

**CURRICULUM VITAE**  
**JOHN PATRICK FORSYTH**

*October 11, 2013*

**PERSONAL HISTORY**

**Business Address:** University at Albany, State University of New York  
Department of Psychology, Social Sciences 399  
Albany, NY 12222  
O Ph: (518) 442 - 4862 O Fax: (518) 442 - 4867  
Email: [forsyth@albany.edu](mailto:forsyth@albany.edu)  
Web: [www.albany.edu/psy/forsyth.html](http://www.albany.edu/psy/forsyth.html)

**Citizenship:** Permanent United States Citizen

**PROFESSIONAL POSITION(S)**

**2011-Present** Professor of Psychology  
University at Albany, State University of New York  
Department of Psychology, Social Sciences 399  
Albany, NY 12222

**2007-2010** *Director of Clinical Training*  
Doctoral Program in Clinical Psychology  
University at Albany, State University of New York  
Albany, NY 12222

**2003-2011** *Associate Professor of Psychology*  
University at Albany, State University of New York

**1999-Present** *Licensed Clinical Psychologist*  
New York State (#013985)

**1997-2003** *Assistant Professor of Psychology*  
University at Albany, State University of New York

**1997-Present** *Director, Anxiety Disorders Research Program*  
University at Albany, State University of New York

**1996-1997** *Chief Resident, Psychology*  
University of Mississippi Medical Center (APA Approved)  
Department of Psychiatry and Human Behavior, Jackson, MS

## EDUCATIONAL HISTORY

- 1997**      Ph.D.      *Clinical Psychology* (APA Approved)  
West Virginia University, Morgantown, WV 26506
- 1996-1997**      *Pre-Doctoral Clinical Psychology Internship* (APA Approved)  
The University of Mississippi Medical Center  
Department of Psychiatry and Human Behavior  
Jackson, MS 39216-4505
- 1996**      Dissertation Defended on July 22, 1996  
West Virginia University, Department of Psychology  
Dissertation: *Intensity of systemic alarms in content-specific fear conditioning comparing 20% vs. 13% CO<sub>2</sub>-enriched air as UCSs.*  
Chair: Georg H. Eifert, PhD  
Committee: Kevin T. Larkin, PhD, Alfred Kasprowitz, PhD, Kent B. Parker, PhD, Joseph R. Scotti, PhD
- 1994**      M.A.      *Clinical Psychology*  
West Virginia University, Department of Psychology  
Morgantown, WV 26506-6040  
Thesis: *Selective associations of conditioned systemic responses induced via 20% CO<sub>2</sub> inhalations to internal and external stimuli differing in fear-relevance.*  
Chair: Georg H. Eifert, PhD
- 1992**      *Admitted to the Doctoral Program in Clinical Psychology*  
West Virginia University, Department of Psychology  
Morgantown, WV 26506-6040
- 1988-1989**      *Master's Program in Experimental Psychology*  
College of William and Mary, Department of Psychology  
Williamsburg, VA 23185
- 1987**      B.A.      *Providence College*, Department of Psychology  
Providence, RI 02918  
**Major:** Psychology

## CURRENT PROFESSIONAL INTERESTS

- Acceptance and Commitment Therapy (ACT)
- Emotion Regulation and Human Suffering
- Anxiety & Emotional Disorders
- Process-Oriented Treatment Development
- Behavior Theory and Philosophy of Science
- Clinical Education & Training
- Acceptance and Mindfulness-Based Interventions
- Self-Help and Telehealth
- Verbal Processes Underlying Human Suffering
- Experimental Psychopathology (Fear & Anxiety)
- Clinical Behavior Analysis and Behavior Therapy
- Dissemination & Outcome Evaluation

## HONORS & AWARDS

- 2012** Selected (based on competitive review) to attend the *2012 Mind and Life Summer Research Institute as a Senior Investigator*, the Garrison Institute (June 16-22, 2012), Garrison, NY.
- 2011** *The Self-Help Book Seal of Merit Award* for *The mindfulness and acceptance workbook for anxiety: A guide to breaking free from anxiety, phobias, and worry* (Forsyth, J.P., & Eifert, G. H., 2008), sponsored by the Association for Behavioral and Cognitive Therapies.
- 2009** *Outstanding Training Program Award* to the Doctoral Program in Clinical Psychology, University at Albany, SUNY. Award sponsored by the Association for Behavioral and Cognitive Therapies. (John P. Forsyth, Ph.D., Director of Clinical Training).
- 2005-2006** *Chancellor's Award for Excellence in Teaching*, State University of New York.
- 2005-2006** *Award for Excellence in Teaching*, University at Albany, SUNY.
- 2005-** *Clinical Fellow*, Behavior Therapy and Research Society.
- 2000** *B. F. Skinner New Researcher Award*, sponsored by Division 25 of the American Psychological Association, for innovative and important behavioral research by a new investigator. Award and invited address were presented at the annual meeting of the American Psychological Association, Washington, DC.
- 1999** *Dissertation Research Award* by the Society for a Science of Clinical Psychology (SSCP). Award presented at the annual meeting of the American Psychological Association, Boston, MA.
- 1997-1998** *Outstanding Research Advisor* by Psi Chi, University at Albany, SUNY
- 1996** *Outstanding Student Dissertation Award* by the Association for Behavioral and Cognitive Therapies.
- 1996** *Don Hake Award* for Outstanding Graduate Student Career, Department of Psychology, West Virginia University.
- 1996** Elected *Associate Member* in the Scientific Research Honor Society of *Sigma Xi*.
- 1996** Elected *Member* in the Honor Society of *Phi Kappa Phi*.
- 1995** *Elsie Ramos Memorial Student Paper Award* by the Association for Advancement of Behavior Therapy (November, 1995). Paper titled "*Selective fear conditioning to internal and external stimuli differing in fear-relevance using 20% CO<sub>2</sub> inhalation.*"
- 1995** *Student Paper Award* sponsored by the Clinical Behavior Analysis Special Interest Group of the Association for Behavior Analysis. Paper titled "*Cleaning-up cognition in triple-response fear assessment.*"

**1992-1994** *Endowed Teaching Fellowship, West Virginia University.*

**1991** *Certificate of Merit for Excellence in Research* for the development measures used in the treatment of Vietnam veterans (From the Office of the Governor, Commonwealth of Massachusetts).

## **ADMINISTRATIVE AND SUPERVISORY EXPERIENCE**

**1997-Present** **Director, Anxiety Disorders Research Program**  
Department of Psychology, University at Albany, SUNY

**2010-2012** **Principle Investigator**  
Research to Improve the Lives of Veterans  
Sponsor: Department of Defense / Subcontract U. South Florida

**2007-2010** **Director of Clinical Training, Doctoral Program in Clinical Psychology**  
University at Albany, State University of New York

**2008-2010** **Faculty Supervisor, Undergraduate Honors Thesis in Psychology**  
Department of Psychology, University at Albany, SUNY

**2007-2009** **Faculty Supervisor, Undergraduate Honors Thesis in Psychology**  
Department of Psychology, University at Albany, SUNY

**2005-2006** **Faculty Supervisor, Undergraduate Honors Thesis in Psychology**  
Department of Psychology, University at Albany, SUNY

**2004-2010** **WebMaster, Department of Psychology**  
University at Albany, SUNY

**2003-2005** **NIMH-National Research Service Award (NRSA) Co-Mentor (*Funded*)**  
University at Albany, SUNY, & the University of Arkansas

Overview: Provided structured research and clinical training to NIMH-NRSA recipient Bunmi O. Olatunji, University of Arkansas (*2003-2005*).

**2002-2004** **NIMH-National Research Service Award (NRSA) Co-Mentor (*Funded*)**  
University at Albany, SUNY, & the University of Vermont

Overview: Provided structured research and clinical training to NIMH-NRSA recipient Matt Feldner, University of Vermont (*2002-2004*).

**2001-Present** **Clinical Practicum Supervisor**  
The Psychological Services Center, University at Albany, SUNY

**2000-Present** **Supervisor and Chair, Dissertation and Master's Thesis in Clinical Psychology**  
Department of Psychology, University at Albany, SUNY

Dissertation Chair: Maria Karekla (Ph.D., Defended Successfully August 2004)

Megan M. Kelly (Ph.D., Defended Successfully June 2005)  
 Carlos G. Finlay (Ph.D., Defended Successfully July 2005)  
 Tiffany Fusé (Ph.D. Defended Successfully Dec. 2007)  
 Dean Acheson (Ph.D. Defended Successfully Mar. 2009)  
 Velma Barrios, Ph.D. (Defended Successfully April 2010)  
 Sean Sheppard (Ph.D. Defended Successfully May 2011)  
 Erica Moses, Ph.D. (Defended Successfully August 2011)  
 Kristin Herzberg, M.A. (dissertation in progress)  
 Christopher Berghoff, M.A. (dissertation in progress)

Master's Theses Chair: Maria Karekla, M.A. (2001)  
 Carlos G. Finaly, M.A. (2002)  
 Megan M. Kelly, M.A. (2002)  
 Jill Sabsevitz, M.A. (2002)  
 Tiffany Fusé, M.A. (2004)  
 Dean Acheson, M.A. (2005)  
 Velma Barrios, M.A. (2007)  
 Erica Moses, M.A. (2008)  
 Kristin Herzberg, M.A. (2008)  
 Sean Sheppard, M.A. (2009)  
 Amanda Russo, M.A. (2011)  
 Christopher Berghoff, M.A. (600 project)  
 Tim Ritzert, B.A. (in progress)

- 1999-2003 Principal Investigator and Project Director  
 Fear Conditioning and Cognitive Processing (RO1 MH60107)**  
 Supported by the National Institute of Mental Health
- 1999-2000 Faculty Supervisor, Undergraduate Honors Thesis in Psychology**  
 Department of Psychology, University at Albany, SUNY
- 1998-2005 Research Scientist, Center for Stress & Anxiety Disorders**  
 University at Albany, SUNY (center closed in 2005 with retirement of Dr. Blandard)
- Spring, 1998 Faculty Supervisor, University Wide Internship Program (Undergraduate Level)**  
 Department of Psychology, University at Albany, SUNY
- 1997-1998 Faculty Supervisor, Undergraduate Honors Thesis in Psychology**  
 Department of Psychology, University at Albany, SUNY
- 1996-1997 Chief Resident, Psychology**  
 University of Mississippi Medical Center (APA Approved Pre-Doctoral Internship)  
 Department of Psychiatry and Human Behavior, Jackson, MS
- 1995-1995 Graduate Clinic Coordinator, Quinn Curtis Center for Psychological Services**  
 West Virginia University, Morgantown, WV
- 1990-1992 Head Psychology Technician, National Center for PTSD**  
 Boston VAMC, Boston, MA

## TEACHING EXPERIENCE

### 1997-Present Courses Taught at the University at Albany, SUNY, Albany, NY 12222

#### Undergraduate Level Courses

Lecture	<i>Abnormal Psychology</i>
Lecture	<i>Introduction to Psychology</i>
Seminar	<i>Psychophysiology of the Anxiety-Related Disorders</i>

#### Graduate Level Courses

Lecture/Seminar	<i>Clinical Methods I: Assessment</i>
Lecture/Seminar	<i>Adult Psychopathology (Team Taught)</i>
Lecture/Seminar	<i>The Scientist-Practitioner: Introduction to Clinical Psychology</i>
Lecture/Seminar	<i>Acceptance and Commitment Therapy (ACT)</i>
Clinical Supervision	<i>Practicum in Assessment and Intervention</i>

### 1992-1996 Courses Taught at West Virginia University, Morgantown, WV 26506

#### Undergraduate Level Courses

Lecture	<i>Introductory Psychology 101</i>
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## PROFESSIONAL SERVICE ACTIVITIES

## EDITORIAL POSITIONS

<b>Associate Editor</b>	<b>Full Editorial Responsibilities (Handling Review / Decision Letters)<sup>1</sup></b>
2011-Present	<i>Journal of Contextual Behavioral Science</i>
2001-2008	<sup>1</sup> <i>Journal of Behavior Therapy and Experimental Psychiatry</i>
2004-2010	<i>the Behavior Therapist: Clinical Forum</i>
1999-2004	<i>the Behavior Therapist: Behavioral Assessment</i>

<b>Book Series Editor</b>	
2005-Present	<b>Acceptance and Commitment Therapy Book Series</b> , New Harbinger, Inc.

<b>Guest Editor</b>	<b>Full Editorial Responsibilities (Handling Review / Decision Letters)<sup>1</sup></b>
2000-2008	<sup>1</sup> <i>Journal of Behavior Therapy and Experimental Psychiatry</i>
1997	<sup>1</sup> Two-part special issue of the journal <i>Behavior Therapy</i> : "Thirty Years of Behavior Therapy: Promises Kept, Promises Unfulfilled"

<b>Editorial Board</b>	<b>Provide Regular Peer Review of Manuscripts</b>
2011-Present	<i>International Journal of Behavioral Consultation and Therapy</i>
2010-Present	<i>European Journal of Behavior Analysis</i>
2010-Present	<i>Cognitive &amp; Behavioral Practice</i>
2000-2011	<i>Journal of Behavior Therapy and Experimental Psychiatry</i>
2000-Present	<i>Journal of Contemporary Psychotherapy</i>
1999-Present	<i>Journal of Anxiety Disorders</i>
1999-2010	<i>the Behavior Therapist</i>
1997-1999	<i>The Journal of Behavior Analysis and Therapy</i>

<b>Ad Hoc Reviewer</b>	<b>Provide Peer Review of Manuscripts</b>
2008-	<i>Psychophysiology</i>
2005-	<i>Psychological Science</i>
2005-	<i>British Journal of Clinical Psychology</i>
2005-	<i>Cognition and Emotion</i>
2003-	<i>Emotion</i>
2003-	<i>Psychological Assessment</i>
2003-	<i>Journal of Abnormal Psychology</i>
2002-	<i>Psychological Bulletin</i>
2002-	<i>Behaviour Research and Therapy</i>
2001-	<i>Clinical Psychology: Science and Practice</i>
2001-	<i>Applied and Preventive Psychology</i>
2000-	<i>Journal of Behavior Therapy and Experimental Psychiatry</i>
2000-	<i>Journal of Psychoneuroendocrinology: An International Journal</i>
2000-	<i>Clinical Psychology Review</i>
2000-	<i>Psychiatry Research</i>
2000-	<i>Journal of Contemporary Psychotherapy</i>
1999-	<i>the Behavior Therapist</i>
1999-	<i>Journal of Consulting and Clinical Psychology</i>
1999-	<i>Journal of Anxiety Disorders</i>
1997-	<i>Behavior Therapy</i>
1997-	<i>Clinical Psychology and Psychotherapy</i>
1997-	<i>The Behavior Analyst</i>
1997	<i>Journal of Cognitive Psychotherapy</i>

#### **Ad Hoc Grant Review**

2008	<i>Department of Defense, Amy Institute of Biological Sciences, Reston, VA.</i>
2006	<i>Royal Society of New Zealand, Marsden Fund Proposal, Wellington, NZ.</i>
1998	<i>Merit Review Application, Department of Veterans Affairs Research and Development Office, Livermore, CA.</i>

#### **Book Reviews (Honorarium)**

2004	Butcher/Mineka/Hooley, <i>Abnormal Psychology</i> , 13 <sup>th</sup> ed. Allyn & Bacon.
2001	Scott, J. (2001). <i>Current controversies in psychology</i> . Prentice Hall.
1999	Comer, R. (2000) <i>Abnormal psychology</i> , 4 <sup>th</sup> ed. Worth.
1997	Wiener, D. <i>Skinner's biography</i> . Allyn & Bacon.

#### **Co-Editor-in-Chief & Founder**

1993-1996	<i>The Naturalist: A Graduate Student Journal Devoted to Bridging Behavior Analysis and Therapy</i> . Morgantown, WV: The Naturalist Press, Inc.
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#### **Managing Editor**

1993-1997	<i>The Naturalist: A Graduate Student Journal Devoted to Bridging Behavior Analysis and Therapy</i>
1993-1996	<i>Disaster and Trauma Currents</i> ; Newsletter of the Disaster and Trauma Special Interest Group (SIG) of the Association for Advancement of Behavior Therapy

## STATISTICAL CONSULTANT

**1992-1996**      **Quality of Life Assessment**  
Office of Housing and Residence Life  
West Virginia University, Morgantown, WV

## UNIVERSITY AND PROFESSIONAL SERVICE

**2008-2012**      **Member, Office of the Chief Information Officer - Faculty Advisory Committee (OCIO FAC)**  
University at Albany, SUNY

**2009-2012**      **Member, University of South Florida Steering Committee, Research to Improve the Lives of Veterans (RESTORE LIVES) Center**

**2008-2010**      **Member, Research Development Committee, Stratton VA Medical Center, Albany, NY**

**2007**              **External Reviewer, Tenure and Promotion Case**  
Drexel University, Department of Psychology

**2004-2006**      **Member, Institutional Review Board**  
University at Albany, SUNY, Office of Research Compliance

**2003**              **Ad Hoc Research Presentation Judge (Psychology)**  
Upstate New York Junior Science and Humanities Symposium

**2002**              **Ad Hoc Research Presentation Judge (Psychology)**  
Upstate New York Junior Science and Humanities Symposium

**2002**              **Faculty Presenter (Panic Provocation and Anxiety Disorders)**  
Upstate New York Junior Science and Humanities Symposium

**2001-2002**      **Member, Senate Council on Libraries, Information Systems and Computing**  
University at Albany, State University of New York

**2000**              **Ad Hoc Research Presentation Judge (Psychology)**  
Upstate New York Junior Science and Humanities Symposium

**2000**              **Faculty Presenter (Panic Provocation and Anxiety Disorders)**  
Upstate New York Junior Science and Humanities Symposium

**2000**              **Presidential Scholars Academic Fair Department Representative**  
University at Albany, State University of New York

**2000**              **Annual Convention Program Committee Member**  
Association for Advancement of Behavior Therapy, Toronto, CA.

**1999**              **Annual Convention Program Committee Member**



Association for Advancement of Behavior Therapy, Toronto, CA.

- 1999**                    **Faculty Presenter (Panic Provocation and Anxiety Disorders)**  
Upstate New York Junior Science and Humanities Symposium
- 1998**                    **Annual Convention Program Committee Member**  
Association for Advancement of Behavior Therapy, Washington, DC.
- 1998**                    **Ad Hoc Reviewer and Abstract Judge**  
Upstate New York Junior Science and Humanities Symposium
- 1998**                    **Academic Fair Department Representative**  
University at Albany, State University of New York

#### **DEPARTMENTAL COMMITTEES AND SERVICE**

- 1997-Present**        **Department of Psychology**  
**University at Albany, State University of New York, Albany, NY 12222**
- 2007-2010**            *Member, Steering Committee, Psychological Services Center*
- 2006-2008**            *Member, Psychology Honor's Program Curriculum Development Committee*
- 2007-2010**            *Member, Graduate Committee, Department of Psychology*
- 2007-2010**            *Member, Executive Committee, Department of Psychology*
- 2007-2010**            *Director of Clinical Training & Area Head, Ph.D. Program--Clinical Psychology*
- 2005-2007**            *Member, Ad Hoc Committee for Restructuring the Undergraduate Major*
- 2004-Present**        *Webmaster, Department of Psychology Website*
- 2002-2003**            *Member, Graduate Committee*
- 2001-2002**            *Member, Space Usage Committee*
- 2001-2007**            *Co-Chair, Clinical Interview Weekend Planning and Organization Committee*
- 2000-2005**            *Member, Curriculum Committee*
- 1999-2000**            *Member, Biopsychology Faculty Search Committee*
- 1998-1999**            *Member, Biopsychology Faculty Search Committee*
- 1998-1999**            *Member, Clinical Faculty Search Committee*
- 1998-1999**            *Member, Colloquium Committee*
- 1997-1998**            *Member, Clinical Faculty Search Committee*
- 1997-1998**            *Member, Social Functions Committee*
- 1992-1996**            **Department of Psychology**  
**West Virginia University, Morgantown, WV 26506-6040**
- 1994-1995**            *Member, Quin Curtis Center for Psychological Services Steering Committee*  
Department of Psychology, West Virginia University

## THESES AND DISSERTATION COMMITTEE MEMBERSHIP

2012	Dissertation, Amy Starosta, U. Albany; Chair: Dr. Mitch Earleywine
2011	Master's Thesis: Katherine Schaumberg, M.A.; Chair: Dr. Drew Anderson
2009	Dissertation, Jeremy Fox, U. Albany; Chair: Dr. Leslie Halpern
2008	External examiner to review/evaluate the dissertation thesis of Elizabeth Ann Cooper, University of Wollongong, Australia; Chair: Dr. John T. Blackledge
2008	Dissertation, Alicia Walf, U. Albany; Chair: Cheryl Frye
2008	Dissertation, Angela Simmons, U. Albany; Chair: Drew Anderson
2008	Dissertation, Barbara A. Hermann, U. of Maine; Chair: Sandra T. Sigmon
2005	Dissertation, Mark Sykes, U. Albany; Chair: Dr. Edward Blanchard
2003	Dissertation, Jill Sabsevitz, U. Albany; Chair: Dr. Edward Blanchard
2002	Dissertation, Jennifer Block, U. Albany; Chair: Dr. Elga Wulfert
2001	Dissertation, Trishul Devini, U. Albany; Chair: Dr. Edward Blanchard
2000	Dissertation, Elizabeth Mundy, U. Albany; Chair: Dr. Edward Blanchard
1998	Dissertation, Todd Buckley, U. Albany; Chair: Dr. Edward Blanchard
1997	Dissertation, Kristine Barton, U. Albany; Chair: Dr. Edward Blanchard

## PROFESSIONAL POSITIONS HELD

2005-Present	<i>Acceptance &amp; Commitment Therapy Book Series Editor</i> , New Harbinger, Inc.
1998-2000	<i>Officer</i> , Clinical Subcommittee, Behavior Analysis Special Interest Group (SIG) Association for Advancement of Behavior Therapy
1997-1999	<i>Executive Committee Vice Chair</i> , Clinical Behavior Analysis SIG Association for Behavior Analysis

## MEMBERSHIP IN PROFESSIONAL ASSOCIATIONS

American Psychological Society (APS)  
Association for Behavioral and Cognitive Therapies (ABCT)  
*ABCT's Anxiety Disorders Special Interest Group*  
*ABCT's Mindfulness and Acceptance Special Interest Group*  
*ABCT's Disaster and Trauma Special Interest Group*  
*ABCT's Behavior Analysis Special Interest Group*  
Association for Contextual Behavioral Science (ACBS)  
Behavior Therapy and Research Society, Clinical Fellow  
Society for Research in Psychopathology (SRP) – By Invitation/Peer Nomination  
The Honor Society of Phi Kappa Phi – By Invitation  
The Scientific Honor Society of Sigma Xi – By Invitation  
The Society for Psychophysiological Research

## GRANTS AND CONTRACTS

Project: *Using Acceptance & Commitment Therapy to Improve the Lives of Veterans and Their Families.*  
Agency: Department of Defense / Subcontract with the University of South Florida  
Period: 9/30/2010 – 8/31/2012  
Role: John P. Forsyth (PI) / Ed Hickling (PI)  
Direct Costs \$503,908

Project: *A Mindfulness and Acceptance-Based Smoking Cessation Treatment for Veterans with Posttraumatic Stress Disorder.*  
Agency: Department of Veterans Affairs/ VISN1 Career Development Award  
Period: 1/01/2010 – 12/31/2011  
Role: Megan M. Kelly, Ph.D. (PI) / John P. Forsyth (Co-Mentor)  
Direct Costs \$503,908

Project: *Supplemental services to Improve the Emotional Health and Quality of Life Among Service Members with Disabilities (RESTORE LIVES) Center*  
Agency: Substance Abuse and Mental Health Services Administration (SAMHSA)  
Period: 9/30/2009 – 9/29/2010  
Role: John P. Forsyth (Consultant)  
Direct Costs \$4,000

Project: *Fear conditioning and Attentional Bias for Threat*  
Agency: National Institute of Mental Health Loan Repayment Program for Clinical Researchers  
Period: 6/1/2004 – 5/31/2006 (Competitive Renewal)  
Role: John P. Forsyth (PI)  
Direct Costs (up to \$35,000/year)

Project: *Fear Conditioning and Attentional Bias for Threat*  
Agency: National Institute of Mental Health Loan Repayment Program for Clinical Researchers  
Period: 6/1/2002 – 5/31/2004  
Role: John P. Forsyth (PI)  
Direct Costs (up to \$35,000/year)

Project: *Parameters of Fear Conditioning and Cognitive Processing*  
Agency: Faculty Research Award Program (Category B) / University at Albany Research Foundation  
Period: 4/15/2000 – 4/14/2001  
Role: John P. Forsyth (PI)  
Direct Costs \$1,500

Project: *Fear Conditioning and Cognitive Processing (RO1)*  
Agency: National Institute of Mental Health  
Period: 9/15/99 – 11/30/03  
Role: John P. Forsyth (PI)  
Direct Costs \$281,433

Project: *A Parametric Dose-Response Analysis of Psychological and Physiological Responding to Varied Concentrations of CO<sub>2</sub>-Enriched Air*  
Agency: Individual Development Awards Program of New York/United University Professions Professional Development and Quality of Work Life Committee  
Period: 9/1998 – 6/1999  
Role: John P. Forsyth (PI)  
Direct Costs \$990

Project: *Imagined Control vs. Uncontrollability in the Learning Etiology of Specific Phobias*  
Agency: Faculty Research Award Program (Category A) / University at Albany Research Foundation  
Period: 4/1998 – 5/1999  
Role: John P. Forsyth (PI)  
Direct Costs \$8,220

Project: *Intensity of Systemic Alarms in Human Fear Conditioning Comparing 20% vs. 13% CO<sub>2</sub>-Enriched air as UCSs*  
Agency: Department of Psychology Alumni Fund, West Virginia University  
Period: 1996 – 1997  
Role: John P. Forsyth (PI)  
Direct Costs \$250

Project: *Intensity of Systemic Alarms in Human Fear Conditioning Comparing 20% vs. 13% CO<sub>2</sub>-Enriched air as UCSs*  
Agency: Eberly College of Arts and Sciences, West Virginia University  
Period: 1996 – 1997  
Role: John P. Forsyth (PI)  
Direct Costs \$600

Project: *Classically Conditioned Cardioceptive Associations Between Internal and Environmental Stimuli*  
Agency: Grant-in-Aid of Research from Sigma-Xi, The Scientific Research Society  
Period: 1994 – 1995  
Role: John P. Forsyth (PI)  
Direct Costs \$450

Project: *Classically Conditioned Cardioceptive Associations Between Internal and Environmental Stimuli*  
Agency: West Virginia University Foundation  
Period: 1994 – 1995  
Role: John P. Forsyth (PI)  
Direct Costs \$175

## PUBLICATIONS AND PRESENTATIONS

(\* denotes student author/co-author)

### PUBLICATIONS - REFEREED ARTICLES

1. \*Sheppard, S. C., **Forsyth, J. P.**, Earleywine, M., Hickling, E. J., & Lehrbach, M. J. (in press). Improving base rate estimation of alcohol misuse in the military: A preliminary report. *Journal of Studies on Alcohol and Drugs*.
2. \*Herzberg, K. N., \*Sheppard, S. C., **Forsyth, J. P.**, Crede, M., & Earleywine, M. (in press). The Believability of Anxious Feelings and Thoughts Questionnaire (BAFT): A psychometric evaluation of cognitive fusion in a non-clinical and highly-anxious community sample. *Psychological Assessment*.
3. \*Acheson, D. A., **Forsyth, J. P.**, & \*Moses, E. (2012). Interoceptive conditioning and panic disorder—II: An experimental evaluation of multiple contingency arrangements. *Behavior Therapy*, 43, 174-189.
4. Eifert, G. H., **Forsyth, J. P.** (2011). The application of Acceptance and Commitment Therapy to problem anger. *Cognitive and Behavioral Practice*, 18, 241-250.
5. Gannon, S., Roche, B., Kanter, J., **Forsyth, J. P.**, & Linehan, C. (2011). A derived relations analysis of approach-avoidance conflict: Implications for the behavioral analysis of human anxiety. *The Psychological Record*, 61, 227–252.
6. \*VanDam, N., \*Sheppard, S., **Forsyth, J. P.**, & Earleywine, M. (2011). Self-Compassion is a better predictor than mindfulness of symptom severity and quality of life in mixed anxiety and depression. *Journal of Anxiety Disorders*, 25, 123-130.
7. \*Sheppard, S. C., **Forsyth, J. P.**, Hickling, E. J., & \*Bianchi, J. (2010). A novel application of ACT to psychosocial problems associated with Multiple Sclerosis: Results from a half-day workshop intervention. *International Journal of MS Care*, 12, 200-206.
8. \*Sabsevitz, J., \*Sheppard, S. C., \*Russo, A., & **Forsyth, J. P.** (2010). An open trial evaluating one-session exposure therapy for snake-fearful individuals. *the Behavior Therapist*, 33, 48-53.
9. Frye, C. A., Paris, J. P., Franco, C., Sodano, R., Freidenberg, B., Gordis, E., Anderson, D. A., **Forsyth, J. P.**, & Wulfert, E. (2010). Sex differences in salivary cortisol to acute stressors among healthy participants, recreational or pathological gamblers, and those with posttraumatic stress disorder. *Hormones and Behavior*, 57, 35-45.
10. Cisler, J. M., Olatunji, B. O., Feldner, M. T., & **Forsyth, J. P.** (2009). Emotion regulation and the anxiety disorders: an integrative review. *Journal of Psychopathology and Behavioral Assessment*, 16, 68-82.
11. Eifert, G. H., **Forsyth, J. P.**, Arch, J., Espejo, N., Keller, M., & Langer, D. (2009). Acceptance and Commitment Therapy for anxiety disorders: Three case studies exemplifying a unified treatment protocol. *Cognitive and Behavioral Practice*, 16, 368–385.
12. \*Finlay, C. G., & **Forsyth, J. P.** (2009). Context and renewal of conditioned fear: An experimental evaluation using 20% carbon dioxide-enriched air as an unconditioned stimulus. *Journal of Anxiety Disorders*, 23, 737–745.
13. \*Kelly, M. M., & **Forsyth, J. P.** (2009). Associations between emotional avoidance, anxiety sensitivity, and reactions to an observational fear challenge procedure. *Behaviour Research and Therapy*, 37, 331-338.
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## PUBLICATIONS - BOOKS AND BOOK CHAPTERS

### BOOKS

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## TEACHING AND INSTRUCTIONAL MATERIALS

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10. **Forsyth, J. P.** (2002). *Multimedia manager for abnormal psychology 2002: A Microsoft® PowerPoint® link tool.* Pacific Grove, CA: Wadsworth Thompson-Learning.
11. **Forsyth, J. P.** (2002). *Transparency acetates for Barlow and Durand's Abnormal Psychology: An integrative approach, 3<sup>rd</sup> ed.* Pacific Grove, CA: Wadsworth Thompson-Learning.
12. **Forsyth, J. P.** (2000). *PowerPoint transparencies with web links for Barlow and Durand's Media edition of abnormal psychology: An integrative approach, 2<sup>nd</sup> ed.* Pacific Grove, CA: Wadsworth Thompson-Learning.
13. **Forsyth, J. P.** (1998). *CD-Rom PowerPoint presentations for Barlow and Durand's Abnormal psychology: An integrative approach, 2<sup>nd</sup> ed.* Pacific Grove, CA: Brooks Cole.
14. **Forsyth, J. P.**, Barlow, D. H., & Durand, V. M. (1998). *Transparency acetates for Barlow and Durand's Abnormal Psychology: An integrative approach, 2<sup>nd</sup> ed.* Pacific Grove, CA: Brooks Cole.

## PUBLICATIONS - OTHER

1. **Forsyth, J. P.** (2009). *Peace of mind.* Invited regular blog, *Psychology Today*. <http://www.psychologytoday.com/blog/peace-mind>
2. **Forsyth, J. P.** (2008). Transforming the suffering of anxiety using Acceptance and Commitment Therapy. *Harbinger: The E-Newsletter for Therapists*, Jan., 2008 Issue. Oakland, CA: New Harbinger.
3. **Forsyth, J. P.** (2006). Living well is the clinical prize. *Harbinger: The E-Newsletter for Therapists*, Sept, 2006 Issue. Oakland, CA: New Harbinger.
4. **Forsyth, J. P.**, Marx, B., Gallup, Fuse, T., & Heidt, J. (2004). *The Tonic Immobility Scale – Adult Version.* Albany, NY: Authors.

5. **Forsyth, J. P.**, & \*Fuse, T. (2003). Book Review – *Anxiety disorders: Psychological assessment and treatment*. *Journal of Contemporary Psychology*, 33, 149-150.
6. **Forsyth, J. P.** (1995). The Naturalist: A Context for science with a commitment to behavior change. *The Clinical Behavior Analyst, Fall/Winter*, 18.
7. **Forsyth, J. P.** (1994). The systemic nature of the fear response in human fear acquisition: What is being conditioned? *Disaster and Trauma Currents*, 3 (2), 7-9.
8. **Forsyth, J. P.** (1994). Moving beyond antiquated philosophical positions toward more integrative conceptualization for training in behavior therapy. *International Newsletter of Uninomic Psychology*, 14, 9-12.
9. **Forsyth, J. P.**, & Schauss, S. L. (1994). The beginnings: A context for science with a commitment to behavior change. *The Naturalist*, 1 (1), 1-2.
10. Schauss, S. L., & **Forsyth, J. P.** (1994). Functional analysis and functional interpretation: One is not the other. *The Naturalist*, 1(2), 32-34.
11. Knight, J. A., Miller, S. A., **Forsyth, J. P.**, & McWilliams, J. W. (1993). Equivalence of two scoring systems for the Rey Complex Figure. *The Clinical Neuropsychologist*, 7 (3), 347.
12. **Forsyth, J. P.**, Misovich, S., & Johnson, G. T. (1989). Attribution and eating disorders: An investigation of the attributional styles of college women. Providence, RI: Providence College. (ERIC Document Reproduction Service No. ED 317 937)

#### MANUSCRIPTS UNDER REVIEW FOR PUBLICATION

1. Valdivia-Salas, S., & **Forsyth, J. P.** The acquisition of attentional bias for threat in a fear learning context: An experimental evaluation. Submitted for publication [*Journal of Behavior Therapy and Experimental Psychiatry*]
2. \*Berghoff, C. R., & **Forsyth, J. P.** Evaluating ACT and CBT models of emotional distress in relation to quality of life: Elucidating putative changes processes. Under revision for publication [*Journal of Contextual Behavioral Science*]
3. Herzberg, K. N., **Forsyth, J. P.**, & Earleywine, M. C. Experiential avoidance mediates the link between distress tolerance and anxiety. Submitted for publication [*Behaviour Research and Therapy*].

#### MANUSCRIPTS / GRANTS IN PREPARATION

1. \*Fuse, T., & **Forsyth, J. P.** *Psychophysiological responding of sexual assault survivors with and without a history of tonic immobility: An experimental evaluation.*
2. **Forsyth, J. P.**, \*Sheppard, S. C., \*Bergohoff, C. R., \*Ritzert, T., & Eifert, G. H. *Evaluating the effectiveness of ACT for anxiety disorders in a self-help context: Outcomes from a randomized wait-list controlled trial.*
3. \*Sheppard, S. C., & **Forsyth, J. P.** *Evaluating putative ACT change processes in relation to clinical outcomes in an international community sample of persons with anxiety-related concerns.*
4. **Forsyth, J. P.**, \*Finlay, C., \*Kelly, M. M., \*Karekla, M., & \*Fuse, T. M. K. *The acquisition and extinction of attentional bias for threat in a fear-conditioning context* [Under Revision].
5. \*Acheson, D., \*Moses, E., & **Forsyth, J. P.** *Experiential avoidance and anxiety sensitivity as risk factors for panicogenic distress and symptomatology: A test of two mediational models.* To be submitted for publication [*Behaviour Research and Therapy*]
6. \*Karekla, M., **Forsyth, J. P.**, & Panayiotou, G. *The moderating role of perceived US controllability vs. uncontrollability on fear acquisition and extinction: An experimental evaluation.*

## PRESENTATIONS (\* denotes student author/co-author)

### INVITED ADDRESSES & ACT TRAINING WORKSHOPS

#### 2013

- Forsyth, J. P. (2013, February). *The compassionate use of exposure strategies in Acceptance and Commitment Therapy: A 3-hour professional training*. Workshop offered as part of the annual meeting of the North Carolina Association for Behavior Analysis, Wilmington, NC [CE credits offered].
- Forsyth, J. P. (2013, February). *Expanding our reach to meet the unmet burden of human suffering: Using ACT in a self-help context*. Invited keynote address presented at the annual meeting of the North Carolina Association for Behavior Analysis, Wilmington, NC.
- Forsyth, J. P. (2013, February). *The compassionate use of exposure strategies in Acceptance and Commitment Therapy: A 1-day professional training*. Workshop offered as part of the annual meeting of the Ontario Psychological Association, Toronto, CA [CEU credits offered].
- Forsyth, J. P. (2013, July). *Transforming anxious suffering into a more vital life using Acceptance and Commitment Therapy*. A 5-day intensive professional workshop offered at the Omega Institute for Living, Rhinebeck, NY. [CE credits offered]
- Forsyth, J. P. (2013, July). *Acceptance and Commitment Therapy in clinical practice: An introductory 1-day workshop*. A 1-day professional training sponsored by the Tulare County Office of Education, Vasalia, CA.
- Forsyth, J. P. (2013, September). *Expanding our reach to meet the unmet burden of human suffering: Using ACT in a self-help context*. Invited keynote address presented at the annual meeting of the New Zealand Psychological Society, Auckland, NZ.
- Forsyth, J. P. (2013, September). *The compassionate use of exposure strategies in Acceptance and Commitment Therapy (ACT): A 1-day professional training*. One-day professional workshop presented at the annual meeting of the New Zealand Psychological Society, Auckland, NZ.
- Forsyth, J. P. (2013, November). *Intensive hands on application of ACT in practice: A 1-day advanced clinical workshop*. One day workshop to be presented in New Brunswick, Nova Scotia, Canada.
- Forsyth, J. P. (2013, November). *Acceptance and Commitment Therapy in clinical practice: An introductory workshop*. One and a half day professional training, Halifax, Canada [CEUs offered].
- Forsyth, J. P. (2013, November). *Compassionate use of exposure strategies in Acceptance and Commitment Therapy: A professional training*. Workshop to be presented at the 47<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Nashville, TN. [CE credits offered].

#### 2012

- Forsyth, J. P. (2012, February). *The compassionate use of exposure strategies in Acceptance and Commitment Therapy: A professional workshop*. Workshop presented at the 46<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, National Harbour, MD. [CE credits offered].
- Forsyth, J. P. (2012, February). *The compassionate use of exposure strategies in ACT: A 1-day advanced master class*. Workshop presented in Sydney, Australia. [CE credits offered].
- Forsyth, J. P. (2012, February). *The compassionate use of exposure strategies in ACT: A 1-day advanced master class*. Workshop presented in Melbourne, Australia. [CE credits offered].
- Forsyth, J. P. (2012, February). *The compassionate use of exposure strategies in ACT: A 1-day advanced master class*. Workshop presented in Adelaide, Australia. [CE credits offered].

- Forsyth, J. P. (2012, February). *The compassionate use of exposure strategies in ACT: A 1-day advanced master class*. Workshop presented in Brisbane, Australia. [CE credits offered].
- Forsyth, J. P. (2012, February). *The compassionate use of exposure strategies in ACT: A 1-day advanced master class*. Workshop presented in Canberra, Australia. [CE credits offered].
- Forsyth, J. P. (2012, April). *Transforming anxious suffering into a more vital life using Acceptance and Commitment Therapy: A 1-day professional training*. A one-day professional training workshop presented at the Open Center, New York, New York. [CE credits offered].
- Forsyth, J. P., & Eifert, G. H. (Workshop Leaders) (2012, July). *Transforming anxious suffering into a more vital life using Acceptance and Commitment Therapy*. A 5-day intensive professional workshop offered at the Omega Institute for Living, Rhinebeck, NY. [CE credits offered].

## 2011

- Forsyth, J. P. (2011, November). *Using exposure strategies in Acceptance and Commitment Therapy*. This Master Clinician Series workshop was presented at the 45<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, CA. [CE credits offered].
- Forsyth, J. P. (2011, October). *Your life on purpose: How to find what matters & create the life you want*. A 5-day life enrichment workshop offered for mental health professionals and the general public at the Omega Institute for Living, Rhinebeck, NY. [CE credits offered].
- Forsyth, J. P. (2011, October). *Facing the unmet burden of human suffering: Using ACT in a self-help context*. Plenary presented at the 5<sup>th</sup> annual meeting of the Australia and New Zealand Conference of Acceptance and Commitment Therapy, Brisbane, Australia.
- Forsyth, J. P. (2011, October). *Where do we go from here?* Invited keynote address presented at the 5<sup>th</sup> annual meeting of the Australia and New Zealand Conference of Acceptance and Commitment Therapy, Brisbane, Australia.
- Forsyth, J. P. (2011, October). *ACTs of kindness and Compassion: A 1-day professional training*. Workshop presented as part of the 5<sup>th</sup> annual meeting of the Australia and New Zealand Conference of Acceptance and Commitment Therapy, Brisbane, Australia [CE credits offered].
- Forsyth, J. P. (2011, October). *Advancing the depth & scope of your clinical practice using Acceptance and Commitment Therapy: A 2-day advanced workshop*. Professional workshop offered in Moncton, New Brunswick, Canada. [CE credits offered].
- Forsyth, J. P., & Eifert, G. H. (Workshop Leaders) (2011, July). *Using Acceptance and Commitment Therapy for anxiety relief: A 5-day professional training*. A 5-day intensive professional workshop offered at the Omega Institute for Living, Rhinebeck, NY. [CE credits offered].
- Forsyth, J. P. (2011, July). *Disarming anxiety and depression with Acceptance and Commitment Therapy: A 2-day professional workshop*. A 2-day professional workshop offered at the Anschutz Medical Campus and sponsored by the Colorado Association for Contextual Behavioral Science, Denver, CO.
- Forsyth, J. P. (2011, May). *Advancing the depth and scope of your clinical practice using Acceptance and Commitment Therapy: A 2-day professional workshop*. A 2-day advanced workshop offered at the Oak Island Resort & Spa, Nova Scotia, Canada [CE credits offered].
- Forsyth, J. P. (2011, May). *Why it's hard being human*. Invited series of four lectures presented to students within the Lab School / Bethlehem High School, Silver Bay Camp, Lake George, NY.
- Forsyth, J. P., & Hickling, E. J. (Workshop Leaders) (2011, March-April). *Disarming anxious suffering using Acceptance and Commitment Therapy: A 2-day introductory workshop*. A 2-day professional workshop offered at the Bay Pine VA Medical Center, Bay Pines, FL. [CE credits offered].
- Forsyth, J. P. (2011, March). *Using Acceptance and Commitment Therapy in clinical practice: A 2-day introductory professional workshop*. A 2-day professional workshop offered in Moncton, New Brunswick, Canada. [CE credits offered].

## 2010

- Forsyth, J. P., & Eifert, G. H., (Workshop Leaders) (2010, November). *Using exposure-based strategies in Acceptance and Commitment Therapy*. Full-day professional workshop conducted prior to the 44th annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA [6.5 CE credits offered].
- Forsyth, J. P., & Eifert, G. H. (Workshop Leaders) (2010, July). *Transforming anxious suffering into a more vital life using Acceptance and Commitment Therapy*. A 5-day intensive professional workshop offered at the Omega Institute for Living, Rhinebeck, NY. [CE credits offered].
- Forsyth, J. P. (2010, June). *Disarming anxious suffering using Acceptance and Commitment Therapy: A 2-day professional workshop*. A 2-day pre-conference professional workshop offered at the 8<sup>th</sup> annual world conference of the Association for Contextual Behavioral Science, Reno, NV [CE credits offered].
- Forsyth, J. P. (2010, May). *Disarming anxious suffering using Acceptance and Commitment Therapy*. A 2-day professional workshop offered at the Oak Island Resort & Spa, Nova Scotia, Canada [CE credits offered].
- Forsyth, J. P. (2010, February). *Using Acceptance and Commitment Therapy to disarm anxious suffering: A 1-Day introduction to ACT*. A 1-day professional workshop offered at the Mt. Laurel Center, Lakewood, NJ [CE credits offered].
- Forsyth, J. P. (2010, January). *Transforming human suffering into a more vital life using Acceptance and Commitment Therapy: A 2-Day professional workshop*. A 2-day professional workshop offered at the Delaney House, Holyoke, MA [CE credits offered].

## 2009

- Forsyth, J. P. (2009, November). *Acceptance and Commitment Therapy for anxiety disorders*. Half day professional workshop conducted at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY [CE credits offered].
- Forsyth, J. P. (2009, October). *Acceptance and Commitment Therapy (ACT) for anxiety disorders: Overview, process, and outcomes*. Invited grand rounds presented at the Nassau University Medical Center, Long Island, NY [CE credits offered].
- Forsyth, J. P. (2009, September). *Acceptance and Commitment Therapy for anxiety disorders: An introductory workshop*. A 1-day workshop to be presented for mental health professional affiliated with the VAMC / VISN-2 network of upstate New York, Syracuse, NY. [CE credits offered].
- Forsyth, J. P., & Eifert, G. H. (2009, July). *Using Acceptance and Commitment Therapy for anxiety relief: A 5-day professional training*. A 5-day intensive professional workshop presented at the Omega Institute for Living, Rhinebeck, NY. [CE credits offered].
- Forsyth, J. P. (2009, June). *An introduction to Acceptance & Commitment Therapy in clinical practice*. A 1-day professional workshop, sponsored CPM Training and Counseling, Melbourne, Australia [CE credits offered].
- Forsyth, J. P. (2009, June). *Using ACT in the treatment of anxiety disorders*. A 1-day professional workshop, sponsored CPM Training and Counseling, Melbourne, Australia [CE credits offered].
- Forsyth, J. P. (2009, June). *Nuts and bolts of using exposure-based interventions in Acceptance & Commitment Therapy*. A 1-day professional workshop, sponsored CPM Training and Counseling, Melbourne, Australia [CE credits offered].
- Forsyth, J. P. (2009, June). *Using exposure-based interventions with Acceptance and Commitment Therapy*. A 1-day professional workshop, sponsored CPM Training and Counseling, Adelaide, Australia [CE credits offered].
- Forsyth, J. P. (2009, June). *Using exposure-based interventions with Acceptance and Commitment Therapy*. A 1-day professional workshop, sponsored CPM Training and Counseling, Brisbane, Australia [CE credits offered].



- Forsyth, J. P. (2009, June). *Using exposure-based interventions with Acceptance and Commitment Therapy*. A 1-day professional workshop, sponsored CPM Training and Counseling, Perth, Australia [CE credits offered].
- Forsyth, J. P. (2009, June). *Using exposure-based interventions with Acceptance and Commitment Therapy*. A 1-day professional workshop, sponsored CPM Training and Counseling, Sydney, Australia [CE credits offered].

## 2008

- \*Sheppard, S. C., & Forsyth, J. P. (2008, December). *Introduction to Acceptance and Commitment Therapy: Overview, process, and outcomes*. Invited grand rounds, Department of Psychology, Stratton VA Medical Center, Albany, NY.
- Forsyth, J. P., & Eifert, G. H. (Seminar Presenters) (2008, November). *Acceptance and Commitment Therapy (ACT) for anxiety disorders*. Master Clinician Series presented at the 42<sup>nd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL [CE credits offered].
- Forsyth, J. P., & Hickling, E. (2008, August). *Living well with multiple sclerosis: An introduction to Acceptance and Commitment Therapy*. Invited presentation, Multiple Sclerosis Symposium, sponsored by the Center for Disabilities Services and the Multiple Sclerosis Society, Albany, NY.
- Forsyth, J. P., & Hickling, E. (2008, August). *Living well with multiple sclerosis*. Half-day workshop, sponsored by the Center for Disabilities Services, presented in Albany, NY.
- Forsyth, J. P. (2008, July). A 2-day advanced workshop: *Transforming anxious suffering into a more vital life using Acceptance and Commitment Therapy*. Sponsored by CPM Training and Counseling and presented in Sydney, Australia [CE credits offered].
- Forsyth, J. P. (2008, July). A 2-day advanced workshop: *Transforming anxious suffering into a more vital life using Acceptance and Commitment Therapy*. Sponsored by CPM Training and Counseling and presented in Perth, Australia [CE credits offered].
- Forsyth, J. P. (2008, July). A 2-day advanced workshop: *Transforming anxious suffering into a more vital life using Acceptance and Commitment Therapy*. Sponsored by CPM Training and Counseling and presented in Brisbane, Australia [CE credits offered].
- Forsyth, J. P. (2008, June). *The science of mindfulness and living well: Implications for helping persons with acquired brain injury*. Invited plenary address presented at the 15<sup>th</sup> annual conference on Neurobehavioral Rehabilitation in Acquired Brain Injury, Hamilton, ON. [CE credits offered].
- Forsyth, J. P. (2008, June). *Alleviating human suffering with Acceptance and Commitment Therapy: An introductory workshop*. Half-day workshop presented at the 15<sup>th</sup> annual conference on Neurobehavioral Rehabilitation in Acquired Brain Injury, Hamilton, ON. [CE credits offered].
- Forsyth, J. P. (2008, June). *A path out of anxious suffering and into a more vital life using Acceptance and Commitment therapy: A one day intensive workshop*. Full-day workshop to be presented at the Royal Ottawa Medical Center, Ottawa, Canada [CE credits offered].
- Forsyth, J. P. (2008, May). *Acceptance and commitment therapy for anxiety disorders: An advanced workshop*. Full-day workshop presented at the London Health Sciences Centre, Ontario, Canada [CE credits offered].
- Forsyth, J. P., & Sheppard, S. (2008, May). *ACTs of kindness and compassion*. A 90-minute workshop offered at the 4<sup>th</sup> annual Acceptance and Commitment Therapy Summer Institute, Chicago, IL [CE credits offered].
- Forsyth, J. P. (2008, May). *Acceptance and Commitment Therapy for Anxiety Disorders: An Introductory Workshop*. Half-Day workshop offered at the 4<sup>th</sup> annual Acceptance and Commitment Therapy Summer Institute, Chicago, IL [CE credits offered].
- Forsyth, J. P. (2008, January). *Acceptance, mindfulness, and the anxiety disorders: Overview, process, and outcomes*. Invited grand rounds, Albany Medical Center, Albany, NY.

## 2007

- Forsyth, J. P. (2007, December). *Acceptance and Commitment Therapy for anxiety disorders entangled in addictive behaviors: Transforming suffering into vitality with acceptance, mindfulness, and value-guided change strategies*. Full-day workshop, Dominican Retreat & Conference Center, Albany, NY [CE credits offered]
- Forsyth, J. P., & Hickling, E. (2007, November). *Living well with Multiple Sclerosis*. Half-day workshop, sponsored by the Center for Disabilities Services, Albany, NY.
- Forsyth, J. P., & Eifert, G. H. (Workshop Leaders) (2007, November). *Acceptance and Commitment Therapy for anxiety disorders*. Half-day professional institute conducted at the 41<sup>st</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA. [CE credits offered].
- Forsyth, J. P. (2007, September). *Balancing acceptance and change in the treatment of anxiety disorders with Acceptance and Commitment Therapy: A nuts and bolts workshop*. Half-day professional workshop, sponsored by the Institute of Mental Health Research, Ottawa, CA [CE credits offered].
- Forsyth, J. P. (2007, September). *Human suffering in an emotion regulation context: Implications for the origins, maintenance, and treatment of anxiety disorders*. Invited keynote address as part of the Institute of Mental Health Research Inaugural Symposium, Ottawa, CA.
- Forsyth, J. P. (2007, August). *Acceptance and commitment therapy for anxiety disorders: Transforming anxious suffering using acceptance, mindfulness and value-guided action*. Full-day professional workshop, organized by CPM Training & Counseling, conducted in Sydney, Australia [CE credits offered].
- Forsyth, J. P. (2007, August). *Acceptance and commitment therapy for anxiety disorders: Transforming anxious suffering using acceptance, mindfulness and value-guided action*. Full-day professional workshop, organized by CPM Training & Counseling, conducted in Brisbane, Australia [CE credits offered].
- Forsyth, J. P. (2007, August). *Acceptance and commitment therapy for anxiety disorders: Transforming anxious suffering using acceptance, mindfulness and value-guided action*. Full-day professional workshop, organized by CPM Training & Counseling, conducted in Adelaide, Australia [CE credits offered].
- Forsyth, J. P. (2007, August). *Acceptance and commitment therapy for anxiety disorders: Transforming anxious suffering using acceptance, mindfulness and value-guided action*. Full-day professional workshop, organized by CPM Training & Counseling, conducted in Perth, Australia [CE credits offered].
- Forsyth, J. P. (2007, August). *Acceptance and commitment therapy for anxiety disorders: Transforming anxious suffering using acceptance, mindfulness and value-guided action*. Full-day professional workshop, organized by CPM Training & Counseling, conducted in Melbourne, Australia [CE credits offered].
- Forsyth, J. P. (2007, June). *Balancing acceptance and change in the treatment of anxiety disorders: The new Acceptance and Commitment Therapy*. Full-day professional workshop conducted at Four Winds Hospital, Saratoga Springs, NY. [CE credits offered].
- Forsyth, J. P. (2007, June). *Acceptance and Commitment Therapy for the anxiety disorders*. Full-day workshop, sponsored by the British Columbia Psychological Association, Vancouver, British Columbia [CE credits offered].
- Forsyth, J. P. (2007, April). *Acceptance and Commitment Therapy for anxiety disorders. A Nuts and Bolts 2-Day professional workshop*. Two day workshop sponsored by the Psychology Department, Bowling Green University, OH.
- Forsyth, J. P. (2007, February). *Acceptance and Commitment Therapy for anxiety disorders: A nuts and bolts workshop*. Half-day professional workshop conducted at the 18<sup>th</sup> annual meeting of the North Carolina Association for Behavior Analysis, Wrightsville Beach, NC. [CE credits offered].

Forsyth, J. P. (2007, February). *Fear learning in an emotion regulation context*. Invited keynote address presented at the 18<sup>th</sup> annual meeting of the North Carolina Association for Behavior Analysis, Wrightsville Beach, NC.

#### 2006

Forsyth, J. P., & Eifert, G. H. (Workshop Leaders) (2006, November). *Acceptance and Commitment Therapy for anxiety disorders*. Half-day professional workshop conducted at the 40<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL. [CE credits offered].

Forsyth, J. P., & Greco, L. (Workshop Leaders) (2006, October). *Balancing acceptance and change in the treatment of anxiety disorders and other life problems: The new Acceptance and Commitment Therapy*. Half-day professional workshop conducted at the HCBS Waiver Staff Development Meeting, New York State Office of Mental Health, Albany, NY [CE credits offered].

Forsyth, J. P. (2006, April). *Integrating mindfulness, acceptance and value-guided strategies in the treatment of anxiety disorders: The new Acceptance and Commitment Therapy*. Invited grand rounds presentation at Four Winds Hospital, Saratoga Springs, NY. [CE credits offered].

Eifert, G. H., & Forsyth, J. P. (Workshop Leaders) (2006, January). *Acceptance and Commitment Therapy: How to alleviate psychological suffering and move in valued directions*. Four day professional workshop conducted at Massey University, Summer Institute Series, Wellington, New Zealand. [CE credits offered].

#### 2005

Eifert, G. H., & Forsyth, J. P. (Workshop Leaders) (2005, November). *Acceptance and Commitment Therapy for anxiety disorders*. Half-day professional workshop conducted at the 39<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC. [CE credits offered].

Forsyth, J. P. (2005, November). *Acceptance and Commitment Therapy for anxiety disorders: Overview and mindful evaluation*. Invited colloquium presented at Boston University, Boston, MA.

Forsyth, J. P. (2005, September). *Acceptance and Commitment Therapy for anxiety disorders: A nuts and bolts workshop*. Full day professional workshop conducted at the University of Maine, Orono, ME, in conjunction with the Togus VAMC [CE credits offered].

Forsyth, J. P. (2005, March). *Balancing acceptance and change in the treatment of anxiety disorders: A mindful evaluation*. Invited colloquium presented at Providence College, Providence, RI.

Forsyth, J. P. (2005, April). *Acceptance and Commitment Therapy for the anxiety disorders*. Invited keynote address presented at the University of Wisconsin-Milwaukee, Milwaukee, WI.

#### 2003

Forsyth, J. P. (2003, May). *The acquisition and extinction of attentional bias for threat*. Invited paper presented at the Special Interest Meeting on Learning and Fear, Leuven, Belgium.

#### 2002

Forsyth, J. P. (2002, February). *Attentional biases in anxiety-related disorders: Do they have anything to do with threat?* Invited colloquium presented at the Center for Stress and Anxiety Disorders, Albany, NY.

#### 2001

Forsyth, J. P. (2001, April). *Carbon-dioxide challenge in a fear conditioning context*. Seminar presented at the joint biology/neuroscience seminar, University at Albany, SUNY, Departments of Biology and Psychology, Albany, NY.

## 2000

- Forsyth, J. P. (2000, August). *Behavior analysis, "complex" human behavior, and the problem of privacy*. Invited address, sponsored by Division 25 of the American Psychological Association, presented at the annual meeting of the American Psychological Association, Washington, DC.
- Forsyth, J. P. (2000, January). *The science and practice of acceptance and change in psychotherapy*. Invited colloquium presentation, Department of Counseling Psychology, University at Albany, State University of New York, Albany, NY.

## 1999

- Forsyth, J. P. (1999, February). *Etiology, process, and outcome: Developing a clinically-relevant experimental psychopathology of anxiety-related phenomenology*. Invited colloquium presentation, Department of Psychology, University of Nevada, Reno, NV.

## 1998

- Forsyth, J. P. (1998, June). *Etiology, process, and outcome: Contemporary advances in understanding the nature and treatment of anxiety-related disorders*. Invited presentation, Adult Psychopathology Institute, University of Southern Maine, Gorham, ME.
- Forsyth, J. P. (1998, April). *You are the future of psychology, and that future begins now: A message to psychology majors*. Invited speaker, National Honor Society in Psychology (Psi Chi) Induction Ceremony, University at Albany, State University of New York, Albany, NY.

## 1997

- Forsyth, J. P. (1997, March). *Panic and alarms in the conditioning etiology of human fears*. Invited grand round presentation, Department of Psychiatry and Human Behavior, University of Mississippi Medical Center, Jackson, MS.
- Forsyth, J. P. (1995, May). *"Cleaning-up cognition" in triple response fear assessment*. Invited address presented at the 21st annual meeting of the Association for Behavior Analysis, Washington, DC.

## 1994

- Forsyth, J. P. (1994, December). *Acceptance and Commitment Therapy (ACT) and Acceptance Based Strategies*. Invited colloquium presentation, Kennedy Federal Correctional Institution, Morgantown, WV.

## CONFERENCE SYMPOSIA

## 2011

- Forsyth, J. P., \*Sheppard, S. C., Hickling, E. J., \*Berghoff, C. R., \*Russo, A. R., \*Lehrbach, M. P., & Kip, K. E. (November, 2011). Developing ACT as a self-help modular online intervention for veterans of the Iraq and Afghanistan wars: Overview, challenges, and recommendations. In Herbert, J. D. (Chair), *Internet-based psychological services: Legal, ethical, and clinical issues*. Symposium presented at the 45<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.

- \*Sheppard, S. C., & Forsyth, J. P. (Co-Chairs), *Doing more with less: Increasing the efficiency, impact, and reach of CBT through processes of change research in ACT and MBSR outcome trials*. Symposium presented at the 45th annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.
- \*Russo, A. R., Forsyth, J. P., \*Sheppard, S. C., & Berghoff, C. R. (November, 2011). A multiple mediational model of ACT- and CBT-relevant processes: Understanding mechanisms of change in the treatment of anxiety. In S. C. Sheppard & J. P. Forsyth (Co-Chairs), *Doing more with less: Increasing the efficiency, impact, and reach of CBT through processes of change research in ACT and MBSR outcome trials*. Symposium presented at the 45<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.
- \*Sheppard, S. C., Forsyth, J. P., & \*Russo, A. R. (November, 2011). ACT self-help as an adjunct to treatment as usual: Improving outcomes and understanding mechanisms of action. In S. C. Sheppard & J. P. Forsyth (Co-Chairs), *Doing more with less: Increasing the efficiency, impact, and reach of CBT through processes of change research in ACT and MBSR outcome trials*. Symposium presented at the 45<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.

## 2010

- Forsyth, J. P., \*Sheppard, S. C., \*Valdivia-Salas, S., & \*Russo, A. R. (2010, June). Acceptance and Commitment Therapy in an emotion regulation context. In D. Sloan (Chair), *Emotion regulation and psychopathology: From science to practice*. Symposium presented at the World Congress in Behavioral and Cognitive Therapies, Boston, MA.
- Marx, B. P., Forsyth, J. P., & Gallup, G. (2010, June). Tonic immobility as an evolved predator defense: Implications for trauma survivors. In M. Hagedaars (Chair), *Scared stiff: Human immobility in response to threat*. Symposium presented at the World Congress in Behavioral and Cognitive Therapies, Boston, MA.
- \*Herzberg, K. N., & Forsyth, J. P. (Co-Chairs) (2010, November). *Assessment and evaluation of fusion and defusion as a universal process in psychopathology and behavior change*. Symposium conducted at the 44<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.
- \*Herzberg, K. N., \*Sheppard, S. C., & Forsyth, J. P. (2010, November). *Validation of the Believability of Anxious Feelings and Thoughts Questionnaire (BAFT) in a healthy undergraduate and high anxious community sample*. In H. Herzberg & J. P. Forsyth (Chairs), *Assessment and evaluation of fusion and defusion as a universal process in psychopathology and behavior change*. Symposium conducted at the 44<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, San Francisco, CA.

## 2009

- Forsyth, J. P. (Discussant) (2009, November). In A. Cameron (Chair), *Reactivity to negative affect: Innovative measurement of a universal process*. Symposium presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \* Sheppard, S. C., & Forsyth, J. P. (Chairs) (2009, November). *Beyond the efficacy ceiling: Targeting universal processes across diverse problems in ACT clinical effectiveness trials*. Symposium presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

- Forsyth, J. P., & \*Sheppard, S. C. (2009, November). The effectiveness of ACT for anxiety disorders: Outcomes from a randomized wait-list clinical trial evaluating the Mindfulness and Acceptance Workbook for Anxiety. In S. C. Sheppard & J. P. Forsyth (Chairs), *Beyond the efficacy ceiling: Targeting universal processes across diverse problems in ACT clinical effectiveness trials*. Symposium presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \* Sheppard, S. C., & Forsyth, J. P. (2009, November). Multiple mediators and the search for mechanisms of action: A clinical trial of ACT in the treatment of anxiety disorders. In S. C. Sheppard & J. P. Forsyth (Chairs), *Beyond the efficacy ceiling: Targeting universal processes across diverse problems in ACT clinical effectiveness trials*. Symposium presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \*Valdivia-Salas, S., Forsyth, J. P., & Soriano, C. L. (May, 2009). Attentional bias for laboratory-induced threat and transfer of color-naming interference. In B. T. Roche (Chair), *Why we must cease avoiding avoidance: Explaining human avoidance and anxiety requires different Talk (and processes)*. Symposium presented at the 25<sup>th</sup> annual meeting of the Association for Behavior Analysis International, Phoenix, AZ.
- \*Herzberg, K. N., \*Sheppard, S., Forsyth, J. P., & Eifert, G. H. (2009, May). The Believability of Anxious Thoughts and Feelings Questionnaire (BAFT): Psychometric properties and future directions. In A. C. Adcock (Chair), *Measuring processes of change in Acceptance and Commitment Therapy*. Symposium presented at the 25<sup>th</sup> annual meeting of the Association for Behavior Analysis International, Phoenix, AZ.
- \*Fuse, T., & Forsyth, J. P. (2009, March). Psychophysiological responses to sexual assault related imagery in sexual assault survivors with and without a history of tonic immobility. In M. Adams (Chair), *Paroxysmal paralysis in traumatized and anxious samples: An examination of isolated sleep paralysis and tonic immobility*. Symposium presented at the 29<sup>th</sup> annual meeting of the Anxiety Disorders Association of America, Santa Ana Pueblo, NM.

## 2008

- Forsyth, J. P., & \*Acheson, D. T. (Chairs) (2008, November). *Novel advances in fear learning: From basic science to clinical application*. Symposium presented at the 42<sup>nd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, CA.
- \*Acheson, D. T., \*Moses, E., & Forsyth, J. P. (2008, November). Interoceptive fear conditioning and panic disorder: An experimental evaluation of multiple CS-US contingency arrangements. In J. P. Forsyth & D. T. \*Acheson (Chairs), *Novel advances in fear learning: From basic science to clinical application*. Symposium presented at the 42<sup>nd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, CA.
- Forsyth, J. P. (Discussant) (2008, November). In E. \*Moses & D. T. \*Acheson (Chairs), *Unearthing the role of emotional regulatory processes in the anxiety disorders: Contributions from experimental psychopathology*. Symposium presented at the 42<sup>nd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, CA.
- Gannon, S., Roche, B., Forsyth, J. P., Kanter, J. W., & Linehan, C. (2008, May). The approach-avoidance conflict: Examining an empirical model of human anxiety and phobia. In S. Smyth (Chair), *Exploring anxiety: Avoidance and expectancy bias*. Symposium presented at the 34<sup>th</sup> annual meeting of the Association for Behavior Analysis, Chicago, IL.
- \*Valdivia-Salas, S., Luciano-Soriano, C., & Forsyth, J. P. (2008, May). Relational responding in the emergence and maintenance of cognitive biases. In J. R. Jiménez (Chair), *Recent developments within the relational responding paradigm: False memories, cognitive biases, and rebound effect*. Symposium presented at the 34<sup>th</sup> annual meeting of the Association for Behavior Analysis, Chicago, IL.

## 2007

- \*Kelly, M.M., & Forsyth, J. P. (2007, November). The use of a panicogenic observational fear conditioning paradigm to investigate the pathogenesis of anxiety and fear. In J.A. Richey (Chair), *Innovations in biological challenge paradigms: Implications for assessment and treatment of anxiety*. Symposium presented at the 41<sup>st</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- \*Moses, E. B., \*Acheson, D. T., & Forsyth, J. P. (2007, November). Experiential avoidance and anxiety sensitivity: Using meditational models to test their contribution as risk factors for anxiety-related distress and symptomatology. In A. Bernstein & A. A. Vujanovic (Chairs), *Affect tolerance: Clinical implications of emerging basic research*. Symposium presented at the 41<sup>st</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- \*Acheson, D., & Forsyth, J. P. (2007, May). Experimental evaluation of the interoceptive conditioning account of panic disorder: Surprising results with applied implications. In S. Dymond (Chair), *Basic, applied and translational research on conditioning and derived relational responding*. Symposium presented at the 33<sup>rd</sup> annual meeting of the Association for Behavior Analysis, San Diego, CA.

## 2006

- Forsyth, J. P. (Discussant) (2006, November). In E. M. Forman & T. B. Kashdan (Chairs), *Experiential avoidance as a toxic mechanism in self-control, interpersonal, and emotional disturbances*. Symposium presented at the 40<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

## 2005

- Forsyth, J. P. (Chair) (2005, May). *Anxiety, fear, and avoidance, oh my!: Toward a behavior analytic experimental psychopathology of anxious suffering*. Symposium presented at the 31<sup>st</sup> annual meeting of the Association for Behavior Analysis, Chicago, IL.
- Forsyth, J. P. (2005, May). Emotion regulation and human suffering. In J. P. Forsyth (Chair), *Anxiety, fear, and avoidance, oh my!: Toward a behavior analytic experimental psychopathology of anxious suffering*. Symposium presented at the 31<sup>st</sup> annual meeting of the Association for Behavior Analysis, Chicago, IL.
- Forsyth, J. P., & Eifert, G. H. (2005, May). Acceptance and Commitment Therapy for anxiety disorders: On the frontier of process-oriented treatment protocols. In B. T. Roche (Chair), *Pushing the frontiers of acceptance-based research: We're not in Kansas anymore*. Symposium presented at the 31<sup>st</sup> annual meeting of the Association for Behavior Analysis, Chicago, IL.
- \*Finlay, C. G., & Forsyth, J. P. (2005, May). Contextual effects on conditioned emotional responding following extinction: A laboratory model of return of fear. In J. P. Forsyth (Chair), *Anxiety, fear, and avoidance, oh my!: Toward a behavior analytic experimental psychopathology of anxious suffering*. Symposium presented at the 31<sup>st</sup> annual meeting of the Association for Behavior Analysis, Chicago, IL.
- \*Acheson, D., & Forsyth, J. P. (2005, May). Twinges and flutters aren't bad, they're dangerous: An experimental analysis of "fear of fear" in panic disorder. In J. P. Forsyth (Chair), *Anxiety, fear, and avoidance, oh my!: Toward a behavior analytic experimental psychopathology of anxious suffering*. Symposium presented at the 31<sup>st</sup> annual meeting of the Association for Behavior Analysis, Chicago, IL.

## 2004

- \*Karekla, M., Forsyth, J. (2004, November). A comparison between acceptance enhanced cognitive behavioral and Panic Control Treatment for panic disorder. In S. M. Orsillo (Chair), *Acceptance-based behavioral therapies: New directions in treatment development across the diagnostic spectrum*. Symposium presented at the 38<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

## 2003

- Forsyth, J. P. (Chair) (2003, November). *Tonic immobility in sexual assault survivors: Overview of assessment, prevalence, impact, and relation with revictimization*. Symposium presented at the 37<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- \*Fuse, T. M., Forsyth, J. P., Marx, B., \*Karekla, M., & Gallup, G. G., Jr. (2003, November). Psychometric properties of the Tonic Immobility Scale (TIS). In J. P. Forsyth (Chair), *Tonic immobility in sexual assault survivors: Overview of assessment, prevalence, impact, and relation with revictimization*. Symposium presented at the 37<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Forsyth, J. P., Marx, B., \*Fuse, T. M., Heidt, J. M., & Gallup, G. G., Jr. (2003, November). Tonic immobility in sexual assault: Prevalence, assault characteristics, and post-assault psychological sequelae in an adult sample of sexual assault survivors. In J. P. Forsyth (Chair), *Tonic immobility in sexual assault survivors: Overview of assessment, prevalence, impact, and relation with revictimization*. Symposium presented at the 37<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Heidt, J. M., Marx, B. P., & Forsyth, J. P. (2003, November). Rape-induced paralysis in childhood: Clinical and nonclinical samples with a history of child sexual assault. In J. P. Forsyth (Chair), *Tonic immobility in sexual assault survivors: Overview of assessment, prevalence, impact, and relation with revictimization*. Symposium presented at the 37<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Forsyth, J. P., & \*Karekla, M. (2003, November). On the road to acceptance: A mindful overview of some methodological and conceptual challenges that lie ahead. In K. Salters & J. Block (Chairs), *Mindfulness and acceptance-based behavioral therapies: Methodologies and mechanisms*. Symposium presented at the 37<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Forsyth, J. P., & \*Kelly, M. M. (2003, November). Evaluative conditioning and attentional bias: A sticky form of relational learning that is difficult to extinguish. In D. McKay & B. Olantunji (Chairs), *Conditioning and response patterns associated with disgust*. Symposium presented at the 37<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

## 2002

- Forsyth, J. P. (Chair) (2002, May). *A behavior analytic experimental psychopathology of cognition: Unearthing nebulous "cognitive" phenomena in anxiety*. Symposium presented at the 28<sup>th</sup> annual meeting of the Association for Behavior Analysis, Toronto, CA.
- \*Karekla, M., & Forsyth, J. P. (2002, May). *Perceived control vs. uncontrollability in relation to fear conditioning and attentional bias for threat*. In J. P. Forsyth (Chair), *A behavior analytic experimental psychopathology of cognition: Unearthing nebulous "cognitive" phenomena in anxiety*. Symposium presented at the 28<sup>th</sup> annual meeting of the Association for Behavior Analysis, Toronto, CA.



- \*Kelly, M. M., & Forsyth, J. P. (2002, May). *Using observational fear conditioning to establish the so-called attentional bias for threat: An experimental evaluation*. In J. P. Forsyth (Chair), *A behavior analytic experimental psychopathology of cognition: Unearthing nebulous "cognitive" phenomena in anxiety*. Symposium presented at the 28<sup>th</sup> annual meeting of the Association for Behavior Analysis, Toronto, CA.
- \*Finlay, C. G., & Forsyth, J. P. (2002, May). *Testing the effects of derived relational responding on tacting word colors on an emotional Stroop task*. In J. P. Forsyth (Chair), *A behavior analytic experimental psychopathology of cognition: Unearthing nebulous "cognitive" phenomena in anxiety*. Symposium presented at the 28<sup>th</sup> annual meeting of the Association for Behavior Analysis, Toronto, CA.
- \*Forsyth, J. P., & Zvolensky, M. J. (2002, November). *Experimental psychopathology in clinical science and practice: The need for a stronger translational agenda*. In J. B. Persons (Chair), *Bridging the gap between basic research and intervention for depression and anxiety*. Symposium presented at the 36<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

### 2001

- Forsyth, J. P., & Zinbarg, R. E. (Co-Chairs) (2001, November). *Innovating experimental and clinical applications of biological challenge procedures*. Symposium presented at the 35<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- Forsyth, J. P. (2001, November). *Carbon dioxide challenge in a fear conditioning context: Implications for anxiety-related phenomenology*. In J. P. Forsyth & R. E. Zinbarg (Co-Chairs), *Innovating experimental and clinical applications of biological challenge procedures*. Symposium presented at the 35<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

### 2000

- Forsyth, J. P., \*Finlay, C., \*Karekla, M., & \*Limbird, C. (2000, May). *Where is the science behind acceptance?: A review and critical analysis of "supporting" data and methods*. In E. Wulfert (Chair), *Acceptance and change: A conceptual and methodological critique*. Symposium conducted at the 26<sup>th</sup> annual meeting of the Association for Behavior Analysis, Washington, DC.
- Forsyth, J. P. (Chair) (2000, November). *Contributions of experimental psychopathology to the advancement of behavior therapy*. Symposium conducted at presentation at the 34<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Forsyth, J. P., & \*Limbird, K. (2000, November). *Knowledge for knowledge's sake vs. knowledge for what it can accomplish: How relevant is experimental psychopathology to behavior therapy?* In J. P. Forsyth (Chair), *Contributions of experimental psychopathology to the advancement of behavior therapy*. Symposium conducted at presentation at the 34<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Forsyth, J. P., & Zvolensky, M. J. (Co-Chairs) (2000, November). *Predictability and control in anxiety and its disorders: A new look at risk with implications for theory, etiology, and treatment*. Symposium conducted at the 34<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- Forsyth, J. P., & \*Karekla, M. (2000, November). *From a normal to a disordered experience of anxiety and fear: A contextual analysis of psychological and experiential risk factors*. In J. P. Forsyth & M. J. Zvolensky (Co-Chairs), *Predictability and control in anxiety and its disorders: A new look at risk with implications for theory, etiology, and treatment*. Symposium conducted at the 34<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

- \*Finlay, C. G., & Forsyth, J. P. (Co-Chairs) (2000, November). *Not so radical solutions to the problem of thinking, feeling, and human suffering: A new look at behavior analysis since the operant chamber*. Symposium conducted at the 34<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- \*Finlay, C. G., & Forsyth, J. P. (2000, November). Assets and liabilities of the experimental analysis of cognition and emotion: Implications for clinical cognitive and behavioral interventions. In C. G. \*Finlay & J. P. Forsyth (Co-Chairs), *Not so radical solutions to the problem of thinking, feeling, and human suffering: A new look at behavior analysis since the operant chamber*. Symposium conducted at the 34<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

### 1999

- Forsyth, J. P., \*Canna, M. A., & Chorpita, B. F. (1999, May). Instructional control over anxiogenic responses induced by repeated inhalations of 20% CO<sub>2</sub>-enriched air: Implications for acceptance-based interventions. In E. Augustson (Chair), *Empirical investigations of acceptance and change in experimental and clinical contexts*. Symposium conducted at the 25<sup>th</sup> annual meeting of the Association for Behavior Analysis, Chicago, IL.
- Forsyth, J. P., Kollins, S. L., & \*Canna, M. A. (1999, May). A functional analysis of functional analyses? In M. Cole (Chair), *Functional analysis technology: Issues in methodology and application*. Symposium conducted at the 25<sup>th</sup> annual meeting of the Association for Behavior Analysis, Chicago, IL.
- Forsyth, J. P., & \*Canna, M. A. (1999, November). Knowns and unknowns of carbon dioxide challenge in the anxiety disorders: A 50 year review. In B. Schmidt & J. P. Forsyth (Co-Chairs), *Biological challenge methodology in anxiety disorders: A review of ethics, methodology, ecological validity, and new evidence elucidating parameters affecting fear responding*. Symposium conducted at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.
- Schmidt, B., & Forsyth, J. P. (Co-Chairs) (1999, November). *Biological challenge methodology in anxiety disorders: A review of ethics, methodology, ecological validity, and new evidence elucidating parameters affecting fear responding*. Symposium conducted at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA. *Presenters Include*: G. Beck, B. Schmidt, J. P. Forsyth, M. Zvolensky; *Discussant*: R. McNally.
- Forsyth, J. P., & Scotti, J. R. (Co-Chairs) (1999, November). *After 20 years of the Behavioral Assessment Grid (B.A.G.), is it time to bag the B.A.G.?* Symposium conducted at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.
- \*Ivanova, M. Y., \*Mass, J. L., \*Maloney, K. C., & Forsyth, J. P. (1999, November). Defining the depressive experience: Cone's Behavioral Assessment Grid for depression. In J. P. Forsyth & J. R. Scotti (Co-Chairs), *After 20 years of the Behavioral Assessment Grid (B.A.G.), is it time to bag the B.A.G.?* Symposium conducted at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.
- \*Haim, A. J., \*Block, J. A., \*Kessler, C., & Forsyth, J. P. (1999, November). The functional assessment matrix? A reformulation of Cone's Behavioral Assessment Grid. In J. P. Forsyth & J. R. Scotti (Co-Chairs), *After 20 years of the Behavioral Assessment Grid (B.A.G.), is it time to bag the B.A.G.?* Symposium conducted at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.

## 1998

- Forsyth, J. P., \*Duff, K., & \*Palav, A. (1998, May). Establishing operations and emotional behavior: What we know and what we don't know. In W. Ju (Chair), *Motivation made me do it: Innovations in the investigation of motivative functions*. Symposium conducted at the 24<sup>th</sup> annual meeting of the Association for Behavior Analysis, Orlando, FL.
- Forsyth, J. P., \*Palav, A., & \*Duff, K. (1998, May). What is there to fear?: Conceptual and experimental dimensions of fear and anxiety-related phenomena. In E. Augustson (Chair), *Dimensions of acceptance and change in experimental and clinical contexts*. Symposium conducted at the 24<sup>th</sup> annual meeting of the Association for Behavior Analysis, Orlando, FL.
- Forsyth, J. P., & Chorpita, B. F. (Co-Chairs) (1998, November). *Moving beyond DSM-IV classification to dimensional and process-oriented thinking: A case in the making*. Symposium conducted at the 32<sup>nd</sup> annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC. *Discussant*: Ian Evans.
- Forsyth, J. P. (1998, November). Core behavioral processes behind response-based disorders of emotion: What is there to fear? In J. P. Forsyth & B. F. Chorpita (Co-Chairs), *Moving beyond DSM-IV classification to dimensional and process-oriented thinking: A case in the making*. Symposium conducted at the 32<sup>nd</sup> annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

## 1997

- Forsyth, J. P. (1997, November). Moving beyond laboratory conditioning models without a shock: At the frontiers of relevant experimental analogues of clinical fear onset. In C. W. Lejuez & M. J. Zvolensky (Co-Chairs), *Studying anxiety in the lab: Irrelevant or indispensable?* Symposium conducted at the 31<sup>st</sup> annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Forsyth, J. P., & Chorpita, B. F. (1997, November). When fighting with one's psychology creates more psychopathology. In R. Walser (Chair), *Thought and emotion suppression: Implications for clinical interventions in psychotherapy*. Symposium conducted at the 31<sup>st</sup> annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Forsyth, J. P., & Eifert, G. H. (1997, March). Systemic alarms and panic in the conditioning etiology of human fears: Laboratory findings with important treatment implications. In S. G. Hofmann & D. A. Spiegel (Co-Chairs), *Treatment of panic disorder and agoraphobia: Efficacy, cost-effectiveness, and active ingredients*. Symposium conducted at the annual meeting of the Anxiety Disorders Association of America, New Orleans, LA.
- Forsyth, J. P. (1997, May). Emotion: Important causal influences, epiphenomena, or collateral byproducts? In R. P. Hawkins (Chair), *Clinical behavior analysts: What do they "think" about thinking and feeling?* Symposium conducted at the 23<sup>rd</sup> annual meeting of the Association for Behavior Analysis, Chicago, IL.
- Forsyth, J. P. (1997, May). Prescription privileges for psychologists undermine environmentally-based interventions: A behavior-analytic wake-up call. In R. P. Hawkins (Chair), *Behavior analysis and managed care: Good marriage or bad?* Symposium conducted at the 23<sup>rd</sup> annual meeting of the Association for Behavior Analysis, Chicago, IL.
- Forsyth, J. P. (1997, May). Panic, alarms, and other frightful relations: A laboratory aversive conditioning preparation using CO<sub>2</sub>-enriched air with real world implications. In S. Kollins (Chair), *Moving clinical behavior analysis from the lab, to the real world, and back*. Symposium conducted at the 23<sup>rd</sup> annual meeting of the Association for Behavior Analysis, Chicago, IL.
- Eifert, G. H., & Forsyth, J. P. (1997, May). *Classical conditioning of phobic fear: New concepts and experimental methods*. Invited address presented at the 15<sup>th</sup> annual meeting of the Division of Clinical Psychology, German Society for Psychology, Hofheim, Germany.

## 1996

- Forsyth, J. P. (1996, November). Origins of fears from within: Unearthing the relation between illness fear and panic. In G. H. Eifert (Chair), *Disease fears: Over represented in clinical practice, misrepresented in DSM, and under represented in research*. Symposium conducted at the 30<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Forsyth, J. P., & Hawkins, R. P. (Co-Chairs) (1996, November). *Behavior therapy at its best and worst*. Symposium conducted at the 30<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New York, NY. *Presenters include*: J. P. Forsyth, J. J. Plaud, R. Walser, G. H. Eifert, and I. Evans; *Discussant*: Cyril Franks.
- Forsyth, J. P., & Lejuez, C. W. (1996, November). The worst of: Taking the "theory" out of behavior therapy. In J. P. Forsyth & R. P. Hawkins (Co-Chairs), *Behavior therapy at its best and worst*. Symposium conducted at the 30<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.

## 1995

- Forsyth, J. P., Chase, P. N., Schauss, S. L., Masia, C. L., & Davig, J. P. (1995, May). A behavior-analytic reformulation of attribution theory: The naive observer's causal analysis in a social verbal context. In P. N. Chase (Chair), *Behavior analyses of social phenomena*. Symposium conducted at the 21<sup>st</sup> annual meeting of the Association for Behavior Analysis, Washington, D.C.
- Forsyth, J. P., & Hackbert, L. (1995, November). Why ask why?: A behavior analysis of causal attributions in the context of behavior therapy. In R. P. Hawkins (Chair), *Bridging barriers between paradigms: Making cognitive concepts relevant for behavior analysis*. Symposium conducted at the 29<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Hawkins, R. P., & Forsyth, J. P. (1995, November). The behavior analytic perspective: Its nature, prospects, and limitations for behavior therapy. In R. P. Hawkins (Chair), *Bridging barriers between paradigms: Making cognitive concepts relevant for behavior analysis*. Symposium conducted at the 29<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Masia, C. L., Chase, P. N., Forsyth, J. P., Davig, J. P., & Schauss, S. L. (1995, May). Observational learning revisited: A contemporary behavior analytic interpretation. In P. N. Chase (Chair), *Behavior analyses of social phenomena*. Symposium conducted at the 21<sup>st</sup> annual meeting for the Association of Behavior Analysis, Washington, D.C.
- Schauss, S. L., Chase, P. N., Davig, J. P., Forsyth, J. P., & Masia, C. L. (1995, May). More change for a buck and other (re-) interpretations of cognitive dissonance. In P. N. Chase (Chair), *Behavior analyses of social phenomena*. Symposium conducted at the 21<sup>st</sup> annual meeting of the Association for Behavior Analysis, Washington, D.C.
- Schauss, S. L., & Forsyth, J. P. (1995, May). What do we feel when we say "anxiety" and do we really mean what we say? In R. J. Kohlenberg (Chair), *A behavior analysis of emotions in psychotherapy*. Symposium conducted at the 21<sup>st</sup> annual meetings of the Association for Behavior Analysis, Washington, DC.

## 1994

- Eifert, G. H., Forsyth, J. P., & Schauss, S. L. (1994, November). Behavior therapy in the next 25 years: A context for a science of effective behavior change. In G. H. Eifert (Chair), *Putting the science of behavior change back into the practice of behavior therapy*. Symposium conducted at the 28<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.

- Forsyth, J. P., & Eifert, G. H. (1994, November). Putting the behavior back into emotion and both into context: Emotional avoidance revisited. In G. H. Eifert (Chair), *Putting the science of behavior change back into the practice of behavior therapy*. Symposium conducted at the 28<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.
- Forsyth, J. P., & Eifert, G. H. (1994, May). Cleaning up "cognition" in triple-response fear assessment. In R. P. Hawkins & J. R. Scotti (Co-Chairs), *Targeting behavior that's under the skin: Including all three response systems in clinical behavior analysis*. Symposium conducted at the 20<sup>th</sup> annual meeting for the Association for Behavior Analysis, Atlanta, GA.
- Schauss, S. L., & Forsyth, J. P. (1994, May). Have you seen my homunculus lately?: Giving up the inner person. In R. P. Hawkins & J. R. Scotti (Co-Chairs), *Targeting behavior that's under the skin: Including all three response systems in clinical behavior analysis*. Symposium conducted at the 20<sup>th</sup> annual meeting for the Association for Behavior Analysis, Atlanta, GA.

### 1993

- Forsyth, J. P. (1993, November). Moving beyond antiquated philosophical positions toward more integrative conceptualization for training in behavior therapy. In G. H. Eifert (Chair), *Diversity or disunity in behavior therapy training programs?: A student faculty perspective*. Symposium conducted at the 27<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Atlanta.
- Forsyth, J. P., Schauss, S. L., & Eifert, G. H. (1993, March). Bridging theories in psychology: Epistemological considerations regarding a paradigmatic solution. In G. H. Eifert (Chair), *A paradigmatic behavioral bridge from infrahuman to human behavior: Theory, applications, and epistemological considerations*. Symposium conducted at the 19<sup>th</sup> annual meeting of the Association for Behavior Analysis, Chicago.
- Eifert, G. H., Schauss, S. L., & Forsyth, J. P. (1993, March). Developing integrative paradigms in behavior therapy. In G. H. Eifert (Chair), *A paradigmatic behavioral bridge from infrahuman to human behavior: Theory, applications, and epistemological considerations*. Symposium conducted at the 19<sup>th</sup> annual meeting of the Association for Behavior Analysis, Chicago.
- Scotti, J. R., Forsyth, J. P., Beach, B. K., Northrop, L. M. E., & Thompson, J. (1993, March). Paradigmatic behavioral framework model for combat-related post-traumatic stress disorder. In G. H. Eifert (Chair), *A paradigmatic behavioral bridge from infrahuman to human behavior: Theory, applications, and epistemological considerations*. Symposium conducted at the 19<sup>th</sup> annual meeting of the Association for Behavior Analysis, Chicago.

### 1992

- Eifert, G. H., Forsyth, J. P., & Schauss, S. L. (1992, November). Unifying the field: Developing integrative paradigms in behavior therapy. In G. H. Eifert and J. J. Plaud (Co-Chairs), *The contributions of the behaviorisms to the development and advancement of behavior therapy*. Symposium conducted at the 26<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

### 1991

- Penk, W. E., Litz, B. T., Walsh, S., Hyer, L., Forsyth, J. P., & Handler, L. (1991, August). Validity indicators on the MMPI and MMPI-2 in combat-related post-traumatic stress disorder. In B. T. Litz & W. E. Penk (Chairs), *Advances in the psychometric assessment of combat-related PTSD*. Symposium conducted at the meeting of the American Psychological Association, San Francisco.

## PANEL DISCUSSIONS

### 2011

- \*Russo, A. R., & \*Herzberg, K. N. (Co-Moderators) (November, 2011). *Dissemination of CBTs to the public on a shoestring budget: Old problem, new solutions?* Panelists: J. P. Forsyth, J. D. Herbert, S. G. Hofmann, J. Luoma, M. McKay, & H. B. Robb. Panel conducted at the 45th annual convention of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.
- \*Herzberg, K. N., & Forsyth, J. P. (Co-Moderators) (November, 2011). *When speaking to our clients more directly isn't working: Using stories, metaphors, paradox, and analogies to increase the clinical impact of newer and more traditional CBTs.* Panelists: J. P. Forsyth, J. Arch, S. H. Hayes, S. M. Orsillo, M. W. Otto, D. D. Tirsch, & R. D. Walser. Panel conducted at the 45th annual convention of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.
- Ciarrochi, J. (Moderator) (October, 2011). *ACT in relation to traditional CBT.* Panel presented at the 5<sup>th</sup> annual meeting of the Australia and New Zealand conference of Acceptance and Commitment Therapy, Brisbane, Australia.

### 2010

- Reimers, T. (Moderator) (2010, September). *Advising and mentoring graduate students.* Panel conducted as part of the "Tenure Trek" series for junior faculty, sponsored by the Provost Office, University at Albany, SUNY, Albany, NY.

### 2009

- \*Moses, E. B. (Moderator) (2009, November). *Reflections on CBT and ACT: Outcomes, processes, and mechanisms of change.* Panelists: S. C. Hayes, S. C. Hoffman, J. P. Forsyth, L.-G. Ost, & J. Arch. Panel presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \*Sheppard, S. C., & Forsyth, J. P. (Moderators) (2009, November). *Alternative treatment delivery systems: New frontiers in training, dissemination, and intervention.* Panelists: J. Anestis, J. Kaplan, J. D. Herbert, G. A. Gahm, & A. N. Pearson. Panel presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Cardaciotto, L., & Block-Lerner, J. (Moderators) (2009, November). *Mindfulness: A universal intervention in the treatment of anxiety disorders.* Panelists: S. V. Batten, J. P. Forsyth, C. Molnar, & L. Roemer. Clinical round table presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

### 2007

- Santanello, A. P. (Moderator) (2007, November). *Recent innovations in behavior therapy for anger-related problems in living.* Panelists: A. P. Santanello, R. DiGiuseppe, G. H. Eifert, J. P. Forsyth, F. L. Gardner, & H. Kassinove. Panel discussion presented at the 41<sup>st</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

### 2005

- Spiegler, M. D. (Moderator). (2005, November). *The changing face of behavior therapy: Is behavior therapy having an identity crisis.* Panel discussion presented at the 39<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC. Panelists: M. J. Spiegler, M. R. Goldfried, J. P. Forsyth, R. J. Kohlenberg, M. M. Linehan.
- \*Barrios, V., & Blackmore, M. A. (Moderators). (2005, November). *At the frontier of unified treatments for anxiety disorders: A fresh look at CBT and ACT.* Panel discussion presented at the 39<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.

Panelists: V. Barrios, M. A. Blackmore, D. H. Barlow, M. G. Craske, G. H. Eifert, J. P. Forsyth, S. C. Hayes, S. G. Hofmann.

## 2002

- \*Block, J. (Chair) (2002, May). *Clinical roundtable - SUNY Albany*. Clinical roundtable and panel discussion conducted at the 28<sup>th</sup> annual meeting of the Association for Behavior Analysis, Toronto, CA. Panelists: E. Wulfert and J. P. Forsyth, University at Albany, SUNY; S. C. Hayes, University of Nevada, and R. F. Sonntag, Private Practice.
- Forsyth, J. P. (Moderator) (2002, November). *Improving clinical outcomes, improving clinical science: Next step strategies for translational research in behavior therapy*. Panel presented at the 35<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV. Panelists: J. P. Forsyth, University at Albany, SUNY; M. J. Zvolensky and M. Feldner, The University of Vermont; R. T. Dolan-Sewell, National Institute of Mental Health; J. Persons, Center for Cognitive Therapy; A. M. Kring and A. Y. Mikami, University of California, Berkeley; G. H. Eifert, Chapman University; and S. C. Hayes, University of Nevada.

## 2000

- Forsyth, J. P., & \*Karekla, M. (Moderators) (2000, November). *Values, goals, and standards, oh my! Student-faculty perspectives on graduate-training in behavior therapy*. Panel conducted at the 34<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA. Panelists: J. P. Forsyth, \*M. Karekla, and \*J. Lundgren, University at Albany, SUNY; I. Evans, and M. Connelly, University of Waikato; J. Persons, Center for Cognitive Therapy; G. T. Wilson, Rutgers University; S. C. Hayes and J. Gregg, University of Nevada; M. Addis and C. Hatgis, Clark University; and D. W. McNeil, West Virginia University.
- Follette, W. C., & Brunswig, K. A. (Moderators) (2000, November). *Implications for a nosological distinction among anxiety and depression for psychotherapy outcome research*. Panel conducted at the 34<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA. Panelists: M. Addis, Clark University; R. Blashfield, Auburn University; J. P. Forsyth, University at Albany, SUNY; R. Heimberg, Temple University, W. C. Follette, & K. A. Brunswig, University of Nevada-Reno.
- Feldman, D. (Moderator) (2000, November). *Radical behaviorism and cognitive neuroscience: A friendly debate of rival theoretical frameworks for the science and practice of clinical psychology*. Panel conducted at the 34<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA. Panelists: D. Feldman, University of Kansas; J. P. Forsyth, University at Albany-SUNY; S. Iliardi, University of Kansas; J. Plaud, Cambridge Center for Behavioral Studies and Brown University; and W. Tryon, Fordham University.

## CONFERENCE PAPER PRESENTATIONS

### 2013

- \*Sheppard, S. C., Forsyth, J. P., Earleywine, M., Hickling, E. J., & Lehrbach, M. P. (April, 2013). *Improving base rate estimation of alcohol misuse in the military*. Paper presented at the Madigan Army Medical Center Research Day, Joint Base Lewis McChord, WA.
- Berghoff, C. R., Ritzert, T. R., Petrone, E., & Forsyth, J. P. (November, 2013). *Evaluating the impact of experiential avoidance and cognitive fusion in daily life using experience sampling and time lagged analyses in a non-clinical sample*. Paper to be presented at the 47<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Memphis, TN.
- Ritzert, T. R., Berghoff, C. R., Reynolds, C., & Forsyth, J. P. (November, 2013). *Making sense of values in ACT: An experimental evaluation of the values clarification process and its relation to*

*distress domains, ACT processes, and quality of life.* Paper to be presented at the 47<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Memphis, TN.

## 2012

- \*Delprino, A., \*Berghoff, C. R., \*Raffaele, C., & Forsyth, J. P. (November, 2012). *A path analysis comparing the impact of CBT and ACT processes on quality of life.* Paper presented at the 46<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- \*Raffaele, C., Donati, M., \*Berghoff, C. R., \*Delprino, A., & Forsyth, J. P. (November, 2012). *Visually enhancing a multimedia-based ACT online treatment program.* Paper presented at the 46<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.
- \*Russo, A. R., Forsyth, J. P., \*Berghoff, C. R., Donati, M., \*Petroni, K., \*Cox, S., & \*Callahan, S. (November, 2012). *Multiple mediation analyses clarify mechanisms of change between ACT and CBT when delivered in a self-help context.* Paper presented at the 46<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD.

## 2011

- \*Herzberg, K. N., \*Berghoff, C. R., Forsyth, J. P., \*Russo, A. R., & \*Sheppard, S. C. (November, 2011). *Acceptance and mindfulness based processes mediate the relation between anxiety sensitivity and quality of life: A multiple mediation analysis.* Paper presented at the 45<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.
- \*Russo, A. R., Forsyth, J. P., \*Sheppard, S. C., \*Berghoff, C. R., \*Herzberg, K. N., & \*Orayfig, A. (November, 2011). *ACT and CBT alleviate anxious suffering in a self-help context, but how?: Using multiple mediation analyses to clarify unique and shared processes linked with good outcomes.* Paper presented at the 45<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.
- \*Sheppard, S. C., Forsyth, J. P., \*Van Dam, N., Earleywine, M., \*Russo, A. R., \*Herzberg, K. N., & \*Berghoff, C. R. (November, 2011). *Which is the most important mediator? Relative contributions of mindfulness and self-compassion in accounting for treatment outcomes.* Paper presented at the 45<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.
- \*Berghoff, C. R., \*Herzberg, K. N., \*Delprino, A., & Forsyth, J. P. (November, 2011). *ACT processes more fully account for quality of life than anxious symptomatology.* Paper presented at the 45<sup>th</sup> annual meeting of the Association of Behavioral and Cognitive Therapies, Toronto, ON, Canada.

## 2010

- \*Sheppard, S.C., Forsyth, J.P., \*Russo, A.R., & \*Herzberg, K.N. (November, 2010). *The effectiveness of unguided self-help for PTSD: A randomized clinical trial evaluating outcomes and mechanisms of action.* Paper to be presented at the 26th annual meeting of the International Society of Traumatic Stress Studies, Montreal, Canada.
- \*Sheppard, S.C., Forsyth, J.P., Hickling, E.J., & Earleywine, M.E. (November, 2010). *A novel approach to assessing base rates of PTSD in returning combat service members: The unmatched count technique.* Paper presented at the 26th annual meeting of the International Society of Traumatic Stress Studies, Montreal, Canada.
- \*Sheppard, S.C., Forsyth, J.P., \*Berghoff, C. & \*Russo, A.R. (November, 2010). *Reaching clinically anxious individuals who do not seek traditional mental health services: processes and outcomes from an ACT effectiveness trial.* Paper presented at the 44<sup>th</sup> annual meeting of the Association for Behavior and Cognitive Therapies, San Francisco, CA.



- \*Farmer, S., Forsyth, J.P. & \*Sheppard, S.C. (2010). *Evaluating a self-help workbook for mixed anxiety and depression: An ACT effectiveness trial assessing process and outcome measures*. Paper presented at the 44<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- \*Russo, A.R., Forsyth, J.P., \*Sheppard, S.C., \*Berghoff, C.R., \*Orayfig, A., & \*Raffaele, C. (2010, November). *Common and unique processes in the alleviation of anxious suffering: A comparative trial evaluating the effectiveness of an ACT and traditional CBT self-help workbook*. Paper presented at the 44<sup>th</sup> annual meeting of the Association for Behavior and Cognitive Therapies (ABCT), San Francisco, CA.
- \*Russo, A.R., Forsyth, J.P., \*Sheppard, S.C., \*Berghoff, C.R., \*Clark, P., & \*Posey, J. (2010, November). *ACT and CBT in a pure self-help context: A comparative trial evaluating two self-help workbooks on depression, anxiety, and quality of life in an international sample*. Paper presented at the 44<sup>th</sup> annual meeting of the Association for Behavior and Cognitive Therapies (ABCT), San Francisco, CA.
- \*Russo, A. R., Forsyth, J. P., \*Sheppard, S. C., \*Berghoff, C. R., \*Clark, P., & \*Posey, J. (2010, June). *The utility of ACT sans a therapist: An RCT evaluating ACT and traditional CBT self-help workbooks in an international sample of persons with anxiety disorders*. Paper presented at the 8<sup>th</sup> annual world congress of the Association for Contextual Behavioral Science (ACBS), Reno, Nevada.
- \*Russo, A. R., Forsyth, J. P., \*Sheppard, S. C., \*Berghoff, C. R., \*Orayfig, A., & \*Raffaele, C. (2010, June). *Attending to process variables matters, even within a self-help context: A fresh look at the role of ACT and CBT processes in the alleviation of anxious suffering*. Paper presented at the 8<sup>th</sup> annual world congress of the Association for Contextual Behavioral Science (ACBS), Reno, Nevada.

## 2009

- \*Herzberg, K. N., \*Sheppard, S. C., & Forsyth, J. P. (2009, November). *The believability of anxious thoughts and feelings questionnaire: Validation in a clinical community sample*. Paper presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \*Valdivia-Salas, S., Forsyth, J. P., \*Moses, E., \*Raffaele, C., \*Maijkut, K., & \*Larina, T. (2009, November). *Fear learning and the emergence and maintenance of attentional bias for threat: Integrating common processes in anxious suffering*. Paper presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \*Russo, A. R., Forsyth, J. P., \*Sheppard, S. C., & \*Promutico, R. (2009, November). *Evaluating the effectiveness of two self-help workbooks in the alleviation of anxious suffering: What processes are unique to ACT and CBT?* Paper presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \*Sheppard, S. C., Forsyth, J. P., \*Acosta, A., \*Herzberg, K. N., & \*Russo, A. R. (2009, November). *The effectiveness of unguided self-help for PTSD: A randomized clinical trial evaluating ACT process, outcomes, and clinically meaningful change*. Paper presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \*Sheppard, S. C., \*Larina, T., \*Herzberg, K. N., & Forsyth, J. P. (2009, November). *Pharmacotherapy, psychotherapy, and unguided self-help: A clinical trial exploring mechanisms of action and outcomes using ACT in the treatment of anxiety disorders*. Paper presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \*Curcuro, G., \*Promutico, R., \*Sheppard, S. C., \*Farmer, S., \*Herzberg, K. N., Forsyth, J. P., & Raffaele, C. (2009, November). *Evaluating the effectiveness of an unguided self-help ACT protocol in the treatment of panic disorder: The search for clinically significant change*. Paper presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

- \*Herzberg, K. N., Forsyth, J. P., & \*Sheppard, S. C. (2009, November). *The role of acceptance-based processes in the development of nonclinical panic: Evaluating the contribution of risk and protective factors for panic pathology*. Paper presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.
- \*Farmer, S., \*Geleta, L., \*Sheppard, S. C., \*Curcuro, G., Forsyth, J. P., & \*Maijkut, K. (2009, November). *Alternative treatment delivery systems: A randomized clinical trial evaluating the effectiveness of ACT in the treatment of GAD*. Paper presented at the 43<sup>rd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, New York, NY.

## 2008

- \*Herzberg, K. N., \*Sheppard, S. C., Forsyth, J. P., & Eifert, G. H. (2008, November). *Cognitive fusion as a moderator of the association between trait anxiety and experiential avoidance*. Paper presented at the 42<sup>nd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- \*Acheson, D. T., \*Moses, E., & Forsyth, J. P. (2008, November). *An experimental evaluation of the interoceptive conditioning model of panic disorder II: The role of CS – US predictability*. Paper presented at the 42<sup>nd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- \*Sheppard, S. C., Forsyth, J. P., Hickling, E. J., \*Herzberg, K. N., & \*Bianchi, J. (2008, November). *Evaluating the effectiveness of a half-day ACT workshop: Improving quality of life in adults with multiple sclerosis*. Paper presented at the 42<sup>nd</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

## 2007

- \*Barrios, V., \*Herzberg, K. N., & Forsyth, J. P. (2007, November). *Maladaptive emotion regulatory strategies and their relation with negative emotional states and events: Is experiential avoidance a toxic predisposition for anxiety-related problems? Is experiential avoidance a toxic predisposition for anxiety-related problems?* Paper presented at the 41<sup>st</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- \*Herzberg, K. N., Forsyth, J. P., \*Dispenza, F., \*Barrios, V., \*Capron, D. W., & \*Kagan, D. C. (2007, November). *The Experiential Avoidance Task: A preliminary report of a new behavioral measure of experiential avoidance and its convergent validity with indices of anxiety-related distress*. Paper presented at the 41<sup>st</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- \* Kelly, M. M., & Forsyth, J. P. (2007, November). *Emotional avoidance as a predictor of physiological and panic responses to an observational fear challenge procedure*. Paper presented at the 41<sup>st</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- \*Herzberg, K. N., Forsyth, J. P., \*Dispenza, F., & \*Acheson, D. T. (2007, November). *Toward the development of a behavioral measure of experiential avoidance: The Experiential Avoidance Task (EAT) and distress intolerance*. Paper presented at the 41<sup>st</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

## 2006

- Bovin, M. J., Pontoski, K., Marx, B. P., Sloan, D. M., & Forsyth, J. P. (2006, November). *Tonic immobility: Unique reaction to sexual trauma or potential reaction to other types of trauma?* Paper presented at the 40<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- \*Kelly, M. M., & Forsyth, J. P. (2006, November). *Emotional avoidance and reactions to an observational fear challenge procedure: The mediating role of anxiety sensitivity*. Paper presented at the 40<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

- \*Moses, E. B., \*Acheson, D. T., & Forsyth, J. P. (2006, November). *Does anxiety sensitivity mediate the relation between experiential avoidance and acute panicogenic distress?: An experimental evaluation*. Paper presented at the 40<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- \*Acheson, D. T., \*Moses, E. B., & Forsyth, J. P. (2006, November). *Clarifying the relation between emotional avoidance and panic severity: The mediating role of anxiety sensitivity in a sample of nonclinical panickers*. Paper presented at the 40<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

## 2005

- Castro, F., Heidt, J., Marx, B., & Forsyth, J. P. (2005, November). *Peritraumatic dissociation, rape acknowledgment and tonic immobility in women with a history of sex*. Paper presented at the 39<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- \*Fuse, T., Forsyth, J. P., & Gallup, G. G. (2005, November). *Psychophysiological responses to sexual assault related imagery in sexual assault survivors with and without a history of tonic immobility*. Paper presented at the 39<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- \*Barrios, V., \*Discalfani, J., \*Allen, C., \*Laughlin, K., \*Dispenza, F., & Forsyth, J. P. (2005, November). *Experiential avoidance as a mediator of the effects of psychological risk factors on panicogenic responding: An experimental evaluation*. Paper presented at the 39<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- \*Finlay, C. G., & Forsyth, J. P. (2005, November). *Effects of anxiety-related psychological factors on context-dependent fear return*. Paper presented at the 39<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- \*Kelly, M. M., & Forsyth, J. P. (2005, November). *Predictors of self-reported fear to an observational fear conditioning procedure: An investigation of the influence of the model's perceived fear reaction*. Paper presented at the 39<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- \*Laughlin, K., \*Barrios, V., \*Discalfani, J., \*Dispenza, F., \*Kawohl, A., & Forsyth, J. P. (2005, November). *Does experiential avoidance mediate the effects of emotion focused coping and inhibition in relation to anxiety-related concerns?: Implications for understanding risk for anxiety disorders*. Paper presented at the 39<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- \*Acheson, D., & Forsyth, J. P. (2005, November). *Interoceptive fear conditioning in panic disorder: An experimental demonstration using 20% CO<sub>2</sub>-enriched air in a healthy human sample*. Paper presented at the 39<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- \*Dispenza, F., Acheson, D. T., Forsyth, J. P., & \*Laughlin, K. (2005, November). *An evaluation of the incremental specificity of liberal, conservative, and DSM-IV definitions of panic attacks in non-clinical samples*. Paper presented at the 39<sup>th</sup> annual meeting of the Association for Behavioral and Cognitive Therapies, Washington, DC.
- \*Prenoveau, J. M., Forsyth, J. P., \*Kelly, M. M., & \*Barrios, V. (2005, May). *Risk of developing panic attacks not potentiated by exposure to CO<sub>2</sub> challenge*. Paper presented at the 17<sup>th</sup> annual meeting of the American Psychological Society, Los Angeles, CA.

## 2004

- \*Fuse, T. M. K., & Forsyth, J. P. (2004, November). *Tonic immobility and psychopathology in sexual assault survivors*. Paper presented at the 20<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies, New Orleans, LA.

- \*Acheson, D., Forsyth, J. P., \*Barrios, V., & \*Prenoveau, J. (2004, November). *Definitional specificity of nonclinical panic attacks: A comparative evaluation of liberal, conservative, and DSM-IV definitions*. Paper presented at the 38<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- \*Prenoveau, J., Forsyth, J. P., Bouton, M. E., \*Acheson, D., & \*Barrios, V. (2004, November). *Interoceptive fear conditioning as a model of panic disorder: An experimental evaluation*. Paper presented at the 38<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- \*Finlay, C., & Forsyth, J. P. (2004, November). *Context and return of conditioned fear established with 20% CO<sub>2</sub>-enriched air as an unconditioned stimulus*. Paper presented at the 38<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- \*Kelly, M., & Forsyth, J. P. (2004, November). *Sex differences and observational fear conditioning: An evaluation of the influence of gender role orientation on the development of fear*. Paper presented at the 38<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

### 2003

- \*Finlay, C. G., & Forsyth, J. P. (2003, November). *Effects of perceived control over repeated exposure to 20% carbon dioxide-enriched gas in an undergraduate sample*. Paper presented at the 37<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- \*Finlay, C. G., & Forsyth, J. P. (2003, November). *Testing relations amongst anxiety sensitivity, body vigilance, and emotional avoidance: A replication and extension*. Paper presented at the 37<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- \*Kelly, M. M., Forsyth, J. P., & \*Galka, J. (2003, November). *Evaluative conditioning versus fear conditioning in relation to the development of attentional bias for threat on a modified Stroop task*. Paper presented at the 37<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- \*Kelly, M. M., \*Karekla, M., \*Fuse, T., & Forsyth, J. P. (2003, November). *Predictors of DSM-IV panic symptoms following a biological challenge procedure*. Paper presented at the 37<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- \*Fuse, T., \*Karekla, M., \*Kelly, M., & Forsyth, J. P. (2003, November). *A confirmatory factor analysis and the identification of subscales of the Quality of Life Inventory (QOLI)*. Paper presented at the 37<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Heidt, J., Marx, B. P., & Forsyth, J. P. (2003, November). *Rape-induced paralysis in childhood: Clinical and nonclinical samples with a history of child sexual assault*. Paper presented at the 37<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- \*Karekla, M., Forsyth, J. P., \*Kelly, M. M., & \*Jackson, T. K. (2003). *Experiential avoidance in response to a biological challenge*. Paper presented at the 37<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- \*Karekla, M., \*Fuse, T., Forsyth, J. P., \*DeGraw, J., & \*Cole, R. (2003, November). *An exploratory factor analysis of the Quality of Life Inventory: Is it a multidimensional or a global index of quality of life?* Paper presented at the 37<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.
- Hayes, S. C., Strosahl, K., Wilson, K. G., Bissett, R. T., Pistorello, J., Toarmino, D., Polusny, M. A., Dykstra, T. A., Batten, S. V., Stewart, S. H., Zvolensky, M. J., Eifert, G. H., Bond, F. W., Forsyth, J. P., \*Karekla, M., & McCurry, S. M. (2003, August). *Measuring experiential avoidance*. Paper presented at the World Congress on ACT, REF, and the New Behavioral Psychology. Linköping, Sweden.

Smyth, S., Barnes-Holmes, D., Forsyth, J. P., Barnes-Holmes, Y., Whelan, R., & Walsh, D. (2003, August). *The derived transfer for arousal functions in spider-fearful and non-spider fearful participants using a respondent-type training procedure*. Paper presented at the World Congress on ACT, REF, and the New Behavioral Psychology. Linköping, Sweden.

## 2002

- \*Sabsevitz, J., & Forsyth, J. P. (2002, May). *Does noncontingent feedback enhance the efficacy of one-session exposure therapy for snake-fearful persons?: A preliminary report*. Paper presented at the 28<sup>th</sup> annual meeting of the Association for Behavior Analysis, Toronto, CA.
- \*Karekla, M., & Forsyth, J. P. (2002, May). *The role of controllability parameters and aversive learning in the development and maintenance of anxiety disorders*. Paper presented at the 28<sup>th</sup> annual meeting of the Association for Behavior Analysis, Toronto, CA.
- \*Karekla, M. & Forsyth, J. P. (2002, August). *Definition of non-clinical panic attacks and their relation to psychological risk-factors*. Paper presented at the annual meeting of the American Psychological Association, Chicago, IL.
- \*Finlay, C. G., & Forsyth, J. P. (2002, November). *Do threat-based attentional biases transfer via equivalence relations following fear conditioning?* Paper presented at the 36<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- \*Finlay, C. G., & Forsyth, J. P. (2002, November). *The effect of nonassociative learning processes on the relation between fear learning and threat-based attentional bias*. Paper presented at the 36<sup>th</sup> annual meeting of the Association for the Advancement of Behavior Therapy, Reno, NV.
- \*Karekla, M., & Forsyth, J. P. (2002, November). *Analogue subtypes of panic attacks and their relation to fear conditioning and attentional bias for threat*. Paper presented at the 36<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- \*Karekla, M., & Forsyth, J. P. (2002, November). *Clinical vs. non-clinical panic attacks and their relation to psychological risk-factors known to covary with panic disorder*. Paper presented at the 36<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- \*Fusé, T. M., Forsyth, J. P., Marx, B., \*Karekla, M., & Gallup, G. G. Jr. (2002, November). *Tonic immobility in sexual assault survivors: Prevalence, impact, and psychological correlates*. Paper presented at the 36<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- \*Fusé, T. M., Forsyth, J. P., Marx, B., \*Karekla, M., & Gallup, G. G. Jr. (2002, November). *Convergent validity and the identification of subscales of the Tonic Immobility Scale (TIS)*. Paper presented at the 36<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- \*Kelly, M. M., & Forsyth, J. P. (2002, November). *The role of the observational conditioning of fear in the development of attentional bias for threat on a modified Stroop task*. Paper presented at the 36<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- \*Kelly, M. M., Forsyth, J. P., & \*Byrne, B. (2002, November). *Predictors of willingness to engage in a biological challenge procedure after participation in an observational fear learning paradigm*. Paper presented at the 36<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- \*Karekla, M., \*Fusé, T. M., Forsyth, J. P., \*Jackson, T., & \*Kelly, M. M. (2002, November). *An evaluation of the pathoplastic model of cigarette smoking and marijuana use in relation to challenge induced panic*. Paper presented at the 36<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.
- \*Sabsevitz, J., & Forsyth, J. P. (2002, November). *The efficacy of one-session exposure treatment for snake fearful individuals as a function of positive and negative biofeedback*. Paper presented at the 36<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Reno, NV.

## 2001

- \*Finlay, C. G., & Forsyth, J. P. (2001, May). *Maximizing effectiveness of respondent conditioning protocols in humans: Time-based vs. response-based intertrial intervals*. Paper presented at the 27<sup>th</sup> annual meeting of the Association for Behavior Analysis, New Orleans, LA.
- \*Karekla, M., \*Lundgren, J., & Forsyth, J. P. (2001, July). *A National survey of graduate training in empirically supported and manualized treatments: Are we doing enough?* Paper presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia.
- \*Kelly, M. M., \*Sabsevitz, J., \*Karekla, M., & Forsyth, J. P. (2001, July). *Women overreact, myth or fact?: Gender differences in response to biological challenge procedures with implications for the assessment of anxiety disorders*. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia.
- \*Karekla, M., \*Kelly, M. M., \*Sabsevitz, J., & Forsyth, J. P. (2001, July). *Repeated exposure to high dose carbon dioxide challenge and acute risk for developing panic attacks: A controlled 6-month follow-up in a non-clinical sample*. Paper presented at the World Congress of Behavioral and Cognitive Therapies, Vancouver, British Columbia.
- \*Finlay, C. G., & Forsyth, J. P. (2001, November). *Does state and trait anxiety moderate attentional bias for threat following verbal fear conditioning?* Paper presented at the 35<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- \*Karekla, M., & Forsyth, J. P. (2001, November). *Perceived control vs. uncontrollability in relation to fear conditioning and attentional bias for threat: A preliminary report*. Paper presented at the 35<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- \*Sabsevitz, J. C., \*Kelly, M. M., \*Karekla, M., & Forsyth, J. P. (2001, November). *Individual differences in color naming latency for neutral and conditioned threat words on a modified Stroop task*. Paper presented at the 35<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- \*Kelly, M. M., \*Sabsevitz, J. C., \*Karekla, M., & Forsyth, J. P. (2001, November). *Does verbal awareness of the contingency matter in producing fear conditioning and conditioning-induced attentional bias for threat?* Paper presented at the 35<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- \*Kelly, M. M., Forsyth, J. P., \*Karekla, M., \*Gonzalez, C., & \*Sabsevitz, J. C. (2001, November). *Repeated exposure to high dose carbon dioxide challenge and acute risk for developing panic attacks: A controlled 6 and 12-month follow-up in a non-clinical sample*. Paper presented at the 35<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.

## 2000

- \*Limbird, C. K., \*Karekla, M., \*Finlay, C. G., & Forsyth, J. P. (2000, May). *Are delayed tacts on the Stroop "cognitive" task a reflection of information processing bias or learning history?* Paper presented at the 26<sup>th</sup> annual meeting of the Association for Behavior Analysis, Washington, DC.
- \*Karekla, M., \*Finlay, C. G., \*Limbird, C., \*Hutchison, K., & Forsyth, J. P. (2000, November). *Increasing the complexity of differential fear conditioning and its effects on threat-biased processing: Unearthing the causes of Stroop interference*. Paper presented at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- \*Karekla, M., \*Finlay, C. G., \*Limbird, C., \*Hutchison, K., & Forsyth, J. P. (2000, November). *Effects of differential fear conditioning on threat-biased processing*. Paper presented at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- \*Limbird, C. K., \*Finlay, C. G., \*Karekla, M., \*Taeyoung, H., & Forsyth, J. P. (2000, November). *Autonomic and subjective responding as mediators of threat-biased processing within a panicogenic fear conditioning paradigm*. Paper presented at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

- \*Karekla, M., \*Nurge, E., \*Taeyoung, H., Zvolensky, M. J., & Forsyth, J. P. (2000, November). *Relations among predictability, controllability, and avoidance of anxiety-related aversive events in a non-clinical sample*. Paper presented at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- \*Karekla, M., \*Nurge, E., \*Spano, A., \*Gabrione, D., & Forsyth, J. P. (2000, November). *Relations among anxiety-relevant individual difference factors, sex, and quality of life in infrequent panickers and normals*. Paper presented at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- \*Cherian, A., & Forsyth, J. P. (2000, November). *Differential autonomic and evaluative conditioning of disgust and its effects on cognitive processing: A preliminary report*. Paper presented at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.
- \*Finlay, C. G., \*Karekla, M., \*Limbird, C. K., & Forsyth, J. P. (2000, November). *Investigating the role of anxiety sensitivity on threat-based emotional Stroop performance following fear conditioning*. Paper presented at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA.

### 1999

- Murray, L. E., \*Canna, M. A., Forsyth, J. P., & Frye, C. A. (1999, April). *Effects on salivary cortisol from CO<sub>2</sub> stress in relation to sex differences*. Poster presented at the Under/Graduate Research Organization for Neuroscience (N.E.U.R.O.N.), Hartford, CT.
- \*Canna, M. A., Forsyth, J. P., Chorpita, B. F., & \*Cherian, A. (1999, November). *Psychophysiological effects of attempting to suppress, amplify, or just notice panicogenic responses induced by 20% CO<sub>2</sub>-enriched air*. Paper presented at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.
- \*Canna, M. A., Forsyth, J. P., & Parker, J. (1999, November). *Predictors of drug of choice in individuals seeking treatment for substance abuse*. Paper presented at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.
- \*Canna, M. A., Forsyth, J. P., \*Silver, S., \*Cherian, A., & \*McRay, L. (1999, November). *Assessment of psychological factors that discriminate between sub-clinical panickers and normals*. Paper presented at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.
- Eifert, G. H., Zvolensky, M. J., Lejuez, C. W., Hopko, D. W., & Forsyth, J. P. (1999, November). *Assessing the predictability of anxiety-related events: The prediction questionnaire*. Paper presented at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.
- Forsyth, J. P., \*Honig, E., \*Hutchinson, K., Neill, T. W., & \*Wender, S. (1999, November). *Can language fear conditioning produce threat-biased processing on a modified Stroop task?: A preliminary report*. Paper presented at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.
- Lejuez, C. W., & Forsyth, J. P. (1999, November). *Anxiogenic effects of repeated administrations of 20% CO<sub>2</sub>-enriched air: Stability within sessions, habituation across time*. Paper presented at the 33<sup>rd</sup> annual meeting of the Association for Advancement of Behavior Therapy, Toronto, CA.

### 1998

- Zvolensky, M. J., Lejuez, C. W., Eifert, G. H., Hopko, D., & Forsyth, J. P. (1998, March). *Prediction questionnaire: Assessment of the onset, duration, and offset of aversive stimuli*. Paper presented at the annual meeting of the Anxiety Disorders Association of America, Boston, MA.
- Kollins, S. H., Forsyth, J. P., \*Duff, K., \*Palav, A., & Maher, S. (1998, May). *Has behavior therapy drifted from its experimental roots?: A survey of publication trends in the journal Behavior Therapy*. Paper presented at the 24<sup>th</sup> annual meeting of the Association for Behavior Analysis, Orlando, FL.

- \*Palav, A., Forsyth, J. P., Kollins, S., \*Duff, K., \*Maher, S., \*Wender, S., & \*Honig, E. (1998, November). *Where have all the single-subject designs gone in behavior therapy?: A survey of publication trends in mainstream behavioral journals*. Paper presented at the 32<sup>nd</sup> annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- \*Honig, E., \*Duff, K., Forsyth, J. P., & \*Wender, S. (1998, November). *Poor vs. good electrodermal habituation: Its relation to CO<sub>2</sub>-induced autonomic conditioning and anxiety-related complaints*. Paper presented at the 32<sup>nd</sup> annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- \*Wender, S., Forsyth, J. P., \*Palav, A., \*Honig, E., & \*Duff, K. (1998, November). *The many faces of Pan: Evoking analogue types of panic (pure, cognitive, and nonclinical) via CO<sub>2</sub>-enriched air and their relation to fear conditioning*. Paper presented at the 32<sup>nd</sup> annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- Zvolensky, M. J., Eifert, G. H., Lejuez, C. W., Forsyth, J. P., Hopko, D., & Churches, C. (1998, November). *Prediction of aversive environmental and bodily events: A new measure*. Paper presented at the 32<sup>nd</sup> annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

### 1997

- Forsyth, J. P., Breus, M., Parker, J., & Fitterling, J. (1997, November). *Interoceptive sensitivity, bodily fears, and their relation to control and experiential avoidance in a residential substance abuse population*. Paper presented at the 31<sup>st</sup> annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Forsyth, J. P., Lejuez, C. W., \*Duff, K., & \*Palav, A. (1997, November). *Psychophysiological effects of repeated administrations of 20% vs. 13% CO<sub>2</sub>-enriched air: A case for sensitization, not habituation*. Paper presented at the 31<sup>st</sup> annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Forsyth, J. P., & McNeil, D. W. (1997, November). *Mastery of anxiety and worry: A multimodal case study of GAD with 4 and 6-month follow-up*. Paper presented at the 31<sup>st</sup> annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Forsyth, J. P., Lejuez, C. W., & Booth, D. (1997, November). *The absence of relation between anxiety sensitivity and fear conditioning using 20% vs. 13% CO<sub>2</sub>-enriched air as UCSs*. Paper presented at the 31<sup>st</sup> annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Forsyth, J. P., Daleiden, E., & Chorpita, B. F. (1997, November). *What predicts fear acquisition?: Exploring stimulus vs. response intensity*. Paper presented at the 31<sup>st</sup> annual meeting of the Association for Advancement of Behavior Therapy, Miami, FL.
- Lejuez, C. W., Forsyth, J. P., Zvolensky, M. J., Heffner, M. P., & Eifert, G. H. (1997, May). *Two devices for administering carbon-dioxide enriched air*. Paper presented at the 23<sup>rd</sup> annual meeting of the Association for Behavior Analysis, Chicago, IL.
- Knight, J. A., Forsyth, J. P., Rierdan, J., & Meschede, T. (1997, November). *Impact of rural vs. urban setting on trauma-relevant measurements*. Paper presented at the 13<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies, Montreal, Quebec, Canada.
- Lejuez, C. W., Booth, D. E., Forsyth, J. P., & Eifert, G. H. (1997, May). *A procedure for using carbon-dioxide enriched air as an aversive stimulus: An alternative to shock*. Paper presented at the 23<sup>rd</sup> annual meeting of the Association for Behavior Analysis, Chicago, IL.



### 1996

Gorham, J., Cohen, S. L., Morris, T. L., Myers, R., & Forsyth, J. P. (1996, April). *Fashion in the classroom II: Instructor immediacy and attire*. Paper presented at the annual meeting of the Eastern Communication Association, New York.

### 1995

Forsyth, J. P., & Eifert, G. H. (1995, November). *Abrupt and systemic bodily events in traumatic fear conditioning: A methodology and evidence using 20% CO<sub>2</sub> inhalation*. Paper presented at the 29<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC (Disaster and Trauma Special Interest Group Paper Exposition).

Forsyth, J. P., & Eifert, G. H. (1995, November). *A methodology for studying the role of abrupt systemic responses in the selective conditioning of phobic fears using CO<sub>2</sub> inhalation*. Paper presented at the 29<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

Forsyth, J. P., Eifert, G. H., & Thompson, R. N. (1995, November). *Selective fear conditioning to internal and external stimuli differing in fear-relevance using 20% CO<sub>2</sub> inhalation*. Paper presented at the 29<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Washington, DC.

Thompson, R. N., Forsyth, J. P., & Eifert, G. H. (1995, April). *Correlates of cardiophobic and generalized illness fears in a college student population*. Paper presented at the 15<sup>th</sup> annual meeting of the Anxiety Disorders Association of America, Pittsburgh, PA.

### 1994

Thompson, R. N., Davig, J. P., Forsyth, J. P., & Eifert, G. H. (1994, November). *Prevalence and significance of cardiophobic and generalized illness fears as a function of parental medical history*. Paper presented at the 28<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, San Diego, CA.

### 1993

Forsyth, J. P. (1993, August). *The philosophical foundations of disunity: Antiquated philosophical positions in need of development*. In APAGS, *Beginning the second century: Psychology training issues*. Paper presented at the 99<sup>th</sup> annual meeting of the American Psychological Association, Toronto, Canada.

Knight, J. A., Miller, S. A., Forsyth, J. P., & McWilliams, J. W. (1993, August). *Equivalence of two scoring systems for the Rey Complex Figure*. Paper presented at the 99<sup>th</sup> annual meeting of the American Psychological Association, Toronto, Canada.

Scotti, J. R., Beach, B. K., Northrop, L. M. E., Thompson, J., Forsyth, J. P., Rode, C. A., Szymanski, L. A., Beeler, L. L., Mickey, G., & Cornell, K. M. (1993, November). *An investigation of the effects of involvement in Operation Desert Storm: Psychological distress in the veteran, spouse, and children*. Paper presented at the 27<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.

### 1992

Flannery, R. B., Penk, W. E., Fulton, P. R., Sudders, M., & Forsyth, J. P. (1992, November). *The assaulted staff action program (ASAP): A two-year follow up*. Paper presented at the 26<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

- Litz, B. T., Forsyth, J. P., & Kaloupek, D. (1992, November). *An analysis of concordant and discordant psychophysiological reactivity in combat-related post-traumatic stress disorder*. Paper presented at the 26<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Scotti, J. R., Wilhelm, K. L., Northrop, L. M. E., Price, G., Vittimberg, G. L., Ridley, J., Cornell, K., Stuke, G. S., Beach, B., Mickey, G. H., & Forsyth, J. P. (1992, November). *An investigation of PTSD in vehicular accident survivors*. Paper presented at the 26<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, Boston, MA.

#### 1991

- Forsyth, J. P., Carey, T., Litz, B. T., & Fisher, L. (1991, October). *Coping styles and co-morbid symptomatology in combat-related PTSD*. Paper presented at the 7<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies, Washington, DC.
- Brailey, K., Niles, B. L., Forsyth, J. P., & Litz, B. T. (1991, October). *Matching components of depression with PTSD criteria in combat veterans*. Paper presented at the 7<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies, Washington, DC.
- Litz, B. T., Forsyth, J. P., Kaloupek, D., & Slavkin, S. (1991, November). *Psychological correlates of concordant and discordant psychophysiological reactivity in combat-related post-traumatic stress disorder*. Paper presented at the 25<sup>th</sup> annual meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- Litz, B.T., Forsyth, J. P., Weathers, F., Marx, B., & Keane, T. M. (1991, October). *A psychometric analysis of emotional numbing symptoms in combat-related PTSD*. Paper presented at the 7<sup>th</sup> annual meeting of the International Society for Traumatic Stress Studies, Washington, DC.

#### 1989

- Forsyth, J. P., Misovich, S., & Johnson, G. T. (1989, March). *Attribution style and eating disorders: An investigation of the attributional styles of college women*. Paper presented at the annual meeting of the Eastern Psychological Association, Boston, MA.

## REFERENCES UPON REQUEST

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6. Terence M. Keane, PhD, Director, National Center for Post-Traumatic Stress Disorder, Boston VA Medical Center, Boston, MA 02130; Professor, Department of Psychiatry, Tufts University School of Medicine. Email: [Terry.keane@va.gov](mailto:Terry.keane@va.gov)
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10. Mitch Earleywine, PhD, Professor & Director of Clinical Training, University at Albany - SUNY, Department of Psychology, Social Sciences 399, Albany, NY 12222.