaluation of multiple contingency arrangements. *Behavior Therapy*, *43*, 174-189.
12. Eifert, G. H., **Forsyth, J. P.** (2011). The application of Acceptance and Commitment Therapy to problem anger. *Cognitive and Behavioral Practice*, *18*, 241-250.
13. Gannon, S., Roche, B., Kanter, J., **Forsyth, J. P.**, & Linehan, C. (2011). A derived relations analysis of approach-avoidance conflict: Implications for the behavioral analysis of human anxiety. *The Psychological Record*, *61*, 227-252.
14. *VanDam, N., *Sheppard, S., **Forsyth, J. P.**, & Earleywine, M. (2011). Self-Compassion is a better predictor than mindfulness of symptom severity and quality of life in mixed anxiety and depression. *Journal of Anxiety Disorders*, *25*, 123-130.
15. *Sheppard, S. C., **Forsyth, J. P.**, Hickling, E. J., & *Bianchi, J. (2010). A novel application of ACT

- to psychosocial problems associated with Multiple Sclerosis: Results from a half-day workshop intervention. *International Journal of MS Care*, 12, 200-206.
16. *Sabsevitz, J., *Sheppard, S. C., *Russo, A., & **Forsyth, J. P.** (2010). An open trial evaluating one-session exposure therapy for snake-fearful individuals. *the Behavior Therapist*, 33, 48-53.
 17. Frye, C. A., Paris, J. P., Franco, C., Sodano, R., Freidenberg, B., Gordis, E., Anderson, D. A., **Forsyth, J. P.**, & Wulfert, E. (2010). Sex differences in salivary cortisol to acute stressors among healthy participants, recreational or pathological gamblers, and those with posttraumatic stress disorder. *Hormones and Behavior*, 57, 35-45.
 18. Cisler, J. M., Olatunji, B. O., Feldner, M. T., & **Forsyth, J. P.** (2009). Emotion regulation and the anxiety disorders: an integrative review. *Journal of Psychopathology and Behavioral Assessment*, 16, 68-82.
 19. Eifert, G. H., **Forsyth, J. P.**, Arch, J., Espejo, N., Keller, M., & Langer, D. (2009). Acceptance and Commitment Therapy for anxiety disorders: Three case studies exemplifying a unified treatment protocol. *Cognitive and Behavioral Practice*, 16, 368-385.
 20. *Finlay, C. G., & **Forsyth, J. P.** (2009). Context and renewal of conditioned fear: An experimental evaluation using 20% carbon dioxide-enriched air as an unconditioned stimulus. *Journal of Anxiety Disorders*, 23, 737-745.
 21. *Kelly, M. M., & **Forsyth, J. P.** (2009). Associations between emotional avoidance, anxiety sensitivity, and reactions to an observational fear challenge procedure. *Behaviour Research and Therapy*, 37, 331-338.
 22. *Van Dam, N., Earleywine, M., & **Forsyth, J. P.** (2009). Gender bias in the sixteen-item anxiety sensitivity index: An application of polytomous differential item functioning. *Journal of Anxiety Disorders*, 23, 256-259.
 23. *Fox, J., Halpern, L., & **Forsyth, J. P.** (2008). Mental health checkups for children and adolescents: A means to identify, prevent, and minimize suffering associated with anxiety and mood disorders. *Clinical Psychology: Science and Practice*, 15, 182-211.
 24. Marx, B., **Forsyth, J. P.**, *Heidt, J. M., *Fusé, T., & Gallup, G. G., Jr. (2008). Tonic immobility as an evolved predator defense: Implications for sexual assault survivors. *Clinical Psychology: Science and Practice*, 15, 74-90.
 25. Dymond, S., Roche, B., **Forsyth, J. P.**, Whelan, R., & Rhoden, J. (2008). Derived avoidance learning: Transformation of avoidance response functions in accordance with same and opposite relational frames. *Psychological Record*, 58, 271-288.
 26. Olatunji, B. O., Feldner, M. T., *Karekla, M., & **Forsyth, J. P.** (2008). A comparative evaluation of panicogenic processes and quality of life in a sample of non-clinical panickers and age and sex matched non-panicking controls. *Journal of Anxiety Disorders*, 22, 175-186.
 27. Roche, B., **Forsyth, J. P.**, & *Maher, E. (2007). The impact of demand characteristics on brief acceptance and control-based interventions for pain tolerance. *Cognitive and Behavioral Practice*, 14, 381-393.
 28. Dymond, S., Roche, B., **Forsyth, J. P.**, & Whelan, R. (2007). Transformation of avoidance response functions in accordance with same and opposite relational frames. *Journal of the Experimental Analysis of Behavior*, 88, 249-262.
 29. *Kelly, M. M., & **Forsyth, J. P.** (2007). Sex differences in response to an observational fear conditioning procedure. *Behavior Therapy*, 38, 340-349.
 30. Olatunji, B. O., **Forsyth, J. P.**, & Feldner, M. T. (2007). Emotion Regulation: Implications for the shift from normative fear-relevant learning to anxiety-related psychopathology. *American Psychologist*, 62, 257-259.
 31. *Acheson, D. T., **Forsyth, J. P.**, *Prenoveau, J. M., & Bouton, M. B. (2007). Interoceptive fear conditioning as a learning model of panic disorder: An experimental evaluation using 20% CO₂-enriched air in a non-clinical sample. *Behaviour Research and Therapy*, 45, 2280-2294.

32. *Kelly, M. M., & **Forsyth, J. P.** (2007). Observational fear conditioning in the acquisition and extinction of attentional bias for threat: An experimental evaluation. *Emotion, 7*, 324-335.
33. Olatunji, B. O., **Forsyth, J. P.**, & *Cherian, A. (2007). Evaluative differential conditioning of disgust: A sticky form of relational learning that is difficult to extinguish. *Journal of Anxiety Disorders, 21*, 820-834.
34. *Fusé, T. M. K., **Forsyth, J. P.**, Marx, B., Gallup, G. G. Jr., & *Weaver, S. (2007). Factor structure of the Tonic Immobility Scale in female survivors of sexual assault: An exploratory and confirmatory factor analysis. *Journal of Anxiety Disorders, 21*, 265-283.
35. Bernstein, A., Zvolensky, M. J., Norton, P. J., Schmidt, N. B., Taylor, S., **Forsyth, J. P.**, Lewis, S. F., Feldner, M. T., Leen-Feldner, E. W., Stewart, S. H., & Cox, B. (2007). Taxometric and factor analytic models of anxiety sensitivity: Integrating approaches to latent structural research. *Psychological Assessment, 19*, 74-87.
36. Zvolensky, M. J., **Forsyth, J. P.**, Bernstein, A., & Leen-Feldner, E. W. (2007). A concurrent test of the anxiety sensitivity taxon: Its relation to bodily vigilance and perceptions of control over anxiety-related events in a sample of young adults. *Journal of Cognitive Psychotherapy, 21*, 72-90.
37. Smyth, S., Barnes-Holmes, D., & **Forsyth, J. P.** (2006). A derived transfer of simple discrimination and self-report arousal functions in spider fearful and non-spider fearful participants. *Journal of the Experimental Analysis of Behavior, 85*, 223-246.
38. Kashdan, T. B., *Barrios, V., **Forsyth, J. P.**, & *Steger, M. F. (2006). Experiential avoidance as a generalized psychological vulnerability: Comparisons with coping and emotion regulation strategies. *Behaviour Research and Therapy, 44*, 1301-1320.
39. *Prenoveau, J. M., **Forsyth, J. P.**, *Kelly, M. M., & *Barrios, V. (2006). Repeated exposure to 20% CO₂ challenge and risk for developing panic attacks: A controlled 6 and 12-month follow-up in a nonclinical sample. *Journal of Anxiety Disorders, 20*, 1158-1167.
40. *Kelly, M. M., **Forsyth, J. P.**, & *Karekla, M. (2006). Sex differences in response to a panicogenic challenge procedure: An experimental evaluation of panic vulnerability in a non-clinical sample. *Behaviour Research and Therapy, 44*, 1421-1430.
41. **Forsyth, J. P.** (2005). Introduction to the clinical forum. *the Behavior Therapist*.
42. *Heidt, J. M., Marx, B. P., & **Forsyth, J. P.** (2005). Tonic Immobility and unwanted sexual experiences in childhood: A preliminary report evaluating the sequela of rape-induced paralysis. *Behaviour Research and Therapy, 43*, 1157-1171.
43. Zvolensky, M. J., Schmidt, N. B., Antony, M. M., McCabe, R. E., Forsyth, J. P., Feldner, M. T., Leen-Feldner, E. W., Karekla, M., & Kahler, C. W. (2005). Evaluating the role of panic disorder and emotional sensitivity processes involved with smoking. *Journal of Anxiety Disorders, 19*, 673-686.
44. *Karekla, M., *Lundgren, J. D., & **Forsyth, J. P.** (2004). A survey of graduate training in empirically supported and manualized treatments: A preliminary report. *Cognitive and Behavioral Practice, 11*, 230-242.
45. Hayes, S. C., Strosahl, K. D., Wilson, K. G., Bissett, R. T., Pistorello, J., Toarmino, D., Polusny, M., A., Dykstra, T. A., Batten, S. V., Bergan, J., Stewart, S. H., Zvolensky, M. J., Eifert, G. H., Bond, F. W., **Forsyth, J. P.**, *Karekla, M., & McCurry, S. M. (2004). Measuring experiential avoidance: A preliminary test of a working model. *The Psychological Record, 54*, 553-578.
46. *Karekla, M., **Forsyth, J. P.**, & *Kelly, M. M. (2004). Emotional avoidance and panicogenic responding to a biological challenge procedure. *Behavior Therapy, 35*, 725-746.
47. Brown, T. A., *White, K. S., **Forsyth, J. P.**, & Barlow, D. H. (2004). The structure of perceived emotional control: Psychometric properties of a revised Anxiety Control Questionnaire. *Behavior Therapy, 35*, 75-99.
48. **Forsyth, J. P.**, Parker, J., & *Finlay, C. G. (2003). Anxiety sensitivity, controllability, and experiential avoidance and their relation to drug of choice and addiction severity in a residential

- sample of substance abusing veterans. *Addictive Behaviors*, 28, 851-870.
49. **Forsyth, J. P.**, & Zvolensky, M. J. (2002). Experimental psychopathology, clinical science, and practice: An irrelevant or indispensable alliance? *Applied and Preventive Psychology: Current Scientific Perspectives*, 10, 243-264.
 50. Schmidt, N. B., **Forsyth, J. P.**, Santiago, H. T., & Trakowski, J. H. (2002). Classification of panic attack subtypes in patients and normal controls in response to biological challenge: Implications for assessment and treatment. *Journal of Anxiety Disorders*, 16, 625-638.
 51. **Forsyth, J. P.**, & McNeil, D. W. (2002). Mastery of your anxiety and worry: A multimodal case study of the effectiveness of a manualized treatment for generalized anxiety disorder. *Cognitive and Behavioral Practice*, 9, 200-212.
 52. Zvolensky, M. J., & **Forsyth, J. P.** (2002). Anxiety sensitivity dimensions in the prediction of body vigilance and emotional avoidance. *Cognitive Therapy and Research*, 26, 449-460.
 53. Zvolensky, M. J., **Forsyth, J. P.**, *Fusé, T. M., *Feldner, M. T., & *Leen-Feldner, E. (2002). Panic attacks and smoking: An initial investigation of panic-relevant cognitive processes. *Cognitive Behaviour Therapy*, 31, 170-182.
 54. *Kelly, M. M., **Forsyth, J. P.**, & *Karekla, M. (2002). Brains, computer games, and behavior: What do they have to do with progress in behavior therapy? *the Behavior Therapist*, 25, 79-83.
 55. **Forsyth, J. P.**, & *Kelly, M. M. (2001). A tale of three blind men on the proper subject matter of clinical science and practice: Commentary on Plaud's behaviorism vs. Ilardi and Feldman's cognitive neuroscience. *Journal of Clinical Psychology*, 57, 1133-1148.
 56. Zvolensky, M. J., Eifert, G. H., Lejuez, C. W., Hopko, D., & **Forsyth, J. P.** (2000). Assessing the perceived predictability of anxiety-related events: A report on the Perceived Predictability Index. *Journal of Behavior Therapy and Experimental Psychiatry*, 31, 201-219.
 57. **Forsyth, J. P.** (2000). Dialectics of psychological practice in the age of managed care: Where ethics and the bottom line collide. *Journal of Contemporary Psychotherapy*, 30, 225-227.
 58. **Forsyth, J. P.** (2000). Further reflections on fidelity and deceit at the bedside: DSM diagnosis, human suffering, and managed behavioral health care. *Journal of Contemporary Psychotherapy*, 30, 234-237.
 59. **Forsyth, J. P.**, Lejuez, C. W., & *Finlay, C. G. (2000). Anxiogenic effects of repeated administrations of 20% CO₂-enriched air: Stability within sessions, habituation across time. *Journal of Behavior Therapy and Experimental Psychiatry*, 31, 103-121.
 60. **Forsyth, J. P.**, Eifert, G. H., & *Canna, M. A. (2000) Evoking analogue subtypes of panic attacks in a non-clinical population using carbon dioxide-enriched air. *Behaviour Research and Therapy*, 38, 559-572.
 61. **Forsyth, J. P.** (2000). Back to basics: A modest proposal for changing the content and scope of AABT's abstract submission form. *the Behavior Therapist*, 23(6), 129-130.
 62. **Forsyth, J. P.**, Daleiden, E., & Chorpita, B. F. (2000). Response primacy in fear conditioning: Disentangling the contributions of the UCS vs. the UCR. *The Psychological Record*, 50, 17-33.
 63. **Forsyth, J. P.**, Kollins, S., *Palav, A., *Duff, K., & *Maher, S. (1999). Has behavior therapy drifted from its experimental roots?: A survey of publication trends in mainstream behavioral journals. *Journal of Behavior Therapy and Experimental Psychiatry*, 30, 205-220.
 64. Eifert, G. H., **Forsyth, J. P.**, Lejuez, C., & Zvolensky, M. (1999). Moving from the laboratory to the real world and back again: Increasing the relevance of laboratory examinations of anxiety. *Behavior Therapy*, 30, 273-283.
 65. **Forsyth, J. P.**, *Palav, A., & *Duff, K. (1999). The absence of relation between anxiety sensitivity and fear conditioning using 20% and 13% CO₂-enriched air as unconditioned stimuli. *Behaviour Research and Therapy*, 37, 143-153.
 66. **Forsyth, J. P.**, & Wulfert, E. (1999). Applying to doctoral training programs in clinical psychology: Writing an effective personal statement. *the Behavior Therapist*, 22, 113-115.

67. Lejuez, C. W., **Forsyth, J. P.**, & Eifert, G. H. (1998). Devices and methods for administering carbon dioxide-enriched air in experimental and clinical settings. *Journal of Behavior Therapy and Experimental Psychiatry*, 29, 51-60.
68. **Forsyth, J. P.**, & Eifert, G. H. (1998). Response intensity in content-specific fear conditioning comparing 20% vs. 13% CO₂-enriched air as unconditioned stimuli. *Journal of Abnormal Psychology*, 107, 291-307.
69. **Forsyth, J. P.**, & Chorpita, B. F. (1997). Unearthing the nonassociative etiology of phobic fears: A rejoinder. *Journal of Behavior Therapy and Experimental Psychiatry*, 28, 297-305.
70. **Forsyth, J. P.** (1997). In the name of the "advancement" of behavior therapy: Is it all in a name? *Behavior Therapy*, 28, 615-627.
71. **Forsyth, J. P.**, & Hawkins, R. P. (Eds.) (1997). Thirty years of behavior therapy: Promises kept, promises unfulfilled [introduction to the special series]. *Behavior Therapy*, 28, 327-331.
72. **Forsyth, J. P.** (1997). It was the age of wisdom, it is the age of hope: Commentary on "It was the best of times, it was the worst of times." *Behavior Therapy*, 28, 397-401.
73. **Forsyth, J. P.**, Masia, C. L., Larkin, K. T., & Hawkins, R. P. (1997). Just say "no" to drugs: Student-faculty perspectives on prescription privileges for psychologists. *the Behavior Therapist*.
74. **Forsyth, J. P.**, Chase, P. N., & Hackbert, L. (1997). A behavior analytic interpretation of attributions in the context of behavior therapy. *Journal of Behavior Therapy and Experimental Psychiatry*, 28, 17-29.
75. Hawkins, R. P., & **Forsyth, J. P.** (1997). The behavior analytic perspective: Its nature, prospects, and limitations for behavior therapy. *Journal of Behavior Therapy and Experimental Psychiatry*, 28, 7-16.
76. Hawkins, R. P., & **Forsyth, J. P.** (1997). Bridging barriers between paradigms: Making cognitive concepts relevant for behavior analysts. *Journal of Behavior Therapy and Experimental Psychiatry*, 28, 3-6.
77. **Forsyth, J. P.**, & Eifert, G. H. (1996). Systemic alarms in fear conditioning--I: A reappraisal of what is being conditioned. *Behavior Therapy*, 27, 441-462.
78. **Forsyth, J. P.**, Eifert, G. H., & Thompson, R. N. (1996). Systemic alarms in fear conditioning--II: An experimental methodology using 20% carbon dioxide inhalation as an unconditioned stimulus. *Behavior Therapy*, 27, 391-415.
79. **Forsyth, J. P.**, Lejuez, C. W., Hawkins, R. P., & Eifert, G. H. (1996). Cognitive versus contextual causation: Different world views but perhaps not irreconcilable. *Journal of Behavior Therapy and Experimental Psychiatry*, 27, 369-376.
80. Eifert, G. H., & **Forsyth, J. P.** (1996). Heart-focused and general illness fears in relation to parental medical history and separation experiences. *Behaviour Research and Therapy*, 34, 735-739.
81. **Forsyth, J. P.**, & Eifert, G. H. (1996). The language of feeling and the feeling of anxiety: Contributions of the behaviorisms toward understanding the function-altering effects of language. *The Psychological Record*, 46, 607-649.
82. **Forsyth, J. P.**, & Eifert, G. H. (1996). "Cleaning-up" cognition in triple-response fear assessment through individualized functional behavior analysis. *Journal of Behavior Therapy and Experimental Psychiatry*, 27, 87-98.
83. **Forsyth, J. P.**, Hawkins, R. P., & Hutchinson, W. R. (1995). Neural network learning theory: Can it help resolve the behavioral cognitive controversy? *the Behavior Therapist*, 19(1), 5-9.
84. Eifert, G. H., **Forsyth, J. P.**, & Schauss, S. L. (1993). Unifying the field: Developing an integrative paradigm for behavior therapy. *Journal of Behavior Therapy and Experimental Psychiatry*, 24, 107-118.
85. Kleespies, P. M., Penk, W. E., & **Forsyth, J. P.** (1993). The stress of patient suicidal behavior during clinical training: Incidence, impact, and recovery. *Professional Psychology: Research and Practice*, 24, 293-303.

PUBLICATIONS - BOOKS AND BOOK CHAPTERS

BOOKS

1. **Forsyth, J. P.**, & Eifert, G. H. (in press). *Anxiety happens: 52 ways to find peace of mind*. Oakland, CA: New Harbinger.
2. Eifert, G. H., McKay, M., **Forsyth, J. P.** (2017). *Mit Ärger und Wut umgehen: Der achtsame Weg in ein friedliches Leben mit der akzeptanz-und commitment-therapie (ACT)*. Berlin, Germany: Hogrefe. [Second German translation of *ACT on life not on anger: The new Acceptance and Commitment Therapy guide for problem anger*].
3. **Forsyth, J. P.**, & Eifert, G. H. (2016). *The mindfulness and acceptance workbook for anxiety: A guide to breaking free from anxiety, phobias, and worry using Acceptance and Commitment Therapy, 2nd ed. [plus guided meditations]*. Oakland, CA: New Harbinger.
4. Eifert, G. H., McKay, M., **Forsyth, J. P.** (2013). *Mit Ärger und Wut umgehen: Der achtsame Weg in ein friedliches Leben mit der akzeptanz-und commitmenttherapie/ACT*. Göttingen, Germany: Huber. [German translation of *ACT on life not on anger: The new Acceptance and Commitment Therapy guide for problem anger*].
5. **Forsyth, J. P.**, & Eifert, G. H. (2012). *Fuan osore shinpai kara jiyu ni naru maindofurunesu wakubukku : Yutaka na jinsei o kizuku tame no akuseputansu ando komittomento serapi akuto*. Japan: Akashishoten. [Japanese translation of *The mindfulness and acceptance workbook for anxiety: A guide to breaking free from anxiety, phobias, and worry using Acceptance and Commitment Therapy*].
6. **Forsyth, J. P.**, & Eifert, G. H. (2012). 不安障害のためのACT (アクセプタンス&コミットメント・セラピー) 実践のための構造化マニュアル. Tokyo, Japan: Seiwa Shoten [Japanese translation of *Acceptance and commitment therapy for anxiety disorders: A practitioner's treatment guide to using mindfulness, acceptance, and value-based behavior change strategies*].
7. **Forsyth, J. P.**, & Eifert, G. H. (2010). 晚安，我的不安——缓解焦虑自助手册. China: SCPG Publications [Chinese translation of *The mindfulness and acceptance workbook for anxiety: A guide to breaking free from anxiety, phobias, and worry using Acceptance and Commitment Therapy*].
8. McKay, M., **Forsyth, J. P.**, & Eifert, G. H. (2010). *Your life on purpose: How to find what matters and create the life you want*. Oakland, CA: New Harbinger.
9. **Forsyth, J. P.**, & Eifert, G. H. (2010). *Mit Ängsten und Sorgen erfolgreich umgehen: Ein Ratgeber für den achtsamen Weg in ein erfülltes Leben mit Hilfe von ACT*. Göttingen, Germany: Hogrefe. [German translation of *The mindfulness and acceptance workbook for anxiety: A guide to breaking free from anxiety, phobias, and worry using Acceptance and Commitment Therapy*].
10. Eifert, G. H., McKay, M., & **Forsyth, J. P.** (2010). *Slip Vreden Skab Et Bedre Liv Med ACT*. Denmark, The Netherlands: Dansk Psychologisk Forlag. [Dutch translation of *ACT on life not on anger: The new Acceptance and Commitment Therapy guide for problem anger*].
11. **Forsyth, J. P.**, & Eifert, G. H. (2009). *마음챙김과 수용중심: 불안장애치료의 실제*. South Korea: Sigma Press. [Korean translation of *The mindfulness and acceptance workbook for anxiety: A guide to breaking free from anxiety, phobias, and worry using Acceptance and Commitment Therapy*]

12. Eifert, G. H., McKay, M., **Forsyth, J. P.** (2008). *O złości inaczej: Jak żyć pełnią życia I w zgodzie z własnymi uczuciami*. Gdansk, Poland: Anwero. [Polish translation of *ACT on life not on anger: The new Acceptance and Commitment Therapy guide for problem anger*].
13. **Forsyth, J. P.**, & Eifert, G. H. (2008). *The mindfulness and acceptance workbook for anxiety: A guide to breaking free from anxiety, phobias, and worry using Acceptance and Commitment Therapy [With CD Companion]*. Oakland, CA: New Harbinger.
14. Eifert, G. H., & **Forsyth, J. P.** (2007). *Acceptatie en Commitment-Therapie bij angststoornissen: Behandelgids voor het gebruik van mindfulness, acceptatie en waardengerichte gedragsvaranderingsstrategieën*. Amsterdam, The Netherlands: Uitgeverij Nieuwezijds. [Dutch translation of *Acceptance and Commitment Therapy for anxiety disorders: A Practitioner's treatment guide to using mindfulness, acceptance, and values-based behavior change strategies*].
15. Eifert, G. H., **Forsyth, J. P.**, & McKay, M. (2006). *Boosheid de baas: ACT een nieuwe methode om ergernis en frustratie in de hand te houden*. Uitgeverij, The Netherlands: Thema. [Dutch translation of *ACT on life not on anger: The new Acceptance and Commitment Therapy guide for problem anger*].
16. Eifert, G. H., McKay, M., **Forsyth, J. P.** (2006). *ACT on life not on anger: The new Acceptance and Commitment Therapy guide for problem anger*. Oakland, CA: New Harbinger.
17. Eifert, G. H., & **Forsyth, J. P.** (2005). *Acceptance and Commitment Therapy for anxiety disorders: A Practitioner's treatment guide to using mindfulness, acceptance, and values-based behavior change strategies*. Oakland, CA: New Harbinger.

BOOK CHAPTERS

1. Forsyth, J. P., & Ritzert, T. R. (in press). Psychological acceptance. In S. C. Hayes & S. G. Hoffman (Eds.), *Core Competencies of Behavioral and Cognitive Therapies*. Oakland, CA: New Harbinger.
2. *Berghoff, C. R., & **Forsyth, J. P.** (2015). Single-case designs: Methodology. In J. D. Wright (Ed.), *International encyclopedia of the social and behavioral sciences, 2nd ed* (pp. 984–989). London, England: Elsevier.
3. Zvolensky, M. J., **Forsyth, J. P.**, & Johnson, K. A. (2013). Laboratory methods in experimental psychopathology (pp. 7-23). In J. Comer and P. Kendall (Eds.) *Oxford handbook of research strategies for clinical psychology*. New York: Oxford University Press.
4. *Valdivia-Salas, S., *Sheppard, S. C., & **Forsyth, J. P.** (2010). Acceptance and commitment therapy in an emotion regulation context. In A. Kring & D. Sloan (Eds.), *Emotion regulation and psychopathology: A transdiagnostic approach to etiology and treatment* (pp. 310-338). New York: Guilford.
5. **Forsyth, J. P.**, & *Sheppard, S. C. (2009). *Third generation behavior therapies*. Contribution to M. D. Spiegler & D. C. Guevremont, *Contemporary behavior therapy, 5th ed.* (pp. 383-418). Belmont, CA: Wadsworth-Thompson.
6. Olatunji, B. O., Feldner, M. T., Leen-Feldner, E., & **Forsyth, J. P.** (2008). Experimental psychopathology. In D. McKay (Ed.), *Handbook of research methods in abnormal and clinical psychology* (pp. 47-59). California: Sage.
7. **Forsyth, J. P.**, *Acheson, D. A., & *Fusé, T. M. (2009). Interoceptive exposure for panic disorder. In W. O'Donohue, J. Fisher, & S. C. Hayes (Eds.), *General principles and empirically supported techniques of cognitive behavior therapy*. (pp. 394-406). New York: Wiley.
8. **Forsyth, J. P.**, & *Sheppard, S. C. (2009). Behavior therapy and behavior analysis: Overview and third generation perspectives. In D. C. S. Richard & S. K. Huprich (Eds.), *Clinical psychology: Assessment, treatment, and research* (pp. 249-280). New York: Elsevier.
9. **Forsyth, J. P.**, *Fusé, T. M., & *Acheson, D. A. (2008). Interoceptive exposure for panic disorder.

- In W. O'Donohue, J. Fisher, & S. C. Hayes (Eds.), *Cognitive behavior therapy: Applying empirically supported techniques in your practice*, 2nd ed. (pp. 296-308). New York: Wiley.
10. Eifert, G. H., & **Forsyth, J. P.** (2007). From normal anxiety to anxiety disorders: An experiential avoidance perspective. In D. W. Woods & J. Kanter (Eds.) *Understanding behavior disorders: A contemporary behavioral perspective* (pp. 81-116). Reno, NV: Context Press.
 11. **Forsyth, J. P.**, *Barrios, V., & *Acheson, D. (2007). Exposure therapy and cognitive interventions for the anxiety disorders: Overview and newer third-generation perspectives. In D. C. S. Richard & D. Lauterbach (Eds.), *Handbook of the exposure therapies* (pp. 61-108). New York: Academic Press.
 12. **Forsyth, J. P.**, Eifert, G. H., & *Barrios, V. (2006). Fear conditioning in an emotion regulation context: A fresh perspective on the origins of anxiety disorders. In M G. Craske, D. Hermans, & D. Vansteenwegen (Eds.), *Fear and learning: From basic processes to clinical implications* (pp. 133-153). Washington, DC: American Psychological Association.
 13. **Forsyth, J. P.**, *Kelly, M. A., *Fusé, T. M., & *Karekla, M. (2004). Anxiety. In J. C. Thomas & M. Hersen (Eds.), *Psychopathology in the workplace: Recognition and adaptation* (pp. 93-118). New York: Brunner-Routledge.
 14. **Forsyth, J. P.**, & *Fusé, T. M. (2003). Interoceptive exposure. In W. O'Donohue, J. Fisher, & S. C. Hayes (Eds.), *Cognitive behavior therapy: Applying empirically supported techniques in your practice* (pp. 212-221). New York: Wiley.
 15. **Forsyth, J. P.**, & *Sabsevitz, J. (2002). Behavior therapy: Historical perspective and overview. In M. Hersen & W. Sledge (Eds.), *Encyclopedia of psychotherapy, vol. 1* (pp. 259-275). New York: Elsevier.
 16. **Forsyth, J. P.**, & *Finlay, C. G. (2001). Single-subject designs: Methodology. In N. J. Smelser & P. B. Baltes (Eds.), *International encyclopedia of the social and behavioral sciences* (pp. 14116-14121). London, England: Elsevier.
 17. **Forsyth, J. P.**, & *Karekla, M. (2001). Biological challenges in the assessment of anxiety disorders. In M. M. Antony, S. M. Orsillo, & L. Roemer (Eds.), *Practitioner's guide to empirically-based measures of anxiety* (pp. 31-36). New York: Kluwer Academic/Plenum.
 18. **Forsyth, J. P.** (2000). A process-oriented behavioral approach to the etiology, maintenance, and treatment of anxiety-related disorders. In M. J. Dougher (Ed.), *Clinical behavior analysis* (pp. 153-180). Reno, NV: Context Press.
 19. **Forsyth, J. P.**, & Eifert, G. H. (1998). Phobic anxiety and panic: An integrative behavioral account of their origin and treatment. In J. J. Plaud & G. H. Eifert (Eds.), *From behavior theory to behavior therapy* (pp. 38-67). Needham, MA: Allyn & Bacon.
 20. Scotti, J. R., Beach, B. K., Northrop, L. M. E., Rode, C. A., & **Forsyth, J. P.** (1995). The psychological impact of accidental injury: A conceptual model for clinicians and researchers. In J. R. Freedy & S. E. Hobfoll (Eds.), *Traumatic stress: From theory to practice* (pp. 181-212). New York: Plenum.[To be reprinted in I. Z. Schultz, D. O. Brady, & S. Carella (Eds.). (in press). *The handbook of psychological injuries*. Chicago: American Bar Association.]

TEACHING AND INSTRUCTIONAL MATERIALS

1. **Forsyth, J. P.**, *Barrios, V., & Danoff-Burg, S. (2006). *Instructor's manual for Durand and Barlow's essentials of abnormal psychology, 4th ed.* Pacific Grove, CA: Wadsworth Thompson-Learning.
2. **Forsyth, J. P.**, & *Acheson, D. (2006). *Multimedia manager for Durand and Barlow's essentials of abnormal psychology, 4th ed.: A Microsoft® PowerPoint® link tool.* Pacific Grove, CA: Wadsworth Thompson-Learning.
3. **Forsyth, J. P.**, *Kelly, M. M., *Fuse, T., & *Barrios, V. (2004). *Instructor's manual for Barlow and*

- Durand's abnormal psychology, 4th ed.* Pacific Grove, CA: Wadsworth Thompson-Learning.
4. **Forsyth, J. P.**, *Finlay, C. G., & *Acheson, D. (2004). *Multimedia manager for Barlow and Durand's abnormal psychology, 4th ed.: A Microsoft® PowerPoint® link tool.* Pacific Grove, CA: Wadsworth Thompson-Learning.
 5. **Forsyth, J. P.** (2004). *Transparency acetates for Barlow and Durand's abnormal Psychology, 4th ed.* Pacific Grove, CA: Wadsworth Thompson-Learning.
 6. **Forsyth, J. P.**, *Karekla, M., & *Kelly, M. M. (2003). *Instructor's manual for Durand and Barlow's essentials of abnormal psychology, 3rd ed.* Pacific Grove, CA: Wadsworth Thompson-Learning.
 7. **Forsyth, J. P.**, *Finlay, C. G., & *Fuse, T. (2003). *Multimedia manager for Durand and Barlow's essentials of abnormal psychology, 3rd ed.: A Microsoft® PowerPoint® link tool.* Pacific Grove, CA: Wadsworth Thompson-Learning.
 8. **Forsyth, J. P.** (2003). *Transparency acetates for Durand and Barlow's essentials of abnormal Psychology, 3rd ed.* Pacific Grove, CA: Wadsworth Thompson-Learning.
 9. **Forsyth, J. P.** (2002). *Instructor's manual for Barlow and Durand's Abnormal psychology: An integrative approach, 3rd ed.* Pacific Grove, CA: Wadsworth Thompson-Learning.
 10. **Forsyth, J. P.** (2002). *Multimedia manager for abnormal psychology 2002: A Microsoft® PowerPoint® link tool.* Pacific Grove, CA: Wadsworth Thompson-Learning.
 11. **Forsyth, J. P.** (2002). *Transparency acetates for Barlow and Durand's Abnormal Psychology: An integrative approach, 3rd ed.* Pacific Grove, CA: Wadsworth Thompson-Learning.
 12. **Forsyth, J. P.** (2000). *PowerPoint transparencies with web links for Barlow and Durand's Media edition of abnormal psychology: An integrative approach, 2nd ed.* Pacific Grove, CA: Wadsworth Thompson-Learning.
 13. **Forsyth, J. P.** (1998). *CD-Rom PowerPoint presentations for Barlow and Durand's Abnormal psychology: An integrative approach, 2nd ed.* Pacific Grove, CA: Brooks Cole.
 14. **Forsyth, J. P.**, Barlow, D. H., & Durand, V. M. (1998). *Transparency acetates for Barlow and Durand's Abnormal Psychology: An integrative approach, 2nd ed.* Pacific Grove, CA: Brooks Cole.

PUBLICATIONS - OTHER

1. **Forsyth, J. P.** (2009). *Peace of mind.* Invited regular blog, *Psychology Today*. <http://www.psychologytoday.com/blog/peace-mind>
2. **Forsyth, J. P.** (2008). Transforming the suffering of anxiety using Acceptance and Commitment Therapy. *Harbinger: The E-Newsletter for Therapists*, Jan., 2008 Issue. Oakland, CA: New Harbinger.
3. **Forsyth, J. P.** (2006). Living well is the clinical prize. *Harbinger: The E-Newsletter for Therapists*, Sept, 2006 Issue. Oakland, CA: New Harbinger.
4. **Forsyth, J. P.**, Marx, B., Gallup, Fuse, T., & Heidt, J. (2004). *The Tonic Immobility Scale – Adult Version.* Albany, NY: Authors.
5. **Forsyth, J. P.**, & *Fuse, T. (2003). Book Review – *Anxiety disorders: Psychological assessment and treatment.* *Journal of Contemporary Psychology*, 33, 149-150.
6. **Forsyth, J. P.** (1995). The Naturalist: A Context for science with a commitment to behavior change. *The Clinical Behavior Analyst, Fall/Winter*, 18.
7. **Forsyth, J. P.** (1994). The systemic nature of the fear response in human fear acquisition: What is being conditioned? *Disaster and Trauma Currents*, 3 (2), 7-9.
8. **Forsyth, J. P.** (1994). Moving beyond antiquated philosophical positions toward more integrative conceptualization for training in behavior therapy. *International Newsletter of Uninomic Psychology*, 14, 9-12.
9. **Forsyth, J. P.**, & Schauss, S. L. (1994). The beginnings: A context for science with a commitment

- to behavior change. *The Naturalist*, 1 (1), 1-2.
10. Schauss, S. L., & Forsyth, J. P. (1994). Functional analysis and functional interpretation: One is not the other. *The Naturalist*, 1(2), 32-34.
 11. Knight, J. A., Miller, S. A., Forsyth, J. P., & McWilliams, J. W. (1993). Equivalence of two scoring systems for the Rey Complex Figure. *The Clinical Neuropsychologist*, 7 (3), 347.
 12. Forsyth, J. P., Misovich, S., & Johnson, G. T. (1989). Attribution and eating disorders: An investigation of the attributional styles of college women. Providence, RI: Providence College. (ERIC Document Reproduction Service No. ED 317 937)

MANUSCRIPTS UNDER REVIEW FOR PUBLICATION

1. *Ritzert, T. R., *Herzberg, K., Forsyth, J. P., & Earleywine, M. (submitted). Experiential avoidance fully accounts for the link between distress tolerance and trait anxiety: A multi-method study. *Journal of Behavior Therapy and Experimental Psychiatry*.
2. *Ritzert, T., Anderson, L. M., *Reilly, E. E., *Dmochowski, S., Forsyth, J. P., & Anderson, D. A. (submitted). Gender differences in implicit pro-thin/anti-fat biases related to fear and Disgust. *Body Image*.
3. *Ritzert, T., & Forsyth, J. P. (submitted). Facing fear with meaning: Using values-based reinforcement to increase approach toward feared stimuli. *Behavior Therapy*.

PRESENTATIONS (* denotes student author/co-author)

INVITED ADDRESSES & ACT TRAINING WORKSHOPS

2017

- Forsyth, J. P. & Forsyth, J. R. (2017, January). *Acceptance and Commitment Therapy: A 2-day ACT intensive training*. Workshop, sponsored by PESI, presented in Bloomington, MN. [12.5 CE credits offered].
- Forsyth, J. P. & Forsyth, J. R. (2017, March). *Acceptance and Commitment Therapy – Cultivating Psychological Wellness: A 5-day ACT training retreat*. Workshop to be presented at The Esalen Institute, Big Sur, CA. [26.0 CE credits offered].
- Forsyth, J. P. & Forsyth, J. R. (2017, April). *Acceptance and Commitment Therapy: A 2-day ACT intensive training*. Workshop, sponsored by PESI, to be offered in Columbia, MD. [12.5 CE credits offered].
- Forsyth, J. P. (2017, April). *The stigma of being human: The ways we create our own suffering and what can be done about it*. Invited keynote presented at the 5th annual A Brighter Day Fundraiser, sponsored by the New York State Chapter of the National Alliance of Mental Illness, Albany, NY.
- Forsyth, J. P. & Forsyth, J. R. (2017, May). *Confronting the fears that keep our clients stuck: Cultivating meaningful life changes using Acceptance and Commitment Therapy: A 1-day intensive training*. Workshop, sponsored by CPM Training & Counseling, to be presented in Sydney, Australia. [6.0 CE credits offered].
- Forsyth, J. P. & Forsyth, J. R. (2017, May). *Confronting the fears that keep our clients stuck: Cultivating meaningful life changes using Acceptance and Commitment Therapy: A 1-day intensive training*. Workshop, sponsored by CPM Training & Counseling, to be presented in Melbourne, Australia. [6.0 CE credits offered].
- Forsyth, J. P. & Forsyth, J. R. (2017, May). *Confronting the fears that keep our clients stuck: Cultivating meaningful life changes using Acceptance and Commitment Therapy: A 1-day intensive*

- training*. Workshop, sponsored by CPM Training & Counseling, to be presented in Perth, Australia. [6.0 CE credits offered].
- Forsyth, J. P. & Forsyth, J. R. (2017, May). *Confronting the fears that keep our clients stuck: Cultivating meaningful life changes using Acceptance and Commitment Therapy: A 1-day intensive training*. Workshop, sponsored by CPM Training & Counseling, to be presented in Brisbane, Australia. [6.0 CE credits offered].
- Forsyth, J. P. & Forsyth, J. R. (2017, June). *Empower your mental health practice with Acceptance and Commitment Therapy: A 1-day practical workshop*. Workshop presented at the School of Social Welfare, Albany, NY. [6.0 CE credits offered].
- Forsyth, J. P. & Forsyth, J. R. (2017, July). *Harnessing the transformative power of mindful ACT therapy – How to live well when life is hard: A 5-day professional training*. Workshop, sponsored by The Cape Cod Institute, to be presented in Eastham, MA. [15.0 CE credits offered].
- Forsyth, J. P., & Forsyth, J. R. (2017, September). *Acceptance and Commitment Therapy in mental health practice: A 2-day practical introduction*. Workshop offered at Wheaton College, Wheaton, IL. [6 CE credits offered]
- Forsyth, J. P., & Forsyth, J. R. (2017, October). *Acceptance and Commitment Therapy in mental health practice: A 5-day professional training retreat*. Workshop offered at the Omega Institute for Holistic Studies, Rhinebeck, NY. [22.5 CE credits offered]
- Forsyth, J. P., & Forsyth, J. R. (2017, October). *Acceptance and Commitment Therapy for Anxiety Disorders: A 2-day professional training*. Workshop, sponsored by Portland Psychotherapy, Portland, OR. [12.0 CE credits offered]

2016

- Forsyth, J. P. & Forsyth, J. R. (2016, January). *Acceptance and Commitment Therapy – A practical introduction in clinical practice: A 2-day professional workshop*. Workshop presented at the Achievement Center, Erie, PA. [CE credits offered].
- Forsyth, J. P. (2016, March). *Acceptance and Commitment Therapy – A practical introduction in clinical practice: A 2-day professional workshop*. Workshop presented at the School of Social Welfare, Albany, NY. [13.0 CE credits offered].
- Forsyth, J. P. (2016, June). *Why it's hard being human and what can be done about it: A primer on Acceptance and Commitment Therapy in social work practice*. Workshop presented at the School of Social Welfare, Albany NY. [3 CE credits offered].
- Forsyth, J. P. (2016, June). *Cultivating the fluid and flexible use of Acceptance and Commitment Therapy in Clinical Practice: A 2-day skills-building workshop*. Workshop presented at the School of Social Welfare, Albany NY. [13.5 CE credits offered].
- Forsyth, J. P., & Forsyth, J. R. (2016, June). *Acceptance and Commitment Therapy for anxiety disorders: Transforming anxious suffering into a more vital life*. A 2-day pre-conference workshop offered in conjunction with the annual meeting of the Association for Contextual Behavioral Science, Seattle, WA [13.0 CE credits offered].
- Forsyth, J. P., & Forsyth, J. R. (2016, September). *Acceptance and Commitment Therapy for anxiety relief: A 5-day professional training workshop*. Workshop offered at the Omega Institute for Holistic Studies, Rhinebeck, NY. [22.5 CE credits offered]
- Forsyth, J. P. (2016, September). *Why it's hard being human: The ways we create our own suffering and what can be done about it*. 1.5 hour keynote offered to the general public at the Omega Institute for Holistic Studies, Rhinebeck NY.
- Forsyth, J. P., & Forsyth, J. R. (2016, September). *A practical introduction to Acceptance and Commitment Therapy in clinical practice*. A 1-day professional workshop, sponsored by the Canadian Counseling and Psychotherapy Association, Vancouver, BC [6 CE credits offered].

Forsyth, J. P., & Forsyth, J. R. (2016, October). *A practical introduction to Acceptance and Commitment Therapy in clinical practice*. A 1-day professional workshop, sponsored by the Canadian Counseling and Psychotherapy Association, Kamloops, BC [6 CE credits offered].

2015

Forsyth, J. P., & Bolles, J. R. (2015, May). Acceptance and Commitment Therapy – A practical introduction in clinical practice: A 2-day professional workshop. Workshop presented at the Eastover Estate and Retreat, Lenox, MA. [CE credits offered].

Forsyth, J. P. (2015, September). *Acceptance and Commitment Therapy for anxiety relief: A 5-day professional training workshop*. Workshop to be offered at the Omega Institute for Living, Rhinebeck, NY. [CE credits offered]

Forsyth, J. P., & Forsyth, J. R. (2015, October). *Acceptance and Commitment Therapy: A practical introduction in clinical practice*. A 2-day professional workshop. Workshop presented at the Confederation Centre for the Arts, Prince Edward Island, Canada. Sponsored by the PEI Association for Social Workers, PEI Counseling Association, and the Psychological Association of PEI. [CE credits offered].

Forsyth, J. P., & Bolles, J. R. (2015, October). *Acceptance and Commitment Therapy – A practical introduction in clinical practice: A 2-day professional workshop*. Workshop presented at the Eastover Estate and Retreat, Lenox, MA. [CE credits offered].

2014

Forsyth, J. P., & Bolles, J. R. (2014, March). *Deepening your clinical practice using Acceptance and Commitment Therapy: A 2-day professional workshop*. Workshop sponsored by the Department of Mental Health & Addiction Services, Union Hospital, Moose Jaw, Saskatchewan, CA [CE credits offered].

Forsyth, J. P., & Bolles, J. R. (2014, April). *A practical introduction to Acceptance and Commitment Therapy in clinical practice: A 1-day professional workshop*. Workshop sponsored by Solutions on Site, London, Ontario, CA [CE credits offered].

Forsyth, J. P. (2014, April). *Why it's hard being human: The ways we create our own suffering and what can be done about it*. Invited colloquia, sponsored by the Department of Psychology, Siena College, Loudonville, NY.

Forsyth, J. P. (2014, May). *Why it's hard being human: The ways we create our own suffering and what can be done about it*. Invited speaker, the Entrepreneurs Organization (a dynamic, global network of more than 9,500 business owners in 40 countries), Albany Chapter, Lake George, NY.

Forsyth, J. P., & Bolles, J. R. (2014, May). *Why it's hard being human and what can be done about it: An introduction to Acceptance and Commitment Therapy*. Invited grand rounds presented at the Capital District Psychiatric Center, Albany, NY.

Forsyth, J. P. (2014, September). *Acceptance and Commitment Therapy for anxiety relief: A 5-day professional training workshop*. Workshop to be offered at the Omega Institute for Living, Rhinebeck, NY. [CE credits offered]

Forsyth, J. P., & Bolles, J. R. (2014, November). *Advancing the depth and scope of your clinical practice using Acceptance and Commitment Therapy: A 2-day professional workshop*. Workshop sponsored by the Department of Mental Health & Addiction Services, Union Hospital, Moose Jaw, Saskatchewan, CA [CE credits offered].

Forsyth, J. P. (2014, November). *Compassionate use of exposure strategies in Acceptance and Commitment Therapy: A professional training*. A 6-hour workshop presented at the 48th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA. [CE credits offered].

2013

- Forsyth, J. P. (2013, February). *The compassionate use of exposure strategies in Acceptance and Commitment Therapy: A 3-hour professional training*. Workshop offered as part of the annual meeting of the North Carolina Association for Behavior Analysis, Wilmington, NC [CE credits offered].
- Forsyth, J. P. (2013, February). *Expanding our reach to meet the unmet burden of human suffering: Using ACT in a self-help context*. Invited keynote address presented at the annual meeting of the North Carolina Association for Behavior Analysis, Wilmington, NC.
- Forsyth, J. P. (2013, February). *The compassionate use of exposure strategies in Acceptance and Commitment Therapy: A 1-day professional training*. Workshop offered as part of the annual meeting of the Ontario Psychological Association, Toronto, CA [CEU credits offered].
- Forsyth, J. P. (2013, July). *Transforming anxious suffering into a more vital life using Acceptance and Commitment Therapy*. A 5-day intensive professional workshop offered at the Omega Institute for Living, Rhinebeck, NY. [CE credits offered]
- Forsyth, J. P. (2013, July). *Acceptance and Commitment Therapy in clinical practice: An introductory 1-day workshop*. A 1-day professional training sponsored by the Tulare County Office of Education, Vasalia, CA.
- Forsyth, J. P. (2013, September). *Expanding our reach to meet the unmet burden of human suffering: Using ACT in a self-help context*. Invited keynote address presented at the annual meeting of the New Zealand Psychological Society, Auckland, NZ.
- Forsyth, J. P. (2013, September). *The compassionate use of exposure strategies in Acceptance and Commitment Therapy (ACT): A 1-day professional training*. One-day professional workshop presented at the annual meeting of the New Zealand Psychological Society, Auckland, NZ.
- Forsyth, J. P. (2013, November). *Intensive hands on application of ACT in practice: A 1-day advanced clinical workshop*. One day workshop presented in New Brunswick, Nova Scotia, Canada.
- Forsyth, J. P. (2013, November). *Acceptance and Commitment Therapy in clinical practice: An introductory workshop*. One and a half day professional training, Halifax, Canada [CEUs offered].
- Forsyth, J. P. (2013, November). *Compassionate use of exposure strategies in Acceptance and Commitment Therapy: A professional training*. Workshop presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN. [CE credits offered].

2012

- Forsyth, J. P. (2012, February). *The compassionate use of exposure strategies in Acceptance and Commitment Therapy: A professional workshop*. Workshop presented at the 46th annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbour, MD. [CE credits offered].
- Forsyth, J. P. (2012, February). *The compassionate use of exposure strategies in ACT: A 1-day advanced master class*. Workshop presented in Sydney, Australia. [CE credits offered].
- Forsyth, J. P. (2012, February). *The compassionate use of exposure strategies in ACT: A 1-day advanced master class*. Workshop presented in Melbourne, Australia. [CE credits offered].
- Forsyth, J. P. (2012, February). *The compassionate use of exposure strategies in ACT: A 1-day advanced master class*. Workshop presented in Adelaide, Australia. [CE credits offered].
- Forsyth, J. P. (2012, February). *The compassionate use of exposure strategies in ACT: A 1-day advanced master class*. Workshop presented in Brisbane, Australia. [CE credits offered].
- Forsyth, J. P. (2012, February). *The compassionate use of exposure strategies in ACT: A 1-day advanced master class*. Workshop presented in Canberra, Australia. [CE credits offered].

- Forsyth, J. P. (2012, April). *Transforming anxious suffering into a more vital life using Acceptance and Commitment Therapy: A 1-day professional training*. A one-day professional training workshop presented at the Open Center, New York, New York. [CE credits offered].
- Forsyth, J. P., & Eifert, G. H. (Workshop Leaders) (2012, July). *Transforming anxious suffering into a more vital life using Acceptance and Commitment Therapy*. A 5-day intensive professional workshop offered at the Omega Institute for Living, Rhinebeck, NY. [CE credits offered].

2011

- Forsyth, J. P. (2011, November). *Using exposure strategies in Acceptance and Commitment Therapy*. This Master Clinician Series workshop was presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, CA. [CE credits offered].
- Forsyth, J. P. (2011, October). *Your life on purpose: How to find what matters & create the life you want*. A 5-day life enrichment workshop offered for mental health professionals and the general public at the Omega Institute for Living, Rhinebeck, NY. [CE credits offered].
- Forsyth, J. P. (2011, October). *Facing the unmet burden of human suffering: Using ACT in a self-help context*. Plenary presented at the 5th annual meeting of the Australia and New Zealand Conference of Acceptance and Commitment Therapy, Brisbane, Australia.
- Forsyth, J. P. (2011, October). *Where do we go from here?* Invited keynote address presented at the 5th annual meeting of the Australia and New Zealand Conference of Acceptance and Commitment Therapy, Brisbane, Australia.
- Forsyth, J. P. (2011, October). *ACTs of kindness and Compassion: A 1-day professional training*. Workshop presented as part of the 5th annual meeting of the Australia and New Zealand Conference of Acceptance and Commitment Therapy, Brisbane, Australia [CE credits offered].
- Forsyth, J. P. (2011, October). *Advancing the depth & scope of your clinical practice using Acceptance and Commitment Therapy: A 2-day advanced workshop*. Professional workshop offered in Moncton, New Brunswick, Canada. [CE credits offered].
- Forsyth, J. P., & Eifert, G. H. (Workshop Leaders) (2011, July). *Using Acceptance and Commitment Therapy for anxiety relief: A 5-day professional training*. A 5-day intensive professional workshop offered at the Omega Institute for Living, Rhinebeck, NY. [CE credits offered].
- Forsyth, J. P. (2011, July). *Disarming anxiety and depression with Acceptance and Commitment Therapy: A 2-day professional workshop*. A 2-day professional workshop offered at the Anschutz Medical Campus and sponsored by the Colorado Association for Contextual Behavioral Science, Denver, CO.
- Forsyth, J. P. (2011, May). *Advancing the depth and scope of your clinical practice using Acceptance and Commitment Therapy: A 2-day professional workshop*. A 2-day advanced workshop offered at the Oak Island Resort & Spa, Nova Scotia, Canada [CE credits offered].
- Forsyth, J. P. (2011, May). *Why it's hard being human*. Invited series of four lectures presented to students within the Lab School / Bethlehem High School, Silver Bay Camp, Lake George, NY.
- Forsyth, J. P., & Hickling, E. J. (Workshop Leaders) (2011, March-April). *Disarming anxious suffering using Acceptance and Commitment Therapy: A 2-day introductory workshop*. A 2-day professional workshop offered at the Bay Pine VA Medical Center, Bay Pines, FL. [CE credits offered].
- Forsyth, J. P. (2011, March). *Using Acceptance and Commitment Therapy in clinical practice: A 2-day introductory professional workshop*. A 2-day professional workshop offered in Moncton, New Brunswick, Canada. [CE credits offered].

2010

- Forsyth, J. P., & Eifert, G. H., (Workshop Leaders) (2010, November). *Using exposure-based strategies in Acceptance and Commitment Therapy*. Full-day professional workshop conducted prior to the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA

[6.5 CE credits offered].

- Forsyth, J. P., & Eifert, G. H. (Workshop Leaders) (2010, July). *Transforming anxious suffering into a more vital life using Acceptance and Commitment Therapy*. A 5-day intensive professional workshop offered at the Omega Institute for Living, Rhinebeck, NY. [CE credits offered].
- Forsyth, J. P. (2010, June). *Disarming anxious suffering using Acceptance and Commitment Therapy: A 2-day professional workshop*. A 2-day pre-conference professional workshop offered at the 8th annual world conference of the Association for Contextual Behavioral Science, Reno, NV [CE credits offered].
- Forsyth, J. P. (2010, May). *Disarming anxious suffering using Acceptance and Commitment Therapy*. A 2-day professional workshop offered at the Oak Island Resort & Spa, Nova Scotia, Canada [CE credits offered].
- Forsyth, J. P. (2010, February). *Using Acceptance and Commitment Therapy to disarm anxious suffering: A 1-Day introduction to ACT*. A 1-day professional workshop offered at the Mt. Laurel Center, Lakewood, NJ [CE credits offered].
- Forsyth, J. P. (2010, January). *Transforming human suffering into a more vital life using Acceptance and Commitment Therapy: A 2-Day professional workshop*. A 2-day professional workshop offered at the Delaney House, Holyoke, MA [CE credits offered].

2009

- Forsyth, J. P. (2009, November). *Acceptance and Commitment Therapy for anxiety disorders*. Half day professional workshop conducted at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY [CE credits offered].
- Forsyth, J. P. (2009, October). *Acceptance and Commitment Therapy (ACT) for anxiety disorders: Overview, process, and outcomes*. Invited grand rounds presented at the Nassau University Medical Center, Long Island, NY [CE credits offered].
- Forsyth, J. P. (2009, September). *Acceptance and Commitment Therapy for anxiety disorders: An introductory workshop*. A 1-day workshop to be presented for mental health professional affiliated with the VAMC / VISN-2 network of upstate New York, Syracuse, NY. [CE credits offered].
- Forsyth, J. P., & Eifert, G. H. (2009, July). *Using Acceptance and Commitment Therapy for anxiety relief: A 5-day professional training*. A 5-day intensive professional workshop presented at the Omega Institute for Living, Rhinebeck, NY. [CE credits offered].
- Forsyth, J. P. (2009, June). *An introduction to Acceptance & Commitment Therapy in clinical practice*. A 1-day professional workshop, sponsored CPM Training and Counseling, Melbourne, Australia [CE credits offered].
- Forsyth, J. P. (2009, June). *Using ACT in the treatment of anxiety disorders*. A 1-day professional workshop, sponsored CPM Training and Counseling, Melbourne, Australia [CE credits offered].
- Forsyth, J. P. (2009, June). *Nuts and bolts of using exposure-based interventions in Acceptance & Commitment Therapy*. A 1-day professional workshop, sponsored CPM Training and Counseling, Melbourne, Australia [CE credits offered].
- Forsyth, J. P. (2009, June). *Using exposure-based interventions with Acceptance and Commitment Therapy*. A 1-day professional workshop, sponsored CPM Training and Counseling, Adelaide, Australia [CE credits offered].
- Forsyth, J. P. (2009, June). *Using exposure-based interventions with Acceptance and Commitment Therapy*. A 1-day professional workshop, sponsored CPM Training and Counseling, Brisbane, Australia [CE credits offered].
- Forsyth, J. P. (2009, June). *Using exposure-based interventions with Acceptance and Commitment Therapy*. A 1-day professional workshop, sponsored CPM Training and Counseling, Perth, Australia [CE credits offered].
- Forsyth, J. P. (2009, June). *Using exposure-based interventions with Acceptance and Commitment*

Therapy. A 1-day professional workshop, sponsored CPM Training and Counseling, Sydney, Australia [CE credits offered].

2008

- *Sheppard, S. C., & Forsyth, J. P. (2008, December). *Introduction to Acceptance and Commitment Therapy: Overview, process, and outcomes*. Invited grand rounds, Department of Psychology, Stratton VA Medical Center, Albany, NY.
- Forsyth, J. P., & Eifert, G. H. (Seminar Presenters) (2008, November). *Acceptance and Commitment Therapy (ACT) for anxiety disorders*. Master Clinician Series presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL [CE credits offered].
- Forsyth, J. P., & Hickling, E. (2008, August). *Living well with multiple sclerosis: An introduction to Acceptance and Commitment Therapy*. Invited presentation, Multiple Sclerosis Symposium, sponsored by the Center for Disabilities Services and the Multiple Sclerosis Society, Albany, NY.
- Forsyth, J. P., & Hickling, E. (2008, August). *Living well with multiple sclerosis*. Half-day workshop, sponsored by the Center for Disabilities Services, presented in Albany, NY.
- Forsyth, J. P. (2008, July). A 2-day advanced workshop: *Transforming anxious suffering into a more vital life using Acceptance and Commitment Therapy*. Sponsored by CPM Training and Counseling and presented in Sydney, Australia [CE credits offered].
- Forsyth, J. P. (2008, July). A 2-day advanced workshop: *Transforming anxious suffering into a more vital life using Acceptance and Commitment Therapy*. Sponsored by CPM Training and Counseling and presented in Perth, Australia [CE credits offered].
- Forsyth, J. P. (2008, July). A 2-day advanced workshop: *Transforming anxious suffering into a more vital life using Acceptance and Commitment Therapy*. Sponsored by CPM Training and Counseling and presented in Brisbane, Australia [CE credits offered].
- Forsyth, J. P. (2008, June). *The science of mindfulness and living well: Implications for helping persons with acquired brain injury*. Invited plenary address presented at the 15th annual conference on Neurobehavioral Rehabilitation in Acquired Brain Injury, Hamilton, ON. [CE credits offered].
- Forsyth, J. P. (2008, June). *Alleviating human suffering with Acceptance and Commitment Therapy: An introductory workshop*. Half-day workshop presented at the 15th annual conference on Neurobehavioral Rehabilitation in Acquired Brain Injury, Hamilton, ON. [CE credits offered].
- Forsyth, J. P. (2008, June). *A path out of anxious suffering and into a more vital life using Acceptance and Commitment therapy: A one day intensive workshop*. Full-day workshop to be presented at the Royal Ottawa Medical Center, Ottawa, Canada [CE credits offered].
- Forsyth, J. P. (2008, May). *Acceptance and commitment therapy for anxiety disorders: An advanced workshop*. Full-day workshop presented at the London Health Sciences Centre, Ontario, Canada [CE credits offered].
- Forsyth, J. P., & Sheppard, S. (2008, May). *ACTs of kindness and compassion*. A 90-minute workshop offered at the 4th annual Acceptance and Commitment Therapy Summer Institute, Chicago, IL [CE credits offered].
- Forsyth, J. P. (2008, May). *Acceptance and Commitment Therapy for Anxiety Disorders: An Introductory Workshop*. Half-Day workshop offered at the 4th annual Acceptance and Commitment Therapy Summer Institute, Chicago, IL [CE credits offered].
- Forsyth, J. P. (2008, January). *Acceptance, mindfulness, and the anxiety disorders: Overview, process, and outcomes*. Invited grand rounds, Albany Medical Center, Albany, NY.

2007

- Forsyth, J. P. (2007, December). *Acceptance and Commitment Therapy for anxiety disorders entangled in addictive behaviors: Transforming suffering into vitality with acceptance, mindfulness, and value-guided change strategies*. Full-day workshop, Dominican Retreat & Conference Center,

- Albany, NY [CE credits offered]
- Forsyth, J. P., & Hickling, E. (2007, November). *Living well with Multiple Sclerosis*. Half-day workshop, sponsored by the Center for Disabilities Services, Albany, NY.
- Forsyth, J. P., & Eifert, G. H. (Workshop Leaders) (2007, November). *Acceptance and Commitment Therapy for anxiety disorders*. Half-day professional institute conducted at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA. [CE credits offered].
- Forsyth, J. P. (2007, September). *Balancing acceptance and change in the treatment of anxiety disorders with Acceptance and Commitment Therapy: A nuts and bolts workshop*. Half-day professional workshop, sponsored by the Institute of Mental Health Research, Ottawa, CA [CE credits offered].
- Forsyth, J. P. (2007, September). *Human suffering in an emotion regulation context: Implications for the origins, maintenance, and treatment of anxiety disorders*. Invited keynote address as part of the Institute of Mental Health Research Inaugural Symposium, Ottawa, CA.
- Forsyth, J. P. (2007, August). *Acceptance and commitment therapy for anxiety disorders: Transforming anxious suffering using acceptance, mindfulness and value-guided action*. Full-day professional workshop, organized by CPM Training & Counseling, conducted in Sydney, Australia [CE credits offered].
- Forsyth, J. P. (2007, August). *Acceptance and commitment therapy for anxiety disorders: Transforming anxious suffering using acceptance, mindfulness and value-guided action*. Full-day professional workshop, organized by CPM Training & Counseling, conducted in Brisbane, Australia [CE credits offered].
- Forsyth, J. P. (2007, August). *Acceptance and commitment therapy for anxiety disorders: Transforming anxious suffering using acceptance, mindfulness and value-guided action*. Full-day professional workshop, organized by CPM Training & Counseling, conducted in Adelaide, Australia [CE credits offered].
- Forsyth, J. P. (2007, August). *Acceptance and commitment therapy for anxiety disorders: Transforming anxious suffering using acceptance, mindfulness and value-guided action*. Full-day professional workshop, organized by CPM Training & Counseling, conducted in Perth, Australia [CE credits offered].
- Forsyth, J. P. (2007, August). *Acceptance and commitment therapy for anxiety disorders: Transforming anxious suffering using acceptance, mindfulness and value-guided action*. Full-day professional workshop, organized by CPM Training & Counseling, conducted in Melbourne, Australia [CE credits offered].
- Forsyth, J. P. (2007, June). *Balancing acceptance and change in the treatment of anxiety disorders: The new Acceptance and Commitment Therapy*. Full-day professional workshop conducted at Four Winds Hospital, Saratoga Springs, NY. [CE credits offered].
- Forsyth, J. P. (2007, June). *Acceptance and Commitment Therapy for the anxiety disorders*. Full-day workshop, sponsored by the British Columbia Psychological Association, Vancouver, British Columbia [CE credits offered].
- Forsyth, J. P. (2007, April). *Acceptance and Commitment Therapy for anxiety disorders. A Nuts and Bolts 2-Day professional workshop*. Two day workshop sponsored by the Psychology Department, Bowling Green University, OH.
- Forsyth, J. P. (2007, February). *Acceptance and Commitment Therapy for anxiety disorders: A nuts and bolts workshop*. Half-day professional workshop conducted at the 18th annual meeting of the North Carolina Association for Behavior Analysis, Wrightsville Beach, NC. [CE credits offered].
- Forsyth, J. P. (2007, February). *Fear learning in an emotion regulation context*. Invited keynote address presented at the 18th annual meeting of the North Carolina Association for Behavior Analysis, Wrightsville Beach, NC.

2006

- Forsyth, J. P., & Eifert, G. H. (Workshop Leaders) (2006, November). *Acceptance and Commitment Therapy for anxiety disorders*. Half-day professional workshop conducted at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL. [CE credits offered].
- Forsyth, J. P., & Greco, L. (Workshop Leaders) (2006, October). *Balancing acceptance and change in the treatment of anxiety disorders and other life problems: The new Acceptance and Commitment Therapy*. Half-day professional workshop conducted at the HCBS Waiver Staff Development Meeting, New York State Office of Mental Health, Albany, NY [CE credits offered].
- Forsyth, J. P. (2006, April). *Integrating mindfulness, acceptance and value-guided strategies in the treatment of anxiety disorders: The new Acceptance and Commitment Therapy*. Invited grand rounds presentation at Four Winds Hospital, Saratoga Springs, NY. [CE credits offered].
- Eifert, G. H., & Forsyth, J. P. (Workshop Leaders) (2006, January). *Acceptance and Commitment Therapy: How to alleviate psychological suffering and move in valued directions*. Four day professional workshop conducted at Massey University, Summer Institute Series, Wellington, New Zealand. [CE credits offered].

2005

- Eifert, G. H., & Forsyth, J. P. (Workshop Leaders) (2005, November). *Acceptance and Commitment Therapy for anxiety disorders*. Half-day professional workshop conducted at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC. [CE credits offered].
- Forsyth, J. P. (2005, November). *Acceptance and Commitment Therapy for anxiety disorders: Overview and mindful evaluation*. Invited colloquium presented at Boston University, Boston, MA.
- Forsyth, J. P. (2005, September). *Acceptance and Commitment Therapy for anxiety disorders: A nuts and bolts workshop*. Full day professional workshop conducted at the University of Maine, Orono, ME, in conjunction with the Togus VAMC [CE credits offered].
- Forsyth, J. P. (2005, March). *Balancing acceptance and change in the treatment of anxiety disorders: A mindful evaluation*. Invited colloquium presented at Providence College, Providence, RI.
- Forsyth, J. P. (2005, April). *Acceptance and Commitment Therapy for the anxiety disorders*. Invited keynote address presented at the University of Wisconsin-Milwaukee, Milwaukee, WI.

2003

- Forsyth, J. P. (2003, May). *The acquisition and extinction of attentional bias for threat*. Invited paper presented at the Special Interest Meeting on Learning and Fear, Leuven, Belgium.

2002

- Forsyth, J. P. (2002, February). *Attentional biases in anxiety-related disorders: Do they have anything to do with threat?* Invited colloquium presented at the Center for Stress and Anxiety Disorders, Albany, NY.

2001

- Forsyth, J. P. (2001, April). *Carbon-dioxide challenge in a fear conditioning context*. Seminar presented at the joint biology/neuroscience seminar, University at Albany, SUNY, Departments of Biology and Psychology, Albany, NY.

2000

- Forsyth, J. P. (2000, August). *Behavior analysis, "complex" human behavior, and the problem of*

privacy. Invited address, sponsored by Division 25 of the American Psychological Association, presented at the annual meeting of the American Psychological Association, Washington, DC.

Forsyth, J. P. (2000, January). *The science and practice of acceptance and change in psychotherapy*. Invited colloquium presentation, Department of Counseling Psychology, University at Albany, State University of New York, Albany, NY.

1999

Forsyth, J. P. (1999, February). *Etiology, process, and outcome: Developing a clinically-relevant experimental psychopathology of anxiety-related phenomenology*. Invited colloquium presentation, Department of Psychology, University of Nevada, Reno, NV.

1998

Forsyth, J. P. (1998, June). *Etiology, process, and outcome: Contemporary advances in understanding the nature and treatment of anxiety-related disorders*. Invited presentation, Adult Psychopathology Institute, University of Southern Maine, Gorham, ME.

Forsyth, J. P. (1998, April). *You are the future of psychology, and that future begins now: A message to psychology majors*. Invited speaker, National Honor Society in Psychology (Psi Chi) Induction Ceremony, University at Albany, State University of New York, Albany, NY.

1997

Forsyth, J. P. (1997, March). *Panic and alarms in the conditioning etiology of human fears*. Invited grand round presentation, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.

Forsyth, J. P. (1995, May). *"Cleaning-up cognition" in triple response fear assessment*. Invited address presented at the 21st annual meeting of the Association for Behavior Analysis, Washington, DC.

1994

Forsyth, J. P. (1994, December). *Acceptance and Commitment Therapy (ACT) and Acceptance Based Strategies*. Invited colloquium presentation, Kennedy Federal Correctional Institution, Morgantown, WV.

CONFERENCE SYMPOSIA

2016

*Ritzert, T. R., *Artzschwager, T., *Berghoff, C. R., & **Forsyth, J. P.** (2016, June). *Transforming fear: The impact of a brief values-based intervention on avoidance behavior in an exposure context*. In E. B. Lee (Chair), *How does ACT enhance our understanding of exposure?* Symposium conducted at Association for Contextual Behavioral Science World Conference 14, Seattle, WA.

2015

*Ritzert, T. R., *Berghoff, C. R., & **Forsyth, J. P.** (2015, November). *Experiential avoidance moderates the link between social pressure and successful valued-living*. In C. R. Bergoff (Chair), *Living Life to the fullest: Leveraging personal value-directed behavior to enhance well-being and undermine psychological distress*. Symposium presented at the 49th annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.

2011

Forsyth, J. P., *Sheppard, S. C., Hickling, E. J., *Berghoff, C. R., *Russo, A. R., *Lehrbach, M. P., &

Kip, K. E. (November, 2011). Developing ACT as a self-help modular online intervention for veterans of the Iraq and Afghanistan wars: Overview, challenges, and recommendations. In Herbert, J. D. (Chair), *Internet-based psychological services: Legal, ethical, and clinical issues*. Symposium presented at the 45th annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.

*Sheppard, S. C., & Forsyth, J. P. (Co-Chairs) (November, 2011). *Doing more with less: Increasing the efficiency, impact, and reach of CBT through processes of change research in ACT and MBSR outcome trials*. Symposium presented at the 45th annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.

*Russo, A. R., Forsyth, J. P., *Sheppard, S. C., & Berghoff, C. R. (November, 2011). A multiple mediational model of ACT- and CBT-relevant processes: Understanding mechanisms of change in the treatment of anxiety. In S. C. Sheppard & J. P. Forsyth (Co-Chairs), *Doing more with less: Increasing the efficiency, impact, and reach of CBT through processes of change research in ACT and MBSR outcome trials*. Symposium presented at the 45th annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.

*Sheppard, S. C., Forsyth, J. P., & *Russo, A. R. (November, 2011). ACT self-help as an adjunct to treatment as usual: Improving outcomes and understanding mechanisms of action. In S. C. Sheppard & J. P. Forsyth (Co-Chairs), *Doing more with less: Increasing the efficiency, impact, and reach of CBT through processes of change research in ACT and MBSR outcome trials*. Symposium presented at the 45th annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.

2010

Forsyth, J. P., *Sheppard, S. C., *Valdivia-Salas, S., & *Russo, A. R. (2010, June). Acceptance and Commitment Therapy in an emotion regulation context. In D. Sloan (Chair), *Emotion regulation and psychopathology: From science to practice*. Symposium presented at the World Congress in Behavioral and Cognitive Therapies, Boston, MA.

Marx, B. P., Forsyth, J. P., & Gallup, G. (2010, June). Tonic immobility as an evolved predator defense: Implications for trauma survivors. In M. Hagedaars (Chair), *Scared stiff: Human immobility in response to threat*. Symposium presented at the World Congress in Behavioral and Cognitive Therapies, Boston, MA.

*Herzberg, K. N., & Forsyth, J. P. (Co-Chairs) (2010, November). *Assessment and evaluation of fusion and defusion as a universal process in psychopathology and behavior change*. Symposium conducted at the 44th annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

*Herzberg, K. N., *Sheppard, S. C., & Forsyth, J. P. (2010, November). *Validation of the Believability of Anxious Feelings and Thoughts Questionnaire (BAFT) in a healthy undergraduate and high anxious community sample*. In H. Herzberg & J. P. Forsyth (Chairs), *Assessment and evaluation of fusion and defusion as a universal process in psychopathology and behavior change*. Symposium conducted at the 44th annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

2009

Forsyth, J. P. (Discussant) (2009, November). In A. Cameron (Chair), *Reactivity to negative affect: Innovative measurement of a universal process*. Symposium presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

* Sheppard, S. C., & Forsyth, J. P. (Chairs) (2009, November). *Beyond the efficacy ceiling: Targeting universal processes across diverse problems in ACT clinical effectiveness trials*. Symposium

presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

- Forsyth, J. P., & *Sheppard, S. C. (2009, November). The effectiveness of ACT for anxiety disorders: Outcomes from a randomized wait-list clinical trial evaluating the Mindfulness and Acceptance Workbook for Anxiety. In S. C. Sheppard & J. P. Forsyth (Chairs), *Beyond the efficacy ceiling: Targeting universal processes across diverse problems in ACT clinical effectiveness trials*. Symposium presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- * Sheppard, S. C., & Forsyth, J. P. (2009, November). Multiple mediators and the search for mechanisms of action: A clinical trial of ACT in the treatment of anxiety disorders. In S. C. Sheppard & J. P. Forsyth (Chairs), *Beyond the efficacy ceiling: Targeting universal processes across diverse problems in ACT clinical effectiveness trials*. Symposium presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- *Valdivia-Salas, S., Forsyth, J. P., & Soriano, C. L. (May, 2009). Attentional bias for laboratory-induced threat and transfer of color-naming interference. In B. T. Roche (Chair), *Why we must cease avoiding avoidance: Explaining human avoidance and anxiety requires different Talk (and processes)*. Symposium presented at the 25th annual meeting of the Association for Behavior Analysis International, Phoenix, AZ.
- *Herzberg, K. N., *Sheppard, S., Forsyth, J. P., & Eifert, G. H. (2009, May). The Believability of Anxious Thoughts and Feelings Questionnaire (BAFT): Psychometric properties and future directions. In A. C. Adcock (Chair), *Measuring processes of change in Acceptance and Commitment Therapy*. Symposium presented at the 25th annual meeting of the Association for Behavior Analysis International, Phoenix, AZ.
- *Fuse, T., & Forsyth, J. P. (2009, March). Psychophysiological responses to sexual assault related imagery in sexual assault survivors with and without a history of tonic immobility. In M. Adams (Chair), *Paroxysmal paralysis in traumatized and anxious samples: An examination of isolated sleep paralysis and tonic immobility*. Symposium presented at the 29th annual meeting of the Anxiety Disorders Association of America, Santa Ana Pueblo, NM.

2008

- Forsyth, J. P., & *Acheson, D. T. (Chairs) (2008, November). *Novel advances in fear learning: From basic science to clinical application*. Symposium presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, CA.
- *Acheson, D. T., *Moses, E., & Forsyth, J. P. (2008, November). Interoceptive fear conditioning and panic disorder: An experimental evaluation of multiple CS-US contingency arrangements. In J. P. Forsyth & D. T. *Acheson (Chairs), *Novel advances in fear learning: From basic science to clinical application*. Symposium presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, CA.
- Forsyth, J. P. (Discussant) (2008, November). In E. *Moses & D. T. *Acheson (Chairs), *Unearthing the role of emotional regulatory processes in the anxiety disorders: Contributions from experimental psychopathology*. Symposium presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, CA.
- Gannon, S., Roche, B., Forsyth, J. P., Kanter, J. W., & Linehan, C. (2008, May). The approach-avoidance conflict: Examining an empirical model of human anxiety and phobia. In S. Smyth (Chair), *Exploring anxiety: Avoidance and expectancy bias*. Symposium presented at the 34th annual meeting of the Association for Behavior Analysis, Chicago, IL.
- *Valdivia-Salas, S., Luciano-Soriano, C., & Forsyth, J. P. (2008, May). Relational responding in the emergence and maintenance of cognitive biases. In J. R. Jiménez (Chair), *Recent developments within the relational responding paradigm: False memories, cognitive biases, and rebound effect*.

Symposium presented at the 34th annual meeting of the Association for Behavior Analysis, Chicago, IL.

2007

- *Kelly, M.M., & Forsyth, J. P. (2007, November). The use of a panicogenic observational fear conditioning paradigm to investigate the pathogenesis of anxiety and fear. In J.A. Richey (Chair), *Innovations in biological challenge paradigms: Implications for assessment and treatment of anxiety*. Symposium presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Moses, E. B., *Acheson, D. T., & Forsyth, J. P. (2007, November). Experiential avoidance and anxiety sensitivity: Using meditational models to test their contribution as risk factors for anxiety-related distress and symptomatology. In A. Bernstein & A. A. Vujanovic (Chairs), *Affect tolerance: Clinical implications of emerging basic research*. Symposium presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Acheson, D., & Forsyth, J. P. (2007, May). Experimental evaluation of the interoceptive conditioning account of panic disorder: Surprising results with applied implications. In S. Dymond (Chair), *Basic, applied and translational research on conditioning and derived relational responding*. Symposium presented at the 33rd annual meeting of the Association for Behavior Analysis, San Diego, CA.

2006

- Forsyth, J. P. (Discussant) (2006, November). In E. M. Forman & T. B. Kashdan (Chairs), *Experiential avoidance as a toxic mechanism in self-control, interpersonal, and emotional disturbances*. Symposium presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

2005

- Forsyth, J. P. (Chair) (2005, May). *Anxiety, fear, and avoidance, oh my!: Toward a behavior analytic experimental psychopathology of anxious suffering*. Symposium presented at the 31st annual meeting of the Association for Behavior Analysis, Chicago, IL.
- Forsyth, J. P. (2005, May). Emotion regulation and human suffering. In J. P. Forsyth (Chair), *Anxiety, fear, and avoidance, oh my!: Toward a behavior analytic experimental psychopathology of anxious suffering*. Symposium presented at the 31st annual meeting of the Association for Behavior Analysis, Chicago, IL.
- Forsyth, J. P., & Eifert, G. H. (2005, May). Acceptance and Commitment Therapy for anxiety disorders: On the frontier of process-oriented treatment protocols. In B. T. Roche (Chair), *Pushing the frontiers of acceptance-based research: We're not in Kansas anymore*. Symposium presented at the 31st annual meeting of the Association for Behavior Analysis, Chicago, IL.
- *Finlay, C. G., & Forsyth, J. P. (2005, May). Contextual effects on conditioned emotional responding following extinction: A laboratory model of return of fear. In J. P. Forsyth (Chair), *Anxiety, fear, and avoidance, oh my!: Toward a behavior analytic experimental psychopathology of anxious suffering*. Symposium presented at the 31st annual meeting of the Association for Behavior Analysis, Chicago, IL.
- *Acheson, D., & Forsyth, J. P. (2005, May). Twinges and flutters aren't bad, they're dangerous: An experimental analysis of "fear of fear" in panic disorder. In J. P. Forsyth (Chair), *Anxiety, fear, and avoidance, oh my!: Toward a behavior analytic experimental psychopathology of anxious suffering*. Symposium presented at the 31st annual meeting of the Association for Behavior Analysis, Chicago, IL.

2004

*Karekla, M., Forsyth, J. (2004, November). A comparison between acceptance enhanced cognitive behavioral and Panic Control Treatment for panic disorder. In S. M. Orsillo (Chair), *Acceptance-based behavioral therapies: New directions in treatment development across the diagnostic spectrum*. Symposium presented at the 38th annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

2003

Forsyth, J. P. (Chair) (2003, November). *Tonic immobility in sexual assault survivors: Overview of assessment, prevalence, impact, and relation with revictimization*. Symposium presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

*Fuse, T. M., Forsyth, J. P., Marx, B., *Karekla, M., & Gallup, G. G., Jr. (2003, November). Psychometric properties of the Tonic Immobility Scale (TIS). In J. P. Forsyth (Chair), *Tonic immobility in sexual assault survivors: Overview of assessment, prevalence, impact, and relation with revictimization*. Symposium presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Forsyth, J. P., Marx, B., *Fuse, T. M., Heidt, J. M., & Gallup, G. G., Jr. (2003, November). Tonic immobility in sexual assault: Prevalence, assault characteristics, and post-assault psychological sequelae in an adult sample of sexual assault survivors. In J. P. Forsyth (Chair), *Tonic immobility in sexual assault survivors: Overview of assessment, prevalence, impact, and relation with revictimization*. Symposium presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Heidt, J. M., Marx, B. P., & Forsyth, J. P. (2003, November). Rape-induced paralysis in childhood: Clinical and nonclinical samples with a history of child sexual assault. In J. P. Forsyth (Chair), *Tonic immobility in sexual assault survivors: Overview of assessment, prevalence, impact, and relation with revictimization*. Symposium presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Forsyth, J. P., & *Karekla, M. (2003, November). On the road to acceptance: A mindful overview of some methodological and conceptual challenges that lie ahead. In K. Salters & J. Block (Chairs), *Mindfulness and acceptance-based behavioral therapies: Methodologies and mechanisms*. Symposium presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Forsyth, J. P., & *Kelly, M. M. (2003, November). Evaluative conditioning and attentional bias: A sticky form of relational learning that is difficult to extinguish. In D. McKay & B. Olantunji (Chairs), *Conditioning and response patterns associated with disgust*. Symposium presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

2002

Forsyth, J. P. (Chair) (2002, May). *A behavior analytic experimental psychopathology of cognition: Unearthing nebulous "cognitive" phenomena in anxiety*. Symposium presented at the 28th annual meeting of the Association for Behavior Analysis, Toronto, CA.

*Karekla, M., & Forsyth, J. P. (2002, May). *Perceived control vs. uncontrollability in relation to fear conditioning and attentional bias for threat*. In J. P. Forsyth (Chair), *A behavior analytic experimental psychopathology of cognition: Unearthing nebulous "cognitive" phenomena in anxiety*. Symposium presented at the 28th annual meeting of the Association for Behavior Analysis, Toronto, CA.

*Kelly, M. M., & Forsyth, J. P. (2002, May). *Using observational fear conditioning to establish the so-called attentional bias for threat: An experimental evaluation*. In J. P. Forsyth (Chair), *A behavior analytic experimental psychopathology of cognition: Unearthing nebulous "cognitive" phenomena in anxiety*. Symposium presented at the 28th annual meeting of the Association for Behavior Analysis,

Toronto, CA.

- *Finlay, C. G., & Forsyth, J. P. (2002, May). *Testing the effects of derived relational responding on tacting word colors on an emotional Stroop task*. In J. P. Forsyth (Chair), *A behavior analytic experimental psychopathology of cognition: Unearthing nebulous "cognitive" phenomena in anxiety*. Symposium presented at the 28th annual meeting of the Association for Behavior Analysis, Toronto, CA.
- *Forsyth, J. P., & Zvolensky, M. J. (2002, November). Experimental psychopathology in clinical science and practice: The need for a stronger translational agenda. In J. B. Persons (Chair), *Bridging the gap between basic research and intervention for depression and anxiety*. Symposium presented at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

2001

- Forsyth, J. P., & Zinbarg, R. E. (Co-Chairs) (2001, November). *Innovating experimental and clinical applications of biological challenge procedures*. Symposium presented at the 35th annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Forsyth, J. P. (2001, November). Carbon dioxide challenge in a fear conditioning context: Implications for anxiety-related phenomenology. In J. P. Forsyth & R. E. Zinbarg (Co-Chairs), *Innovating experimental and clinical applications of biological challenge procedures*. Symposium presented at the 35th annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

2000

- Forsyth, J. P., *Finlay, C., *Karekla, M., & *Limbird, C. (2000, May). Where is the science behind acceptance?: A review and critical analysis of "supporting" data and methods. In E. Wulfert (Chair), *Acceptance and change: A conceptual and methodological critique*. Symposium conducted at the 26th annual meeting of the Association for Behavior Analysis, Washington, DC.
- Forsyth, J. P. (Chair) (2000, November). *Contributions of experimental psychopathology to the advancement of behavior therapy*. Symposium conducted at presentation at the 34th annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Forsyth, J. P., & *Limbird, K. (2000, November). Knowledge for knowledge's sake vs. knowledge for what it can accomplish: How relevant is experimental psychopathology to behavior therapy? In J. P. Forsyth (Chair), *Contributions of experimental psychopathology to the advancement of behavior therapy*. Symposium conducted at presentation at the 34th annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Forsyth, J. P., & Zvolensky, M. J. (Co-Chairs) (2000, November). *Predictability and control in anxiety and its disorders: A new look at risk with implications for theory, etiology, and treatment*. Symposium conducted at the 34th annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Forsyth, J. P., & *Karekla, M. (2000, November). From a normal to a disordered experience of anxiety and fear: A contextual analysis of psychological and experiential risk factors. In J. P. Forsyth & M. J. Zvolensky (Co-Chairs), *Predictability and control in anxiety and its disorders: A new look at risk with implications for theory, etiology, and treatment*. Symposium conducted at the 34th annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- *Finlay, C. G., & Forsyth, J. P. (Co-Chairs) (2000, November). *Not so radical solutions to the problem of thinking, feeling, and human suffering: A new look at behavior analysis since the operant chamber*. Symposium conducted at the 34th annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- *Finlay, C. G., & Forsyth, J. P. (2000, November). Assets and liabilities of the experimental analysis of cognition and emotion: Implications for clinical cognitive and behavioral interventions. In C. G.

*Finlay & J. P. Forsyth (Co-Chairs), *Not so radical solutions to the problem of thinking, feeling, and human suffering: A new look at behavior analysis since the operant chamber*. Symposium conducted at the 34th annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

1999

- Forsyth, J. P., *Canna, M. A., & Chorpita, B. F. (1999, May). Instructional control over anxiogenic responses induced by repeated inhalations of 20% CO₂-enriched air: Implications for acceptance-based interventions. In E. Augustson (Chair), *Empirical investigations of acceptance and change in experimental and clinical contexts*. Symposium conducted at the 25th annual meeting of the Association for Behavior Analysis, Chicago, IL.
- Forsyth, J. P., Kollins, S. L., & *Canna, M. A. (1999, May). A functional analysis of functional analyses? In M. Cole (Chair), *Functional analysis technology: Issues in methodology and application*. Symposium conducted at the 25th annual meeting of the Association for Behavior Analysis, Chicago, IL.
- Forsyth, J. P., & *Canna, M. A. (1999, November). Knowns and unknowns of carbon dioxide challenge in the anxiety disorders: A 50 year review. In B. Schmidt & J. P. Forsyth (Co-Chairs), *Biological challenge methodology in anxiety disorders: A review of ethics, methodology, ecological validity, and new evidence elucidating parameters affecting fear responding*. Symposium conducted at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.
- Schmidt, B., & Forsyth, J. P. (Co-Chairs) (1999, November). *Biological challenge methodology in anxiety disorders: A review of ethics, methodology, ecological validity, and new evidence elucidating parameters affecting fear responding*. Symposium conducted at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA. *Presenters Include*: G. Beck, B. Schmidt, J. P. Forsyth, M. Zvolensky; *Discussant*: R. McNally.
- Forsyth, J. P., & Scotti, J. R. (Co-Chairs) (1999, November). *After 20 years of the Behavioral Assessment Grid (B.A.G.), is it time to bag the B.A.G.?* Symposium conducted at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.
- *Ivanova, M. Y., *Mass, J. L., *Maloney, K. C., & Forsyth, J. P. (1999, November). Defining the depressive experience: Cone's Behavioral Assessment Grid for depression. In J. P. Forsyth & J. R. Scotti (Co-Chairs), *After 20 years of the Behavioral Assessment Grid (B.A.G.), is it time to bag the B.A.G.?* Symposium conducted at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.
- *Haim, A. J., *Block, J. A., *Kessler, C., & Forsyth, J. P. (1999, November). The functional assessment matrix? A reformulation of Cone's Behavioral Assessment Grid. In J. P. Forsyth & J. R. Scotti (Co-Chairs), *After 20 years of the Behavioral Assessment Grid (B.A.G.), is it time to bag the B.A.G.?* Symposium conducted at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.

1998

- Forsyth, J. P., *Duff, K., & *Palav, A. (1998, May). Establishing operations and emotional behavior: What we know and what we don't know. In W. Ju (Chair), *Motivation made me do it: Innovations in the investigation of motivative functions*. Symposium conducted at the 24th annual meeting of the Association for Behavior Analysis, Orlando, FL.
- Forsyth, J. P., *Palav, A., & *Duff, K. (1998, May). What is there to fear?: Conceptual and experimental dimensions of fear and anxiety-related phenomena. In E. Augustson (Chair), *Dimensions of acceptance and change in experimental and clinical contexts*. Symposium conducted at the 24th annual meeting of the Association for Behavior Analysis, Orlando, FL.
- Forsyth, J. P., & Chorpita, B. F. (Co-Chairs) (1998, November). *Moving beyond DSM-IV*

classification to dimensional and process-oriented thinking: A case in the making. Symposium conducted at the 32nd annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC. *Discussant*: Ian Evans.

Forsyth, J. P. (1998, November). Core behavioral processes behind response-based disorders of emotion: What is there to fear? In J. P. Forsyth & B. F. Chorpita (Co-Chairs), *Moving beyond DSM-IV classification to dimensional and process-oriented thinking: A case in the making*. Symposium conducted at the 32nd annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

1997

Forsyth, J. P. (1997, November). Moving beyond laboratory conditioning models without a shock: At the frontiers of relevant experimental analogues of clinical fear onset. In C. W. Lejuez & M. J. Zvolensky (Co-Chairs), *Studying anxiety in the lab: Irrelevant or indispensable?* Symposium conducted at the 31st annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.

Forsyth, J. P., & Chorpita, B. F. (1997, November). When fighting with one's psychology creates more psychopathology. In R. Walser (Chair), *Thought and emotion suppression: Implications for clinical interventions in psychotherapy*. Symposium conducted at the 31st annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.

Forsyth, J. P., & Eifert, G. H. (1997, March). Systemic alarms and panic in the conditioning etiology of human fears: Laboratory findings with important treatment implications. In S. G. Hofmann & D. A. Spiegel (Co-Chairs), *Treatment of panic disorder and agoraphobia: Efficacy, cost-effectiveness, and active ingredients*. Symposium conducted at the annual meeting of the Anxiety Disorders Association of America, New Orleans, LA.

Forsyth, J. P. (1997, May). Emotion: Important causal influences, epiphenomena, or collateral byproducts? In R. P. Hawkins (Chair), *Clinical behavior analysts: What do they "think" about thinking and feeling?* Symposium conducted at the 23rd annual meeting of the Association for Behavior Analysis, Chicago, IL.

Forsyth, J. P. (1997, May). Prescription privileges for psychologists undermine environmentally-based interventions: A behavior-analytic wake-up call. In R. P. Hawkins (Chair), *Behavior analysis and managed care: Good marriage or bad?* Symposium conducted at the 23rd annual meeting of the Association for Behavior Analysis, Chicago, IL.

Forsyth, J. P. (1997, May). Panic, alarms, and other frightful relations: A laboratory aversive conditioning preparation using CO₂-enriched air with real world implications. In S. Kollins (Chair), *Moving clinical behavior analysis from the lab, to the real world, and back*. Symposium conducted at the 23rd annual meeting of the Association for Behavior Analysis, Chicago, IL.

Eifert, G. H., & Forsyth, J. P. (1997, May). *Classical conditioning of phobic fear: New concepts and experimental methods*. Invited address presented at the 15th annual meeting of the Division of Clinical Psychology, German Society for Psychology, Hofheim, Germany.

1996

Forsyth, J. P. (1996, November). Origins of fears from within: Unearthing the relation between illness fear and panic. In G. H. Eifert (Chair), *Disease fears: Over represented in clinical practice, misrepresented in DSM, and under represented in research*. Symposium conducted at the 30th annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.

Forsyth, J. P., & Hawkins, R. P. (Co-Chairs) (1996, November). *Behavior therapy at its best and worst*. Symposium conducted at the 30th annual meeting of the Association for Advancement of Behavior Therapy, New York, NY. *Presenters include*: J. P. Forsyth, J. J. Plaud, R. Walser, G. H. Eifert, and I. Evans; *Discussant*: Cyril Franks.

Forsyth, J. P., & Lejuez, C. W. (1996, November). The worst of: Taking the "theory" out of behavior therapy. In J. P. Forsyth & R. P. Hawkins (Co-Chairs), *Behavior therapy at its best and worst*. Symposium conducted at the 30th annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.

1995

- Forsyth, J. P., Chase, P. N., Schauss, S. L., Masia, C. L., & Davig, J. P. (1995, May). A behavior-analytic reformulation of attribution theory: The naive observer's causal analysis in a social verbal context. In P. N. Chase (Chair), *Behavior analyses of social phenomena*. Symposium conducted at the 21st annual meeting of the Association for Behavior Analysis, Washington, D.C.
- Forsyth, J. P., & Hackbert, L. (1995, November). Why ask why?: A behavior analysis of causal attributions in the context of behavior therapy. In R. P. Hawkins (Chair), *Bridging barriers between paradigms: Making cognitive concepts relevant for behavior analysis*. Symposium conducted at the 29th annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Hawkins, R. P., & Forsyth, J. P. (1995, November). The behavior analytic perspective: Its nature, prospects, and limitations for behavior therapy. In R. P. Hawkins (Chair), *Bridging barriers between paradigms: Making cognitive concepts relevant for behavior analysis*. Symposium conducted at the 29th annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Masia, C. L., Chase, P. N., Forsyth, J. P., Davig, J. P., & Schauss, S. L. (1995, May). Observational learning revisited: A contemporary behavior analytic interpretation. In P. N. Chase (Chair), *Behavior analyses of social phenomena*. Symposium conducted at the 21st annual meeting for the Association of Behavior Analysis, Washington, D.C.
- Schauss, S. L., Chase, P. N., Davig, J. P., Forsyth, J. P., & Masia, C. L. (1995, May). More change for a buck and other (re-) interpretations of cognitive dissonance. In P. N. Chase (Chair), *Behavior analyses of social phenomena*. Symposium conducted at the 21st annual meeting of the Association for Behavior Analysis, Washington, D.C.
- Schauss, S. L., & Forsyth, J. P. (1995, May). What do we feel when we say "anxiety" and do we really mean what we say? In R. J. Kohlenberg (Chair), *A behavior analysis of emotions in psychotherapy*. Symposium conducted at the 21st annual meetings of the Association for Behavior Analysis, Washington, DC.

1994

- Eifert, G. H., Forsyth, J. P., & Schauss, S. L. (1994, November). Behavior therapy in the next 25 years: A context for a science of effective behavior change. In G. H. Eifert (Chair), *Putting the science of behavior change back into the practice of behavior therapy*. Symposium conducted at the 28th annual meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.
- Forsyth, J. P., & Eifert, G. H. (1994, November). Putting the behavior back into emotion and both into context: Emotional avoidance revisited. In G. H. Eifert (Chair), *Putting the science of behavior change back into the practice of behavior therapy*. Symposium conducted at the 28th annual meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.
- Forsyth, J. P., & Eifert, G. H. (1994, May). Cleaning up "cognition" in triple-response fear assessment. In R. P. Hawkins & J. R. Scotti (Co-Chairs), *Targeting behavior that's under the skin: Including all three response systems in clinical behavior analysis*. Symposium conducted at the 20th annual meeting for the Association for Behavior Analysis, Atlanta, GA.
- Schauss, S. L., & Forsyth, J. P. (1994, May). Have you seen my homunculus lately?: Giving up the inner person. In R. P. Hawkins & J. R. Scotti (Co-Chairs), *Targeting behavior that's under the skin*.

Including all three response systems in clinical behavior analysis. Symposium conducted at the 20th annual meeting for the Association for Behavior Analysis, Atlanta, GA.

1993

- Forsyth, J. P. (1993, November). Moving beyond antiquated philosophical positions toward more integrative conceptualization for training in behavior therapy. In G. H. Eifert (Chair), *Diversity or disunity in behavior therapy training programs?: A student faculty perspective*. Symposium conducted at the 27th annual meeting of the Association for Advancement of Behavior Therapy, Atlanta.
- Forsyth, J. P., Schauss, S. L., & Eifert, G. H. (1993, March). Bridging theories in psychology: Epistemological considerations regarding a paradigmatic solution. In G. H. Eifert (Chair), *A paradigmatic behavioral bridge from infrahuman to human behavior: Theory, applications, and epistemological considerations*. Symposium conducted at the 19th annual meeting of the Association for Behavior Analysis, Chicago.
- Eifert, G. H., Schauss, S. L., & Forsyth, J. P. (1993, March). Developing integrative paradigms in behavior therapy. In G. H. Eifert (Chair), *A paradigmatic behavioral bridge from infrahuman to human behavior: Theory, applications, and epistemological considerations*. Symposium conducted at the 19th annual meeting of the Association for Behavior Analysis, Chicago.
- Scotti, J. R., Forsyth, J. P., Beach, B. K., Northrop, L. M. E., & Thompson, J. (1993, March). Paradigmatic behavioral framework model for combat-related post-traumatic stress disorder. In G. H. Eifert (Chair), *A paradigmatic behavioral bridge from infrahuman to human behavior: Theory, applications, and epistemological considerations*. Symposium conducted at the 19th annual meeting of the Association for Behavior Analysis, Chicago.

1992

- Eifert, G. H., Forsyth, J. P., & Schauss, S. L. (1992, November). Unifying the field: Developing integrative paradigms in behavior therapy. In G. H. Eifert and J. J. Plaud (Co-Chairs), *The contributions of the behaviorisms to the development and advancement of behavior therapy*. Symposium conducted at the 26th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

1991

- Penk, W. E., Litz, B. T., Walsh, S., Hyer, L., Forsyth, J. P., & Handler, L. (1991, August). Validity indicators on the MMPI and MMPI-2 in combat-related post-traumatic stress disorder. In B. T. Litz & W. E. Penk (Chairs), *Advances in the psychometric assessment of combat-related PTSD*. Symposium conducted at the meeting of the American Psychological Association, San Francisco.

PANEL DISCUSSIONS

2015

- Morrison, K. L. (Moderator) (November, 2015). *Addressing common clinical issues using Acceptance and Commitment Therapy*. Panelists: L. Coyne, J. P. Forsyth, S. Hayes, J. D. Herbert, & M. P. Twohig. Panel conducted at the 49th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

2011

- *Russo, A. R., & *Herzberg, K. N. (Co-Moderators) (November, 2011). *Dissemination of CBTs to the public on a shoestring budget: Old problem, new solutions?* Panelists: J. P. Forsyth, J. D. Herbert,

S. G. Hofmann, J. Luoma, M. McKay, & H. B. Robb. Panel conducted at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, ON, Canada.

- *Herzberg, K. N., & Forsyth, J. P. (Co-Moderators) (November, 2011). *When speaking to our clients more directly isn't working: Using stories, metaphors, paradox, and analogies to increase the clinical impact of newer and more traditional CBTs*. Panelists: J. P. Forsyth, J. Arch, S. H. Hayes, S. M. Orsillo, M. W. Otto, D. D. Tirsch, & R. D. Walser. Panel conducted at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, ON, Canada.
- Ciarrochi, J. (Moderator) (October, 2011). *ACT in relation to traditional CBT*. Panel presented at the 5th annual meeting of the Australia and New Zealand conference of Acceptance and Commitment Therapy, Brisbane, Australia.

2010

- Reimers, T. (Moderator) (2010, September). *Advising and mentoring graduate students*. Panel conducted as part of the "Tenure Trek" series for junior faculty, sponsored by the Provost Office, University at Albany, SUNY, Albany, NY.

2009

- *Moses, E. B. (Moderator) (2009, November). *Reflections on CBT and ACT: Outcomes, processes, and mechanisms of change*. Panelists: S. C. Hayes, S. C. Hoffman, J. P. Forsyth, L.-G. Ost, & J. Arch. Panel presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- *Sheppard, S. C., & Forsyth, J. P. (Moderators) (2009, November). *Alternative treatment delivery systems: New frontiers in training, dissemination, and intervention*. Panelists: J. Anestis, J. Kaplan, J. D. Herbert, G. A. Gahm, & A. N. Pearson. Panel presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Cardaciotto, L., & Block-Lerner, J. (Moderators) (2009, November). *Mindfulness: A universal intervention in the treatment of anxiety disorders*. Panelists: S. V. Batten, J. P. Forsyth, C. Molnar, & L. Roemer. Clinical round table presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

2007

- Santanello, A. P. (Moderator) (2007, November). *Recent innovations in behavior therapy for anger-related problems in living*. Panelists: A. P. Santanello, R. DiGiuseppe, G. H. Eifert, J. P. Forsyth, F. L. Gardner, & H. Kassonov. Panel discussion presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

2005

- Spiegler, M. D. (Moderator). (2005, November). *The changing face of behavior therapy: Is behavior therapy having an identity crisis*. Panel discussion presented at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC. Panelists: M. J. Spiegler, M. R. Goldfried, J. P. Forsyth, R. J. Kohlenberg, M. M. Linehan.
- *Barrios, V., & Blackmore, M. A. (Moderators). (2005, November). *At the frontier of unified treatments for anxiety disorders: A fresh look at CBT and ACT*. Panel discussion presented at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC. Panelists: V. Barrios, M. A. Blackmore, D. H. Barlow, M. G. Craske, G. H. Eifert, J. P. Forsyth, S. C. Hayes, S. G. Hofmann.

2002

- *Block, J. (Chair) (2002, May). *Clinical roundtable - SUNY Albany*. Clinical roundtable and panel

discussion conducted at the 28th annual meeting of the Association for Behavior Analysis, Toronto, CA. Panelists: E. Wulfert and J. P. Forsyth, University at Albany, SUNY; S. C. Hayes, University of Nevada, and R. F. Sonntag, Private Practice.

Forsyth, J. P. (Moderator) (2002, November). *Improving clinical outcomes, improving clinical science: Next step strategies for translational research in behavior therapy*. Panel presented at the 35th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV. Panelists: J. P. Forsyth, University at Albany, SUNY; M. J. Zvolensky and M. Feldner, The University of Vermont; R. T. Dolan-Sewell, National Institute of Mental Health; J. Persons, Center for Cognitive Therapy; A. M. Kring and A. Y. Mikami, University of California, Berkeley; G. H. Eifert, Chapman University; and S. C. Hayes, University of Nevada.

2000

Forsyth, J. P., & *Karekla, M. (Moderators) (2000, November). *Values, goals, and standards, oh my!: Student-faculty perspectives on graduate-training in behavior therapy*. Panel conducted at the 34th annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA. Panelists: J. P. Forsyth, *M. Karekla, and *J. Lundgren, University at Albany, SUNY; I. Evans, and M. Connelly, University of Waikato; J. Persons, Center for Cognitive Therapy; G. T. Wilson, Rutgers University; S. C. Hayes and J. Gregg, University of Nevada; M. Addis and C. Hatgis, Clark University; and D. W. McNeil, West Virginia University.

Follette, W. C., & Brunswig, K. A. (Moderators) (2000, November). *Implications for a nosological distinction among anxiety and depression for psychotherapy outcome research*. Panel conducted at the 34th annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA. Panelists: M. Addis, Clark University; R. Blashfield, Auburn University; J. P. Forsyth, University at Albany, SUNY; R. Heimberg, Temple University, W. C. Follette, & K. A. Brunswig, University of Nevada-Reno.

Feldman, D. (Moderator) (2000, November). *Radical behaviorism and cognitive neuroscience: A friendly debate of rival theoretical frameworks for the science and practice of clinical psychology*. Panel conducted at the 34th annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA. Panelists: D. Feldman, University of Kansas; J. P. Forsyth, University at Albany-SUNY; S. Iliardi, University of Kansas; J. Plaud, Cambridge Center for Behavioral Studies and Brown University; and W. Tryon, Fordham University.

CONFERENCE PAPER PRESENTATIONS

2015

*LaMountain, G., *Ritzert, T. R., & **Forsyth, J. P.** (2015, November). *How Facebook affects our lives*. Poster presented at the 49th annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.

*Hartman, M., *Ritzert, T. R., *Artschwager, T., *Appel, B., *Gobin, N., & **Forsyth, J. P.** (2015, November). *Reducing Mental Health Stigma: An experimental evaluation of a loving kindness meditation*. Poster presented at the 49th annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.

*Anderson, L., *Ritzert, T. R., *Reilly, E. E., *Dmochowski, S., **Forsyth, J. P.**, & Anderson, D. (2015, November). *An implicit measure of pro-thin and anti-fat attitudes toward the self among healthy undergraduate students*. Poster presented at the 49th annual Convention of the Association of Behavioral and Cognitive Therapies, Chicago, IL.

2014

- *Ritzert, T. R., *Berghoff, C. R., *Fitzgerald, P., & **Forsyth, J. P.** (2014, November). *The relative contributions of disgust and ACT processes to fear of spiders*. Poster presented at the 48th annual Convention of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Ritzert, T. R., *Berghoff, C. R., & **Forsyth, J. P.** (2014, November). *Defusing from phobic thoughts of spiders: An experimental comparison of defusion and distraction using explicit and implicit assessment*. Poster presented at the 48th annual Convention of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Berghoff, C. R., *Ritzert, T. R., & **Forsyth, J. P.** (2014, November). *Moderators and outcomes in daily life as assessed in a non-clinical sample*. Poster presented at the 48th annual Convention of the Association of Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Ritzert, T. R., *Berghoff, C. R., *Reynolds, C., & **Forsyth, J. P.** (2014, June). *The effect of cognitive defusion on behavioral and psychological flexibility*. Poster presented at the Association for Contextual Behavioral Science World Conference XII, Minneapolis, MN.
- *Berghoff, C. R., *Ritzert, T. R., & **Forsyth, J. P.** (2014, June). *Improving daily life through mindfulness: Moderators of the daily relation between mindfulness meditation and value-guided living*. Poster presented at the Association for Contextual Behavioral Science World Conference XII, Minneapolis, MN.

2013

- *Sheppard, S. C., Forsyth, J. P., Earleywine, M., Hickling, E. J., & Lehrbach, M. P. (April, 2013). *Improving base rate estimation of alcohol misuse in the military*. Paper presented at the Madigan Army Medical Center Research Day, Joint Base Lewis McChord, WA.
- Berghoff, C. R., Ritzert, T. R., Petrone, E., & Forsyth, J. P. (November, 2013). *Evaluating the impact of experiential avoidance and cognitive fusion in daily life using experience sampling and time lagged analyses in a non-clinical sample*. Paper to be presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Memphis, TN.
- Ritzert, T. R., Berghoff, C. R., Reynolds, C., & Forsyth, J. P. (November, 2013). *Making sense of values in ACT: An experimental evaluation of the values clarification process and its relation to distress domains, ACT processes, and quality of life*. Paper to be presented at the 47th annual meeting of the Association for Behavioral and Cognitive Therapies, Memphis, TN.

2012

- Kelly, M. M., Gorospe, C., Biswas, E., Forsyth, J. P., Ziedonis, D., Kalman, D., & Cooney, J. (March, 2012). *A pilot study of a modified Acceptance and Commitment Therapy smoking cessation treatment for veterans with PTSD*. Paper presented at the annual meeting of the Society for Research on Nicotine and Tobacco.
- *Delprino, A., *Berghoff, C. R., *Raffaele, C., & Forsyth, J. P. (November, 2012). *A path analysis comparing the impact of CBT and ACT processes on quality of life*. Paper presented at the 46th annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- *Raffaele, C., Donati, M., *Berghoff, C. R., *Delprino, A., & Forsyth, J. P. (November, 2012). *Visually enhancing a multimedia-based ACT online treatment program*. Paper presented at the 46th annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- *Russo, A. R., Forsyth, J. P., *Berghoff, C. R., Donati, M., *Petrone, K., *Cox, S., & *Callahan, S. (November, 2012). *Multiple mediation analyses clarify mechanisms of change between ACT and*

CBT when delivered in a self-help context. Paper presented at the 46th annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

2011

- *Herzberg, K. N., *Berghoff, C. R., Forsyth, J. P., *Russo, A. R., & *Sheppard, S. C. (November, 2011). *Acceptance and mindfulness based processes mediate the relation between anxiety sensitivity and quality of life: A multiple mediation analysis.* Paper presented at the 45th annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.
- *Russo, A. R., Forsyth, J. P., *Sheppard, S. C., *Berghoff, C. R., *Herzberg, K. N., & *Orayfig, A. (November, 2011). *ACT and CBT alleviate anxious suffering in a self-help context, but how?: Using multiple mediation analyses to clarify unique and shared processes linked with good outcomes.* Paper presented at the 45th annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.
- *Sheppard, S. C., Forsyth, J. P., *Van Dam, N., Earleywine, M., *Russo, A. R., *Herzberg, K. N., & *Berghoff, C. R. (November, 2011). *Which is the most important mediator? Relative contributions of mindfulness and self-compassion in accounting for treatment outcomes.* Paper presented at the 45th annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.
- *Berghoff, C. R., *Herzberg, K. N., *Delprino, A., & Forsyth, J. P. (November, 2011). *ACT processes more fully account for quality of life than anxious symptomatology.* Paper presented at the 45th annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.

2010

- *Sheppard, S.C., Forsyth, J.P., *Russo, A.R., & *Herzberg, K.N. (November, 2010). *The effectiveness of unguided self-help for PTSD: A randomized clinical trial evaluating outcomes and mechanisms of action.* Paper presented at the 26th annual meeting of the International Society of Traumatic Stress Studies, Montreal, Canada.
- *Sheppard, S.C., Forsyth, J.P., Hickling, E.J., & Earleywine, M.E. (November, 2010). *A novel approach to assessing base rates of PTSD in returning combat service members: The unmatched count technique.* Paper presented at the 26th annual meeting of the International Society of Traumatic Stress Studies, Montreal, Canada.
- *Sheppard, S.C., Forsyth, J.P., *Berghoff, C. & *Russo, A.R. (November, 2010). *Reaching clinically anxious individuals who do not seek traditional mental health services: processes and outcomes from an ACT effectiveness trial.* Paper presented at the 44th annual meeting of the Association for Behavior and Cognitive Therapies, San Francisco, CA.
- *Farmer, S., Forsyth, J.P. & *Sheppard, S.C. (2010). *Evaluating a self-help workbook for mixed anxiety and depression: An ACT effectiveness trial assessing process and outcome measures.* Paper presented at the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- *Russo, A.R., Forsyth, J.P., *Sheppard, S.C., *Berghoff, C.R., *Orayfig, A., & *Raffaele, C. (2010, November). *Common and unique processes in the alleviation of anxious suffering: A comparative trial evaluating the effectiveness of an ACT and traditional CBT self-help workbook.* Paper presented at the 44th annual meeting of the Association for Behavior and Cognitive Therapies (ABCT), San Francisco, CA.
- *Russo, A.R., Forsyth, J.P., *Sheppard, S.C., *Berghoff, C.R., *Clark, P., & *Posey, J. (2010, November). *ACT and CBT in a pure self-help context: A comparative trial evaluating two self-help workbooks on depression, anxiety, and quality of life in an international sample.* Paper presented at the 44th annual meeting of the Association for Behavior and Cognitive Therapies (ABCT), San Francisco, CA.

- *Russo, A. R., Forsyth, J. P., *Sheppard, S. C., *Berghoff, C. R., *Clark, P., & *Posey, J. (2010, June). *The utility of ACT sans a therapist: An RCT evaluating ACT and traditional CBT self-help workbooks in an international sample of persons with anxiety disorders*. Paper presented at the 8th annual world congress of the Association for Contextual Behavioral Science (ACBS), Reno, Nevada.
- *Russo, A. R., Forsyth, J. P., *Sheppard, S. C., *Berghoff, C. R., *Orayfig, A., & *Raffaele, C. (2010, June). *Attending to process variables matters, even within a self-help context: A fresh look at the role of ACT and CBT processes in the alleviation of anxious suffering*. Paper presented at the 8th annual world congress of the Association for Contextual Behavioral Science (ACBS), Reno, Nevada.

2009

- *Herzberg, K. N., *Sheppard, S. C., & Forsyth, J. P. (2009, November). *The believability of anxious thoughts and feelings questionnaire: Validation in a clinical community sample*. Paper presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- * Valdivia-Salas, S., Forsyth, J. P., *Moses, E., *Raffaele, C., *Maijkut, K., & *Larina, T. (2009, November). *Fear learning and the emergence and maintenance of attentional bias for threat: Integrating common processes in anxious suffering*. Paper presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- *Russo, A. R., Forsyth, J. P., *Sheppard, S. C., & *Promutico, R. (2009, November). *Evaluating the effectiveness of two self-help workbooks in the alleviation of anxious suffering: What processes are unique to ACT and CBT?* Paper presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- *Sheppard, S. C., Forsyth, J. P., *Acosta, A., *Herzberg, K. N., & *Russo, A. R. (2009, November). *The effectiveness of unguided self-help for PTSD: A randomized clinical trial evaluating ACT process, outcomes, and clinically meaningful change*. Paper presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- *Sheppard, S. C., *Larina, T., *Herzberg, K. N., & Forsyth, J. P. (2009, November). *Pharmacotherapy, psychotherapy, and unguided self-help: A clinical trial exploring mechanisms of action and outcomes using ACT in the treatment of anxiety disorders*. Paper presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- *Curcuro, G., *Promutico, R., *Sheppard, S. C., *Farmer, S., *Herzberg, K. N., Forsyth, J. P., & Raffaele, C. (2009, November). *Evaluating the effectiveness of an unguided self-help ACT protocol in the treatment of panic disorder: The search for clinically significant change*. Paper presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- *Herzberg, K. N., Forsyth, J. P., & *Sheppard, S. C. (2009, November). *The role of acceptance-based processes in the development of nonclinical panic: Evaluating the contribution of risk and protective factors for panic pathology*. Paper presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- *Farmer, S., *Geleta, L., *Sheppard, S. C., *Curcuro, G., Forsyth, J. P., & *Maijkut, K. (2009, November). *Alternative treatment delivery systems: A randomized clinical trial evaluating the effectiveness of ACT in the treatment of GAD*. Paper presented at the 43rd annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

2008

- *Herzberg, K. N., *Sheppard, S. C., Forsyth, J. P., & Eifert, G. H. (2008, November). *Cognitive fusion as a moderator of the association between trait anxiety and experiential avoidance*. Paper presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- *Acheson, D. T., *Moses, E., & Forsyth, J. P. (2008, November). *An experimental evaluation of the*

interoceptive conditioning model of panic disorder II: The role of CS – US predictability. Paper presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

- *Sheppard, S. C., Forsyth, J. P., Hickling, E. J., *Herzberg, K. N., & *Bianchi, J. (2008, November). *Evaluating the effectiveness of a half-day ACT workshop: Improving quality of life in adults with multiple sclerosis.* Paper presented at the 42nd annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

2007

- *Barrios, V., *Herzberg, K. N., & Forsyth, J. P. (2007, November). *Maladaptive emotion regulatory strategies and their relation with negative emotional states and events: Is experiential avoidance a toxic predisposition for anxiety-related problems?* Paper presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Herzberg, K. N., Forsyth, J. P., *Dispenza, F., *Barrios, V., *Capron, D. W., & *Kagan, D. C. (2007, November). *The Experiential Avoidance Task: A preliminary report of a new behavioral measure of experiential avoidance and its convergent validity with indices of anxiety-related distress.* Paper presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- * Kelly, M. M., & Forsyth, J. P. (2007, November). Emotional avoidance as a predictor of physiological and panic responses to an observational fear challenge procedure. Paper presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Herzberg, K. N., Forsyth, J. P., *Dispenza, F., & *Acheson, D. T. (2007, November). *Toward the development of a behavioral measure of experiential avoidance: The Experiential Avoidance Task (EAT) and distress intolerance.* Paper presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

2006

- Bovin, M. J., Pontoski, K., Marx, B. P., Sloan, D. M., & Forsyth, J. P. (2006, November). *Tonic immobility: Unique reaction to sexual trauma or potential reaction to other types of trauma?* Paper presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- *Kelly, M. M., & Forsyth, J. P. (2006, November). *Emotional avoidance and reactions to an observational fear challenge procedure: The mediating role of anxiety sensitivity.* Paper presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- *Moses, E. B., *Acheson, D. T., & Forsyth, J. P. (2006, November). *Does anxiety sensitivity mediate the relation between experiential avoidance and acute panicogenic distress?: An experimental evaluation.* Paper presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- *Acheson, D. T., *Moses, E. B., & Forsyth, J. P. (2006, November). *Clarifying the relation between emotional avoidance and panic severity: The mediating role of anxiety sensitivity in a sample of nonclinical panickeers.* Paper presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

2005

- Castro, F., Heidt, J., Marx, B., & Forsyth, J. P. (2005, November). *Peritraumatic dissociation, rape acknowledgment and tonic immobility in women with a history of sex.* Paper presented at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- *Fuse, T., Forsyth, J. P., & Gallup, G. G. (2005, November). *Psychophysiological responses to sexual*

assault related imagery in sexual assault survivors with and without a history of tonic immobility. Paper presented at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

- *Barrios, V., *Discalfani, J., *Allen, C., *Laughlin, K., *Dispenza, F., & Forsyth, J. P. (2005, November). *Experiential avoidance as a mediator of the effects of psychological risk factors on panicogenic responding: An experimental evaluation.* Paper presented at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- *Finlay, C. G., & Forsyth, J. P. (2005, November). *Effects of anxiety-related psychological factors on context-dependent fear return.* Paper presented at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- *Kelly, M. M., & Forsyth, J. P. (2005, November). *Predictors of self-reported fear to an observational fear conditioning procedure: An investigation of the influence of the model's perceived fear reaction.* Paper presented at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- *Laughlin, K., *Barrios, V., *Discalfani, J., *Dispenza, F., *Kawohl, A., & Forsyth, J. P. (2005, November). *Does experiential avoidance mediate the effects of emotion focused coping and inhibition in relation to anxiety-related concerns?: Implications for understanding risk for anxiety disorders.* Paper presented at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- *Acheson, D., & Forsyth, J. P. (2005, November). *Interoceptive fear conditioning in panic disorder: An experimental demonstration using 20% CO₂-enriched air in a healthy human sample.* Paper presented at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- *Dispenza, F., Acheson, D. T., Forsyth, J. P., & *Laughlin, K. (2005, November). *An evaluation of the incremental specificity of liberal, conservative, and DSM-IV definitions of panic attacks in non-clinical samples.* Paper presented at the 39th annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- *Prenoveau, J. M., Forsyth, J. P., *Kelly, M. M., & *Barrios, V. (2005, May). *Risk of developing panic attacks not potentiated by exposure to CO₂ challenge.* Paper presented at the 17th annual meeting of the American Psychological Society, Los Angeles, CA.

2004

- *Fuse, T. M. K., & Forsyth, J. P. (2004, November). *Tonic immobility and psychopathology in sexual assault survivors.* Paper presented at the 20th annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.
- *Acheson, D., Forsyth, J. P., *Barrios, V., & *Prenoveau, J. (2004, November). *Definitional specificity of nonclinical panic attacks: A comparative evaluation of liberal, conservative, and DSM-IV definitions.* Paper presented at the 38^h annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- *Prenoveau, J., Forsyth, J. P., Bouton, M. E., *Acheson, D., & *Barrios, V. (2004, November). *Interoceptive fear conditioning as a model of panic disorder: An experimental evaluation.* Paper presented at the 38^h annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- *Finlay, C., & Forsyth, J. P. (2004, November). *Context and return of conditioned fear established with 20% CO₂-enriched air as an unconditioned stimulus.* Paper presented at the 38^h annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- *Kelly, M., & Forsyth, J. P. (2004, November). *Sex differences and observational fear conditioning: An evaluation of the influence of gender role orientation on the development of fear.* Paper presented at the 38^h annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

2003

- *Finlay, C. G., & Forsyth, J. P. (2003, November). *Effects of perceived control over repeated exposure to 20% carbon dioxide-enriched gas in an undergraduate sample*. Paper presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- *Finlay, C. G., & Forsyth, J. P. (2003, November). *Testing relations amongst anxiety sensitivity, body vigilance, and emotional avoidance: A replication and extension*. Paper presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- *Kelly, M. M., Forsyth, J. P., & *Galka, J. (2003, November). *Evaluative conditioning versus fear conditioning in relation to the development of attentional bias for threat on a modified Stroop task*. Paper presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- *Kelly, M. M., *Karekla, M., *Fuse, T., & Forsyth, J. P. (2003, November). *Predictors of DSM-IV panic symptoms following a biological challenge procedure*. Paper presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- *Fuse, T., *Karekla, M., *Kelly, M., & Forsyth, J. P. (2003, November). *A confirmatory factor analysis and the identification of subscales of the Quality of Life Inventory (QOLI)*. Paper presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Heidt, J., Marx, B. P., & Forsyth, J. P. (2003, November). *Rape-induced paralysis in childhood: Clinical and nonclinical samples with a history of child sexual assault*. Paper presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- *Karekla, M., Forsyth, J. P., *Kelly, M. M., & *Jackson, T. K. (2003). *Experiential avoidance in response to a biological challenge*. Paper presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- *Karekla, M., *Fuse, T., Forsyth, J. P., *DeGraw, J., & *Cole, R. (2003, November). *An exploratory factor analysis of the Quality of Life Inventory: Is it a multidimensional or a global index of quality of life?* Paper presented at the 37th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Hayes, S. C., Strosahl, K., Wilson, K. G., Bissett, R. T., Pistorello, J., Toarmino, D., Polusny, M. A., Dykstra, T. A., Batten, S. V., Stewart, S. H., Zvolensky, M. J., Eifert, G. H., Bond, F. W., Forsyth, J. P., *Karekla, M., & McCurry, S. M. (2003, August). *Measuring experiential avoidance*. Paper presented at the World Congress on ACT, REF, and the New Behavioral Psychology. Linköping, Sweden.
- Smyth, S., Barnes-Holmes, D., Forsyth, J. P., Barnes-Holmes, Y., Whelan, R., & Walsh, D. (2003, August). *The derived transfer for arousal functions in spider-fearful and non-spider fearful participants using a respondent-type training procedure*. Paper presented at the World Congress on ACT, REF, and the New Behavioral Psychology. Linköping, Sweden.

2002

- *Sabsevitz, J., & Forsyth, J. P. (2002, May). *Does noncontingent feedback enhance the efficacy of one-session exposure therapy for snake-fearful persons?: A preliminary report*. Paper presented at the 28th annual meeting of the Association for Behavior Analysis, Toronto, CA.
- *Karekla, M., & Forsyth, J. P. (2002, May). *The role of controllability parameters and aversive learning in the development and maintenance of anxiety disorders*. Paper presented at the 28th annual meeting of the Association for Behavior Analysis, Toronto, CA.
- *Karekla, M. & Forsyth, J. P. (2002, August). *Definition of non-clinical panic attacks and their relation to psychological risk-factors*. Paper presented at the annual meeting of the American Psychological

Association, Chicago, IL.

- *Finlay, C. G., & Forsyth, J. P. (2002, November). *Do threat-based attentional biases transfer via equivalence relations following fear conditioning?* Paper presented at the 36th annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- *Finlay, C. G., & Forsyth, J. P. (2002, November). *The effect of nonassociative learning processes on the relation between fear learning and threat-based attentional bias.* Paper presented at the 36th annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- *Karekla, M., & Forsyth, J. P. (2002, November). *Analogue subtypes of panic attacks and their relation to fear conditioning and attentional bias for threat.* Paper presented at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- *Karekla, M., & Forsyth, J. P. (2002, November). *Clinical vs. non-clinical panic attacks and their relation to psychological risk-factors known to covary with panic disorder.* Paper presented at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- *Fusé, T. M., Forsyth, J. P., Marx, B., *Karekla, M., & Gallup, G. G. Jr. (2002, November). *Tonic immobility in sexual assault survivors: Prevalence, impact, and psychological correlates.* Paper presented at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- *Fusé, T. M., Forsyth, J. P., Marx, B., *Karekla, M., & Gallup, G. G. Jr. (2002, November). *Convergent validity and the identification of subscales of the Tonic Immobility Scale (TIS).* Paper presented at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- *Kelly, M. M., & Forsyth, J. P. (2002, November). *The role of the observational conditioning of fear in the development of attentional bias for threat on a modified Stroop task.* Paper presented at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- *Kelly, M. M., Forsyth, J. P., & *Byrne, B. (2002, November). *Predictors of willingness to engage in a biological challenge procedure after participation in an observational fear learning paradigm.* Paper presented at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- *Karekla, M., *Fusé, T. M., Forsyth, J. P., *Jackson, T., & *Kelly, M. M. (2002, November). *An evaluation of the pathoplastic model of cigarette smoking and marijuana use in relation to challenge induced panic.* Paper presented at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- *Sabsevitz, J., & Forsyth, J. P. (2002, November). *The efficacy of one-session exposure treatment for snake fearful individuals as a function of positive and negative biofeedback.* Paper presented at the 36th annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

2001

- *Finlay, C. G., & Forsyth, J. P. (2001, May). *Maximizing effectiveness of respondent conditioning protocols in humans: Time-based vs. response-based intertrial intervals.* Paper presented at the 27th annual meeting of the Association for Behavior Analysis, New Orleans, LA.
- *Karekla, M., *Lundgren, J., & Forsyth, J. P. (2001, July). *A National survey of graduate training in empirically supported and manualized treatments: Are we doing enough?* Paper presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia.
- *Kelly, M. M., *Sabsevitz, J., *Karekla, M., & Forsyth, J. P. (2001, July). *Women overreact, myth or fact?: Gender differences in response to biological challenge procedures with implications for the assessment of anxiety disorders.* Paper presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia.
- *Karekla, M., *Kelly, M. M., *Sabsevitz, J., & Forsyth, J. P. (2001, July). *Repeated exposure to high dose carbon dioxide challenge and acute risk for developing panic attacks: A controlled 6-month follow-up in a non-clinical sample.* Paper presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia.

- *Finlay, C. G., & Forsyth, J. P. (2001, November). *Does state and trait anxiety moderate attentional bias for threat following verbal fear conditioning?* Paper presented at the 35th annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- *Karekla, M., & Forsyth, J. P. (2001, November). *Perceived control vs. uncontrollability in relation to fear conditioning and attentional bias for threat: A preliminary report.* Paper presented at the 35th annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- *Sabsevitz, J. C., *Kelly, M. M., *Karekla, M., & Forsyth, J. P. (2001, November). *Individual differences in color naming latency for neutral and conditioned threat words on a modified Stroop task.* Paper presented at the 35th annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- *Kelly, M. M., *Sabsevitz, J. C., *Karekla, M., & Forsyth, J. P. (2001, November). *Does verbal awareness of the contingency matter in producing fear conditioning and conditioning-induced attentional bias for threat?* Paper presented at the 35th annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- *Kelly, M. M., Forsyth, J. P., *Karekla, M., *Gonzalez, C., & *Sabsevitz, J. C. (2001, November). *Repeated exposure to high dose carbon dioxide challenge and acute risk for developing panic attacks: A controlled 6 and 12-month follow-up in a non-clinical sample.* Paper presented at the 35th annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

2000

- *Limbird, C. K., *Karekla, M., *Finlay, C. G., & Forsyth, J. P. (2000, May). *Are delayed tacts on the Stroop "cognitive" task a reflection of information processing bias or learning history?* Paper presented at the 26th annual meeting of the Association for Behavior Analysis, Washington, DC.
- *Karekla, M., *Finlay, C. G., *Limbird, C., *Hutchison, K., & Forsyth, J. P. (2000, November). *Increasing the complexity of differential fear conditioning and its effects on threat-biased processing: Unearthing the causes of Stroop interference.* Paper presented at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- *Karekla, M., *Finlay, C. G., *Limbird, C., *Hutchison, K., & Forsyth, J. P. (2000, November). *Effects of differential fear conditioning on threat-biased processing.* Paper presented at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- *Limbird, C. K., *Finlay, C. G., *Karekla, M., *Taeyoung, H., & Forsyth, J. P. (2000, November). *Autonomic and subjective responding as mediators of threat-biased processing within a panicogenic fear conditioning paradigm.* Paper presented at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- *Karekla, M., *Nurge, E., *Taeyoung, H., Zvolensky, M. J., & Forsyth, J. P. (2000, November). *Relations among predictability, controllability, and avoidance of anxiety-related aversive events in a non-clinical sample.* Paper presented at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- *Karekla, M., *Nurge, E., *Spano, A., *Gabrione, D., & Forsyth, J. P. (2000, November). *Relations among anxiety-relevant individual difference factors, sex, and quality of life in infrequent panickers and normals.* Paper presented at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- *Cherian, A., & Forsyth, J. P. (2000, November). *Differential autonomic and evaluative conditioning of disgust and its effects on cognitive processing: A preliminary report.* Paper presented at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- *Finlay, C. G., *Karekla, M., *Limbird, C. K., & Forsyth, J. P. (2000, November). *Investigating the role of anxiety sensitivity on threat-based emotional Stroop performance following fear conditioning.* Paper presented at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

1999

- Murray, L. E., *Canna, M. A., Forsyth, J. P., & Frye, C. A. (1999, April). *Effects on salivary cortisol from CO₂ stress in relation to sex differences*. Poster presented at the Under/Graduate Research Organization for Neuroscience (N.E.U.R.O.N.), Hartford, CT.
- *Canna, M. A., Forsyth, J. P., Chorpita, B. F., & *Cherian, A. (1999, November). *Psychophysiological effects of attempting to suppress, amplify, or just notice panicogenic responses induced by 20% CO₂-enriched air*. Paper presented at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.
- *Canna, M. A., Forsyth, J. P., & Parker, J. (1999, November). *Predictors of drug of choice in individuals seeking treatment for substance abuse*. Paper presented at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.
- *Canna, M. A., Forsyth, J. P., *Silver, S., *Cherian, A., & *McRay, L. (1999, November). *Assessment of psychological factors that discriminate between sub-clinical panickers and normals*. Paper presented at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.
- Eifert, G. H., Zvolensky, M. J., Lejuez, C. W., Hopko, D. W., & Forsyth, J. P. (1999, November). *Assessing the predictability of anxiety-related events: The prediction questionnaire*. Paper presented at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.
- Forsyth, J. P., *Honig, E., *Hutchinson, K., Neill, T. W., & *Wender, S. (1999, November). *Can language fear conditioning produce threat-biased processing on a modified Stroop task?: A preliminary report*. Paper presented at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.
- Lejuez, C. W., & Forsyth, J. P. (1999, November). *Anxiogenic effects of repeated administrations of 20% CO₂-enriched air: Stability within sessions, habituation across time*. Paper presented at the 33rd annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.

1998

- Zvolensky, M. J., Lejuez, C. W., Eifert, G. H., Hopko, D., & Forsyth, J. P. (1998, March). *Prediction questionnaire: Assessment of the onset, duration, and offset of aversive stimuli*. Paper presented at the annual meeting of the Anxiety Disorders Association of America, Boston, MA.
- Kollins, S. H., Forsyth, J. P., *Duff, K., *Palav, A., & Maher, S. (1998, May). *Has behavior therapy drifted from its experimental roots?: A survey of publication trends in the journal Behavior Therapy*. Paper presented at the 24th annual meeting of the Association for Behavior Analysis, Orlando, FL.
- *Palav, A., Forsyth, J. P., Kollins, S., *Duff, K., *Maher, S., *Wender, S., & *Honig, E. (1998, November). *Where have all the single-subject designs gone in behavior therapy?: A survey of publication trends in mainstream behavioral journals*. Paper presented at the 32nd annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- *Honig, E., *Duff, K., Forsyth, J. P., & *Wender, S. (1998, November). *Poor vs. good electrodermal habituation: Its relation to CO₂-induced autonomic conditioning and anxiety-related complaints*. Paper presented at the 32nd annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- *Wender, S., Forsyth, J. P., *Palav, A., *Honig, E., & *Duff, K. (1998, November). *The many faces of Pan: Evoking analogue types of panic (pure, cognitive, and nonclinical) via CO₂-enriched air and their relation to fear conditioning*. Paper presented at the 32nd annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Zvolensky, M. J., Eifert, G. H., Lejuez, C. W., Forsyth, J. P., Hopko, D., & Churches, C. (1998, November). *Prediction of aversive environmental and bodily events: A new measure*. Paper presented at the 32nd annual meeting of the Association for Advancement of Behavior Therapy,

Washington, DC.

1997

- Forsyth, J. P., Breus, M., Parker, J., & Fitterling, J. (1997, November). *Interoceptive sensitivity, bodily fears, and their relation to control and experiential avoidance in a residential substance abuse population*. Paper presented at the 31st annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Forsyth, J. P., Lejuez, C. W., *Duff, K., & *Palav, A. (1997, November). *Psychophysiological effects of repeated administrations of 20% vs. 13% CO₂-enriched air: A case for sensitization, not habituation*. Paper presented at the 31st annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Forsyth, J. P., & McNeil, D. W. (1997, November). *Mastery of anxiety and worry: A multimodal case study of GAD with 4 and 6-month follow-up*. Paper presented at the 31st annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Forsyth, J. P., Lejuez, C. W., & Booth, D. (1997, November). *The absence of relation between anxiety sensitivity and fear conditioning using 20% vs. 13% CO₂-enriched air as UCSs*. Paper presented at the 31st annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Forsyth, J. P., Daleiden, E., & Chorpita, B. F. (1997, November). *What predicts fear acquisition?: Exploring stimulus vs. response intensity*. Paper presented at the 31st annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Lejuez, C. W., Forsyth, J. P., Zvolensky, M. J., Heffner, M. P., & Eifert, G. H. (1997, May). *Two devices for administering carbon-dioxide enriched air*. Paper presented at the 23rd annual meeting of the Association for Behavior Analysis, Chicago, IL.
- Knight, J. A., Forsyth, J. P., Rierdan, J., & Meschede, T. (1997, November). *Impact of rural vs. urban setting on trauma-relevant measurements*. Paper presented at the 13th annual meeting of the International Society for Traumatic Stress Studies, Montreal, Quebec, Canada.
- Lejuez, C. W., Booth, D. E., Forsyth, J. P., & Eifert, G. H. (1997, May). *A procedure for using carbon-dioxide enriched air as an aversive stimulus: An alternative to shock*. Paper presented at the 23rd annual meeting of the Association for Behavior Analysis, Chicago, IL.

1996

- Gorham, J., Cohen, S. L., Morris, T. L., Myers, R., & Forsyth, J. P. (1996, April). *Fashion in the classroom II: Instructor immediacy and attire*. Paper presented at the annual meeting of the Eastern Communication Association, New York.

1995

- Forsyth, J. P., & Eifert, G. H. (1995, November). *Abrupt and systemic bodily events in traumatic fear conditioning: A methodology and evidence using 20% CO₂ inhalation*. Paper presented at the 29th annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC (Disaster and Trauma Special Interest Group Paper Exposition).
- Forsyth, J. P., & Eifert, G. H. (1995, November). *A methodology for studying the role of abrupt systemic responses in the selective conditioning of phobic fears using CO₂ inhalation*. Paper presented at the 29th annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Forsyth, J. P., Eifert, G. H., & Thompson, R. N. (1995, November). *Selective fear conditioning to*

internal and external stimuli differing in fear-relevance using 20% CO2 inhalation. Paper presented at the 29th annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

Thompson, R. N., Forsyth, J. P., & Eifert, G. H. (1995, April). *Correlates of cardiophobic and generalized illness fears in a college student population.* Paper presented at the 15th annual meeting of the Anxiety Disorders Association of America, Pittsburgh, PA.

1994

Thompson, R. N., Davig, J. P., Forsyth, J. P., & Eifert, G. H. (1994, November). *Prevalence and significance of cardiophobic and generalized illness fears as a function of parental medical history.* Paper presented at the 28th annual meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.

1993

Forsyth, J. P. (1993, August). *The philosophical foundations of disunity: Antiquated philosophical positions in need of development.* In APAGS, *Beginning the second century: Psychology training issues.* Paper presented at the 99th annual meeting of the American Psychological Association, Toronto, Canada.

Knight, J. A., Miller, S. A., Forsyth, J. P., & McWilliams, J. W. (1993, August). *Equivalence of two scoring systems for the Rey Complex Figure.* Paper presented at the 99th annual meeting of the American Psychological Association, Toronto, Canada.

Scotti, J. R., Beach, B. K., Northrop, L. M. E., Thompson, J., Forsyth, J. P., Rode, C. A., Szymanski, L. A., Beeler, L. L., Mickey, G., & Cornell, K. M. (1993, November). *An investigation of the effects of involvement in Operation Desert Storm: Psychological distress in the veteran, spouse, and children.* Paper presented at the 27th annual meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.

1992

Flannery, R. B., Penk, W. E., Fulton, P. R., Sudders, M., & Forsyth, J. P. (1992, November). *The assaulted staff action program (ASAP): A two-year follow up.* Paper presented at the 26th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

Litz, B. T., Forsyth, J. P., & Kaloupek, D. (1992, November). *An analysis of concordant and discordant psychophysiological reactivity in combat-related post-traumatic stress disorder.* Paper presented at the 26th annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.

Scotti, J. R., Wilhelm, K. L., Northrop, L. M. E., Price, G., Vittimberg, G. L., Ridley, J., Cornell, K., Stuke, G. S., Beach, B., Mickey, G. H., & Forsyth, J. P. (1992, November). *An investigation of PTSD in vehicular accident survivors.* Paper presented at the 26th annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

1991

Forsyth, J. P., Carey, T., Litz, B. T., & Fisher, L. (1991, October). *Coping styles and co-morbid symptomatology in combat-related PTSD.* Paper presented at the 7th annual meeting of the International Society for Traumatic Stress Studies, Washington, DC.

Brailey, K., Niles, B. L., Forsyth, J. P., & Litz, B. T. (1991, October). *Matching components of depression with PTSD criteria in combat veterans.* Paper presented at the 7th annual meeting of the

International Society for Traumatic Stress Studies, Washington, DC.

Litz, B. T., Forsyth, J. P., Kaloupek, D., & Slavkin, S. (1991, November). *Psychological correlates of concordant and discordant psychophysiological reactivity in combat-related post-traumatic stress disorder*. Paper presented at the 25th annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.

Litz, B.T., Forsyth, J. P., Weathers, F., Marx, B., & Keane, T. M. (1991, October). *A psychometric analysis of emotional numbing symptoms in combat-related PTSD*. Paper presented at the 7th annual meeting of the International Society for Traumatic Stress Studies, Washington, DC.

1989

Forsyth, J. P., Misovich, S., & Johnson, G. T. (1989, March). *Attribution style and eating disorders: An investigation of the attributional styles of college women*. Paper presented at the annual meeting of the Eastern Psychological Association, Boston, MA.

REFERENCES UPON REQUEST

1. Georg H. Eifert, PhD, Chair Emeritus, Department of Psychology, Chapman University, One University Drive, Orange, California 92866. Email: eifertgeorg@gmail.com
2. Michael Zvolensky, PhD, Hugh Roy and Lillie Cranz Cullen Distinguished University Professor Director of the Anxiety and Health Research Laboratory, University of Houston, Department of Psychology, 4800 Calhoun Rd. Houston, TX 77004. Email: mjzvolen@Central.UH.EDU
3. Matthew McKay, PhD., Professor of Psychology, The Wright Institute, 2728 Durant Ave., Berkeley, CA 94704. Email: Matt.McKay@newharbinger.com
4. Steven C. Hayes, Ph.D., Foundation Professor, Department of Psychology, University of Nevada, Reno, Social Sciences 331, Reno, NV 89557. Email: hayes@unr.edu
5. Ronald S. Drabman, PhD, ABPP Diplomat in Clinical Psychology, Former Professor and Director of Clinical Psychology Training Program, Department of Psychology, University of Mississippi Medical Center, Jackson, MS 39216.
6. Terence M. Keane, PhD, Director, National Center for Post-Traumatic Stress Disorder, Boston VA Medical Center, Boston, MA 02130; Professor, Department of Psychiatry, Tufts University School of Medicine. Email: Terry.keane@va.gov
7. Danny Kaloupek, PhD, Deputy Director, National Center for Post-Traumatic Stress Disorder, Boston VA Medical Center, Boston, MA 02130; Associate Professor, Department of Psychiatry, Tufts University School of Medicine. Email: Danny.kaloupek@va.gov
8. Kevin T. Larkin, PhD, Professor and Director of Clinical Training, Department of Psychology, PO Box 6040, West Virginia University, Morgantown, WV 26506-6040. Email: Kevin.Larkin@mail.wvu.edu
9. Jefferson Parker, PhD, Inpatient Coordinator, Chemical Dependence Treatment Program, VA Medical Center, Jackson, MS 39216; Assistant Professor of Psychiatry and Human Behavior, University of Mississippi School of Medicine, Jackson, MS.
10. Mitch Earleywine, PhD, Professor & Director of Clinical Training, University at Albany - SUNY, Department of Psychology, Social Sciences 399, Albany, NY 12222.